



2017 – H343 Bachelor of Exercise and Sport Science
 Offered at Melbourne Burwood Campus and Geelong Waurm Ponds Campus

Name: _____

Student Id: _____

Date: _____

Student Adviser: _____

 Sports Nutrition Major units

YEAR 1	TRI 1	Human Structure and Function HBS109	Principles of Exercise and Sport Science HSE101 (co-req:HSE010)	Introduction to Exercise and Sport Science Practice HSE103 (co-req: HSE010)	Exercise and Sport Laboratory Safety HSE010 (0 credit points)	Food: Nutrition, Culture and Innovation HSN101
	TRI 2	Research Methods and Statistics in Exercise and Sport HSE104	Physical Activity and Exercise for Health HSE111	Functional Human Anatomy HSE102 (co-req:HSE010)	Elective unit Recommend level 1	
YEAR 2	TRI 1	Exercise Physiology HSE201 (pre-req:HBS109) (co-req:HSE010)	Exercise Behaviour HSE203 (pre-req:HSE111 or HBS110 or ESH404 or EEH101 & EEH102)	Principles of Exercise Prescription HSE301 (pre-req: One of HSE103 or HSE201 or HSN211) (co-req:HSE010)	Nutritional Physiology HSN211 (pre-req: HBS109)	
	TRI 2	Biomechanics HSE202 (co-req:HSE010)	Motor Learning and Development HSE204 (co-req:HSE010)	Lifespan Nutrition HSN202 (HSN101 and HSN211)	Elective unit Recommend level 1 or 2	
YEAR 3	TRI 1	Exercise and Sport Science Practicum HSE312 (pre-req: All level 1 and 2 core units in H343)	Elective unit level 2 or 3	Exercise Metabolism HSE303 (pre-req: HSE201) (co-req:HSE010)	Sports Nutrition: Theory and Practice HSN307 (pre-req: HSN211)	
	TRI 2	Exercise Programming HSE302 (pre-req:HSE301) (co-req:HSE010)	HSE3xx core elective level 3	Assessing Food Intake and Activity HSN305 (pre-req: HSN211)	Elective unit Recommend level 2 or 3	

Last update 3/10/2016

Course Rules:

1. Must complete 24 credit points. .
2. No more than 10 credit points may be taken at level 1.
3. Electives can be from other Schools.

All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once.

Deakin College and students who have course transferred from another course at Deakin, please contact student adviser for your course structure.

This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook*

(<http://www.deakin.edu.au/students/university/handbook>).

School of Exercise and Nutrition Sciences

Student Advisers

Phone: 9244 5436

Email: ens-enquire@deakin.edu.au

School website: <http://www.deakin.edu.au/students/faculties/faculty-of-health/school-of-exercise-and-nutrition-sciences>