



2017 – H343 Bachelor of Exercise and Sport Science

Offered at Melbourne Burwood Campus and Geelong Waurin Ponds Campus

Exercise Physiology major units
 Sports Nutrition major

Name: _____

Student Id: _____

Date: _____

Student Adviser: _____

YEAR 1	TRI 1	Human Structure and Function HBS109	Principles of Exercise and Sport Science HSE101 (co-req:HSE010)	Introduction to Exercise and Sport Science Practice HSE103 (co-req: HSE010)	Exercise and Sport Laboratory Safety HSE010 (0 credit points)	Foundations of Food, Nutrition and Health HSN101
	TRI 2	Research Methods and Statistics in Exercise and Sport HSE104	Physical Activity and Exercise for Health HSE111	Functional Human Anatomy HSE102 (co-req:HSE010)	Elective unit Recommend level 1	
YEAR 2	TRI 1	Exercise Physiology HSE201 (pre-req:HBS109)	Exercise Behaviour HSE203 (pre-req:HSE111 or HBS110 or ESH404 or EEH101 & EEH102)	Principles of Exercise Prescription HSE301 (pre-req: One of HSE103 or HSE201 or HSN211) (Co-req:HSE010)	Nutritional Physiology HSN211 (pre-req: HBS109)	
	TRI 2	Biomechanics HSE202	Motor Learning and Development HSE204	Integrated Human Physiology HSE208 (pre-req: HBS109)	Lifespan Nutrition HSN202 (pre-req: HSN101 and HSN211)	
YEAR 3	TRI 1	Exercise and Sport Science Practicum HSE312 (pre-req: All level 2 core units in H343)	Elective unit level 1, 2 or 3	Exercise Metabolism HSE303 (pre-req: HSE201)	Sports Nutrition: Theory and Practice HSN307 (pre-req: HSN211)	
	TRI 2	Exercise Programming HSE302 (pre-req:HSE301)	Physiology of Sport Performance HSE304 (pre-req: HSE201)	Exercise in Health and Disease HSE320 (pre-req: HSE301)	Assessing Food Intake and Activity HSN305 (pre-req: HSN211)	

Last update 3/10/2016

Course Rules:

1. Must complete 24 credit points.
2. No more than 10 credit points may be taken at level 1.
3. Electives can be from other Schools.

All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once.

Deakin College and students who have course transferred from another course at Deakin, please contact student adviser for your course structure.

This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook* (<http://www.deakin.edu.au/students/university-handbook>)

School of Exercise and Nutrition Sciences

Student Advisers

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School website: <http://www.deakin.edu.au/students/faculties/faculty-of-health/school-of-exercise-and-nutrition-sciences>