2016 H343 Bachelor of Exercise and Sport Science

Offered at Melbourne Burwood Campus and Geelong Waurn Ponds Campus

Physical Activity and Health major units

Name:_____

Student Id: _____

Date: _____

Student Adviser: _____

YEAR 1	TRI 1	Human Structure and Function HBS109	Principles of Exercise and Sport Science HSE101 (co-req:HSE010)	Introduction to Exercise and Sport Science Practice HSE103 (co-req: HSE010)	Understanding Health HBS107	Exercise and Sport Laboratory Safety HSE010 (0 credit points)
	TRI 2	Research Methods and Statistics HSE104	Functional Human Anatomy HSE102 (co-req:HSE010)	Health Behaviour HBS110		Elective unit ..... Recommend level 1
YEAR 2	TRI 1	Exercise Physiology HSE201 (pre-req:HBS109)	Principles of Exercise Prescription HSE301 (pre-req: One of HSE103 or HSE201 or HSN211) (Co-req:HSE010)	Exercise Behaviour HSE203 (pre-req:HBS110 or ESH404 or EEH101 & EEH102)		Elective unit ..... Recommend level 1 or 2
	TRI 2	Biomechanics HSE202	Motor Learning and Development HSE204	Physical Activity Promotion and Evaluation HSE212 (pre-req: HSE203)		Elective unit ..... Recommend level 1 or 2
YEAR 3	TRI 1	Exercise and Sport Science Practicum HSE312 (pre-req: All level 1& 2 core units in H343)	Elective unit ..... Recommend level 2 or 3	Children's Physical Activity & Sport HSE313 (pre-req: HSE203)		Elective unit ..... Recommend level 2 or 3
	TRI 2	Exercise Programming HSE302 (pre-req:HSE301)	HSE3xx core elective ..... Must be level 3	Physical Activity and Population Health HSE316 (pre-req: HSE203)		Elective unit ..... Recommend level 2 or 3

Last update 15/10/2015

Course Rules:

1. Must complete 24 credit points.
2. No more than 10 credit points may be taken at level 1.
3. Electives can be from other Schools.

All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once. This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook* (http://www.deakin.edu.au/students/university-handbook).

NOTES:

School of Exercise and Nutrition Sciences
Student Advisers
Phone: 9244 5436
Email: ens-enquire@deakin.edu.au
School website: http://www.deakin.edu.au/exercise-nutrition-sciences