

School of Exercise and Nutrition Science

Bachelor of Food and Nutrition Sciences (H315) – Melbourne Burwood Campus - 2016

COMPULSORY CORE UNITS: Students must complete the following core units:

HSN101 Foundations of Food, Nutrition and Health, HSN103 Food: The Environment and Consumers, HBS109 Human Structure and Function, SLE131 Principles of Chemistry
 HSN104 The Science of Food, HSN106 Food Fundamentals, HSN107 Physiology of Human Growth and Development
 HSN209 Food Security and Safety, HSN211 Nutritional Physiology, HSN202 Lifespan Nutrition, either HSN210 Nutrition and Food Promotion or HSE208 Integrated Human Physiology
 HSN301 Diet and Disease, HSN309 Food Policy and Regulation, HSN313 Sensory Evaluation of Foods, HSN302 Population Nutrition, HSN305 Assessing Food Intake and Activity

B = available on campus at Burwood
 G = available on campus at Geelong – Warrnambool
 S = available on campus at Geelong – Waterfront
 W = available on campus at Warrnambool
 X = available online/off campus

This list is an example of majors available – for a full list including majors from other Faculties please refer to the online handbook <http://www.deakin.edu.au/students/university-handbook/>

FOOD SCIENCE (MJ-H000022)				
Unit Code	Unit Name	Trimester 1	Trimester 2	Prerequisites
HSN104	The Science of Food	B	B	Co-req HSN010
HSN204	Food Microbiology and HACCP		B	SLE111 / SLE155/ HSN104
HSN206	Food Analysis and Quality Assurance	B		SLE133 & one of HSN104 or SLE155
HSN212	Functional Foods and Biotechnology		B	
HSN315	Food Manufacturing and Process Innovation	B		HSN204
HSN320	Trends in Product Development		B	HSN315

PSYCHOLOGY (6 unit sequence) (MJ-H000008)					
Unit Code	Unit Name	Trimester 1	Trimester 2	Trimester 3	Prerequisites
HPS111	Psychology A: Fundamentals of Human Behaviour	B, G, W, X	X	X	
HPS121	Psychology B: Individual and Social Development	X	B, G, W, X	X	
Plus two units from:					
HPS201	Research Methods in Psychology A	X	B, G, W, X	X	HPS111 & HPS121
HPS202	Child and Adolescent Development		B, G, W, X	X	
HPS203	The Human Mind	B, G, W, X		X	
HPS204	Human Social Behaviour	B, G, W, X		X	
HPS310	Brain, Biology and Behaviour	B, G, W, X		X	
Plus two units from:					
HPS301	Research Methods in Psychology B	B, G, W, X	X	X	HPS201
HPS307	Personality		B, G, X	X	HPS201 / HPS202 / HPS203 / HPS204 / HPS205 / HPS310
HPS308	Psychopathology		B, G, W, X	X	HPS111 & HPS121

- Students intending to become psychologists must complete four years of academic study (three years of undergraduate study, including all ten units of Psychology, plus either an Honours year or the Graduate Diploma of Psychology).

PHYSICAL ACTIVITY and HEALTH (MJ-H000023)					
Unit Code	Unit Name	Trimester 1	Trimester 2	Trimester 3	Pre-reqs
HBS107	Understanding Health	B, G, W, X	B	X	
HBS110	Health Behaviour	B, X	B, G, W, X	X	
HSE203	Exercise Behaviour	B, G, W, X			HBS110
HSE212	Physical Activity Promotion and Evaluation		B, G, W		HSE203
HSE313	Children's Physical Activity and Sport	B, G, W, X			HSE203
HSE316	Physical Activity and Population Health		B, G, W		HSE203

HEALTH PROMOTION (MJ-H000004)					
Unit Code	Unit Name	Trimester 1	Trimester 2	Trimester 3	Pre-reqs
HBS107	Understanding Health	B, G, W, X	B	X	
HBS110	Health Behaviour	B, X	B, G, W, X	X	
HSH201	Planning and Evaluation 1	B, G, W, X			HBS107 or HSH111
HSH218	Planning and Evaluation 2		B, G, W, X		HSH201
HSH302	Politics, Policy and Health	B, G, W, X			HBS107 or HSH111 & HSH2XX unit
HSH313	Contemporary Health Issues		B, G, W, X		HBS107 & 4 Level 2 units

COURSE RULES: Students must ensure that they have met the following course rules to be eligible to graduate:

- Must complete total of 24 credit points, must complete 16 core units (i.e. can only complete 8 credit points outside Faculty), must not complete more than ten credit points at Level 1, must complete at least 14 credit points at Level 2 or 3
 - Must complete laboratory safety unit HSN010 prior to first laboratory class in course. This 0 credit point 'unit' is only required to be completed once.
- The above information is correct as at 7/10/15 but must be used in conjunction with information from the 2016 Deakin University Studies Handbook <http://www.deakin.edu.au/students/university-handbook>.

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EXERCISE PHYSIOLOGY (MJ-H000029)					
Unit Code	Unit Name	Trimester 1	Trimester 2	Trimester 3	Pre-reqs
HSE201	Exercise Physiology	B, G		X	HBS109
HSE208	Integrated Human Physiology		B, G	X	HBS109
HSE301	Exercise Prescription for Fitness and Health	B, G, X			HSE103/ HSE201/ HSN211
HSE303	Exercise Metabolism	B, G			HSE201
HSE304	Physiology of Sport Performance		B, G		HSE201
HSE320	Exercise in Health and Disease		B, G		HSE301

EXERCISE SCIENCE (MJ-H000016)					
Unit Code	Unit Name	Trimester 1	Trimester 2	Trimester 3	Pre-reqs
HBS109	Human Structure and Function	B, G, W, X	B	X	
HSE102	Functional Human Anatomy		B, G, X	X	Co-req HSE010
HSE201	Exercise Physiology	B, G		X	HBS109
HSE202	Biomechanics		B, G, X		Co-req HSE010
HSE301	Exercise Prescription for Fitness and Health	B, G, X			HSE103/ HSE201/ HSN211
HSE302	Exercise Programming		B, G, X		HSE301

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