



2017- H343 Bachelor of Exercise and Sport Science

Offered at Melbourne Burwood Campus (B)

Sport Coaching major units

Name: _____

Student Id: _____

Date: _____

Student Adviser: _____

YEAR 1	TRI 1	Human Structure and Function HBS109	Principles of Exercise and Sport Science HSE101 (co-req:HSE010)	Introduction to Exercise and Sport Science Practice HSE103 (co-req: HSE010)	Exercise and Sport Laboratory Safety HSE010 (0 credit points)	Principles of Sport Coaching HSE105 (co-req: HSE010)
	TRI 2	Research Methods and Statistics in Exercise and Sport HSE104	Physical Activity and Exercise for Health HSE111	Functional Human Anatomy HSE102 (co-req:HSE010)	Introduction to Sport Coaching Practice HSE106 (pre-req:HSE105) (co-req: HSE010)	
YEAR 2	TRI 1	Exercise Physiology HSE201 (pre-req:HBS109)	Exercise Behaviour HSE203 (pre-req:HSE111 or HBS110 or ESH404 or EEH101 & EEH102)	Advanced Sport Coaching Theory and Practice HSE205 (pre-req: HSE105)	Principles of Exercise Prescription HSE301 (pre-req: One of HSE103 or HSE201 or HSN211) (Co-req:HSE010)	
	TRI 2	Biomechanics HSE202 (co-req: HSE010)	Motor Learning and Development HSE204 (co-req: HSE010)	Elective unit Recommend level 1 or 2	Elective unit Recommend level 1 or 2	
YEAR 3	TRI 1	Exercise and Sport Science Practicum HSE312 (pre-req: All level 1& 2 core units in H343)	Elective unit Recommend level 2 or 3	Issues in Sport Coaching HSE305 (pre-req: HSE204 or HSE205)	Elective unit Recommend level 2 or 3	
	TRI 2	Exercise Programming HSE302 (pre-req:HSE301) (co-req:HSE010)	HSE3xx core elective Must be level 3	Sport Coaching and Development Practicum HSE321 (pre-req: HSE205) (incomp: HSE306)	Elective unit Recommend level 2 or 3	

Last update 3/10/2016

Course Rules:

1. Must complete 24 credit points.
2. No more than 10 credit points may be taken at level 1.
3. Electives can be from other Schools.

All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once.

Deakin College and students who have course transferred from another course at Deakin, please contact student adviser for your course structure.

This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook* (<http://www.deakin.edu.au/students/university-handbook>).

NOTES:

School of Exercise and Nutrition Sciences

Student Advisers

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School website: <http://www.deakin.edu.au/students/faculties/faculty-of-health/school-of-exercise-and-nutrition-sciences>