



Lactation and Infant Feeding

The Faculty of Health at Deakin University is a leader in providing education for people working or aiming to work, in health and human services. We collaborate with major employer and professional groups, ensuring that our programs are at the cutting edge of current research and practice.

The Professional Development Unit (PDU) at Deakin University offers high quality educational learning packages. These learning packages provide nurses with the opportunity to update their professional skills, support their current practice, take another career direction or seek an alternative entry pathway into higher education.

Each learning package is equivalent to 0.5 credit point, and multiples of 1 point may Credit for Prior Learning in a Graduate Diploma/Masters degree. Learning packages are delivered via distance education over a 10 week period in Trimesters 1, 2 and 3 (numbers permitting).

Participants will be encouraged to reflect on their experiences and to integrate theoretical concepts while developing skills for application in practice. The learning packages may be used as preparation for the examination set by the International Board of Lactation Consultant Examiners (IBLCE) for Certification as a Lactation Consultant.

PDU091 The science of infant feeding

PDU 092 Infant feeding management

Learning package one: The science of infant feeding

This aim of this learning package is to equip clinicians with evidence based knowledge related to the science of infant feeding and human lactation, to manage a variety of breast feeding challenges.

The contents of this learning package includes:

- anatomy of breastfeeding and infant suckling
- pathophysiology of the breast and lactation
- composition of breast milk and infant formula
- immunology of breast milk
- breastfeeding as a public health issue
- the protection of breastfeeding and the regulation of infant feeding

Assessment: Assessment: 2500 words = (100%)

Learning package two: Infant feeding management

The aim of this learning package is to equip the clinician with knowledge that will facilitate a broader understanding of breastfeeding and human lactation to manage common factors that may enhance or disrupt successful breastfeeding.

The content of this learning package includes:

- antenatal preparation for breastfeeding
- positioning and attachment
- the first breastfeed
- breastfeeding management
- common breastfeeding problems
- common infant health issues
- drugs and breastfeeding
- maternal nutrition
- psychological factors in the breastfeeding woman
- support for breastfeeding women

** Students are advised that knowledge in learning package two assumes knowledge presented in learning package one.

Assessment: Assessment: 2500 words = (100%)

Admission requirements

- Registered nurses with hospital certificate or undergraduate diploma or degree
- Other health professionals with relevant professional qualifications.

Fees and Refund Policies

PLEASE NOTE: Deakin University's ABN is listed on the enrolment form to act as a tax invoice. The Employer sponsored payment of fees MUST accompany the enrolment form to guarantee enrolment in the desired Trimester. No exceptions.

Please refer to the PDU website for information on current fees and refund policies:
deakin.edu.au/health/pdu/

Enquiries and applications

Applications close four weeks prior to the start of each Trimester.
Contact the Professional Development Unit for specific dates.

For information and an application form, please go to :
deakin.edu.au/health/pdu/enrolment.php

While the above information was correct at the time of publication, Deakin University reserves the right to alter, amend or delete details of course and unit offerings. *Printed June 2014*