

THE GCC 100 DAY JOURNEY: **100 REASONS TO CELEBRATE**

DEAKIN
UNIVERSITY



YOU'RE PART OF A GLOBAL MOVEMENT

300K PARTICIPANTS

1200 COMPANIES

43K TEAMS

185 COUNTRIES



YOUR JOURNEY BEGAN IN TOKYO, JAPAN

ON MAY 27 2015

301
EMPLOYEES
43
TEAMS



TOGETHER YOU ACHIEVED

304,813,327 STEPS
195,081 KM



TOGETHER YOU'VE
TRAVELLED THE LENGTH OF
GREAT BRITAIN

139
TIMES





57%
**OF YOU EXCEEDED
10,000 STEPS PER DAY**
VS 12% PRE-GCC



YOUR DAILY STEP AVERAGE WAS

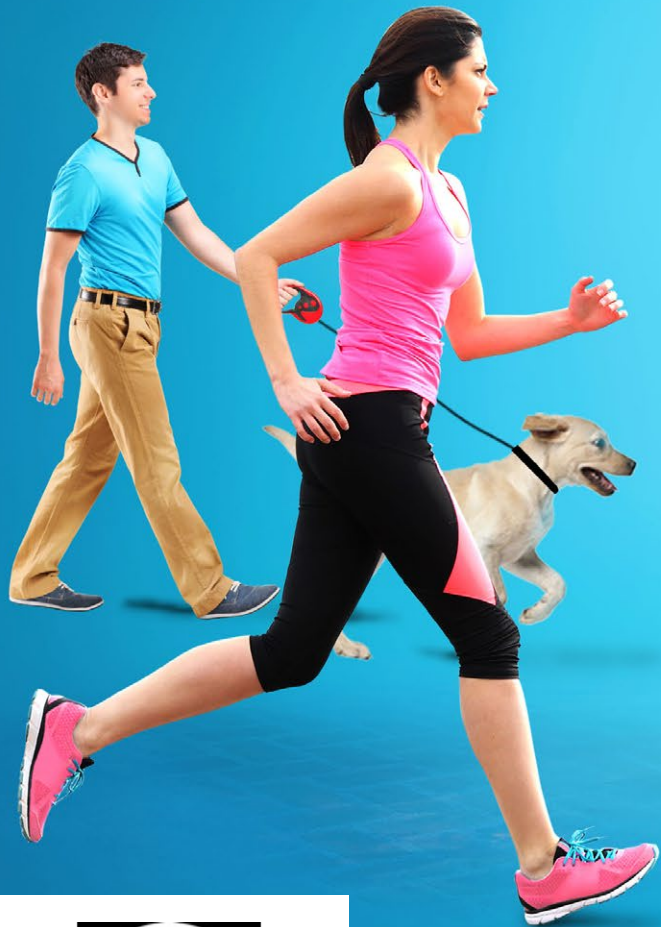


**THAT'S THE SAME
ENERGY BURN AS
42 MINS
ON A ROWING
MACHINE EVERY DAY**



TOGETHER YOU'VE BURNED

51,208,639
KJS



**THAT'S THE
EQUIVALENT OF
42,217
HOT DOGS**



YOUR TOTAL REPORTED WEIGHT LOSS WAS

119 KG





82%
OF YOU ARE GETTING
THE RECOMMENDED 7 OR
MORE HOURS OF SLEEP

VS 63% PRE-GCC

*Based on recommendation by American Academy of Sleep Medicine (AASM) and Sleep Research Society (SRS)



YOU'VE BEEN AWARDED 2,726 VIRTUAL TROPHIES



GCC LEADERBOARD

RANKING	TEAM NAME	TOTAL DISTANCE	STEP AVERAGE
1	?????	7,286 km	16,264
2	BeatKatMat	6,013 km	13,421
3	WaIRuSC	5,955 km	13,292
4	DUELI All Star	5,947 km	13,351
5	Body Blitzers	5,846 km	13,653
6	2 Steps Forward	5,820 km	13,925
7	The Worldly Wanderers	5,685 km	12,689
8	ZAR350	5,591 km	12,551
9	SEBE	5,435 km	12,149
10	Walkie Talkies	5,322 km	11,896



CONGRATULATIONS!



TEAM CAPTAIN
Lynn Riddell

MOST ACTIVE TEAM
Femmes from SENS

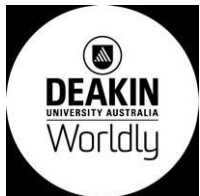


MOST ACTIVE INDIVIDUALS

CATHY BURR

NICKY RIDGER

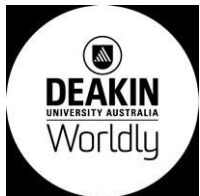
LYNN RIDDELL



MOST IMPROVED TEAM

THE DEAKIN STRUTTERS

TEAM CAPTAIN
JO GAZENBEEK



MOST IMPROVED INDIVIDUALS

ANDREW VAN SLAGEREN

LORAINE INNES

LEANNE NGO



World Moving Limited 2015



WELL DONE TEAM CAPTAINS



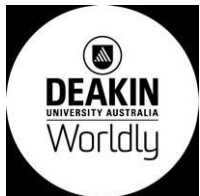
SPIRIT OF THE GCC: SIMONE KIMBER



ON HONEYMOON IN BORA BORA



STRUTTING LOGO

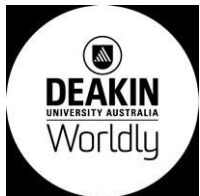


SETTING THE STANDARD



APAC EDUCATION SECTOR

7



**THANK
YOU**

**KATHERINE
LUKIC**

**NOVA
CADDY**





THANK YOU!

Together, we have raised enough donations to help UNICEF provide more than 4000 clean water kits to families and schools across the globe.

These clean water kits allow communities to collect, store and treat water, while the provision of hand-washing soap encourages healthy hygiene practices to prevent the spread of water-borne diseases.

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Get the World Moving Limited 2015

THIS ISN'T THE END OF THE JOURNEY, IT'S JUST THE BEGINNING

WE'RE STILL HERE FOR YOU

