



**2014 – H343 Bachelor of Exercise and Sport Science**  
 Offered at Melbourne Burwood Campus and Geelong Waurn Ponds Campus

Name: \_\_\_\_\_

Student ID: \_\_\_\_\_

Date: \_\_\_ / \_\_\_ / 20\_\_\_

Physical Activity and Health major sequence

<b>YEAR 1</b>	TRI 1	Human Structure and Function HBS109	Principles of Exercise and Sport Science HSE101 (co-req:HSE010)	Introduction to Exercise and Sport Science Practice HSE103 (co-req: HSE010)	Exercise and Sport Laboratory Safety HSE010 (0 credit points)	Understanding Health HBS107
	TRI 2	Health Information and Data HBS108	Health Behaviour HBS110	Functional Human Anatomy HSE102 (co-req:HSE010)	Elective unit .....	
<b>YEAR 2</b>	TRI 1	Exercise Physiology HSE201 (pre-req:HBS109) (co-req:HSE010)	Exercise Behaviour HSE203 (pre-req:HBS110 or ESH404 or EEH101 & EEH102)	Elective unit .....		Elective unit .....
	TRI 2	Biomechanics HSE202 (co-req:HSE010)	Motor Learning and Development HSE204 (co-req:HSE010)	Physical Activity Promotion and Evaluation HSE212 (pre-req: HSE203)		Elective unit .....
<b>YEAR 3</b>	TRI 1	Principles of Exercise Prescription HSE301 (pre-req:HSE201 or HSN201) (co-req:HSE010)	Exercise and Sport Science Practicum HSE312 (pre-req: All level 2 core units in H343) OR HSE3xx core elective	Understanding Children's Physical Activity HSE313 (pre-req: HSE203)		Elective unit .....
	TRI 2	Exercise Programming HSE302 (pre-req:HSE301) (co-req:HSE010)	Exercise and Sport Science Practicum HSE312 (pre-req: All level 2 core units in H343) (if not completed in trimester 1) OR HSE3xx core elective	Physical Activity and Population Health HSE316 (pre-req: HSE203)		Elective unit .....

Last update 7/1/14

**Course Rules:** The course comprises 24 credit points. No more than 10 credit points may be taken at level 1, not less than 14 must be at level 2 or 3, and not less than 4 must be at level 3. All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once.

This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook* (<http://www.deakin.edu.au/students/university-handbook/>).