

## Deakin University

**Full name:** Meaghan Butterley  
**Year graduated from Deakin:** 2011  
**Course name:** Masters of Dietetics  
**Campus:** Burwood  
**Other qualifications:** Bachelor of Health Sciences  
(Deakin University)



### **What is your current job and what does it entail?**

I am a Consultant Dietitian with Leading Nutrition, a large private practice dietetic company that specialises in Aged Care. In this role, I am responsible for achieving optimal nutrition and hydration outcomes for residents in Aged Care facilities. This involves completing clinical assessments and making recommendations for resident care, in addition to providing food service and catering advice and implementing regular quality assurance projects such as staff education and menu planning. I also visit hospitals to conduct on-call clinical dietetic work.

### **What are the things you enjoy most about your job and what have been your career highlights to date?**

I really enjoy the variety that my current position offers, in terms of the different settings I work in and the various activities that I perform each day. The highlight of my career to date has been taking on a number of Aged Care facilities that I am solely responsible for, with support and guidance from a team of experienced colleagues at Leading Nutrition.

### **What do you intend to do in the future?**

I am keen to continue to expand my knowledge and gain practical experience in the fields of clinical nutrition and food service provision within Aged Care in order to eventually move into a supervisor position, to offer guidance and support to less experienced dietitians.

### **How do you feel your Deakin course has helped your career – both in obtaining your current position, and in the future development of your career?**

The communication skills that I developed from practical-based classes, workshops and placements at Deakin have been very important to my success in obtaining my current position. I am required to use these skills on a daily basis to advocate for nutrition and promote change within Aged Care facilities and when interacting with management, catering staff, health professionals, residents and patients.