



## DEAKIN MEDICAL CENTRE - FLU VACCINATION PROGRAM 2016

### Staff (self funded) vaccinations:

1. Book an appointment with the Campus nurse for vaccination, either by contacting the [medical centres](#) on campus or use the [online appointment system](#)
2. You are able to process payment at the front desk of Student Life if you wish to pay using Deakin Card or EFTPOS
3. If you have a question regarding the flu vaccination email [askanurse@deakin.edu.au](mailto:askanurse@deakin.edu.au) with your contact details.

### Division / Faculty funded vaccinations - internal procedure:

Please note the process has changed for the Flu Vaccination program for 2016, we are now using staff's Deakin ID card to pre load approval for vaccinations, this will eliminate the use of vouchers and reports can be requested to check on program uptake.

1. Select a main contact person to co-ordinate the program for your Faculty or Division. Complete the Staffing Vaccination spreadsheet with all the information required and email this to <mailto:dsl-sbs@deakin.edu.au> (Student Life)
2. We will confirm when your staff vaccination approvals have been loaded onto all listed staff members Deakin card, please allow 2 business days. The DSL Business Unit will advise you via email when this has been completed, staff can then proceed to book an appointment.
3. Please note vaccine orders are placed according to the number of requests received, therefore if staff do register for vaccination please encourage them to attend as supply is ordered according to demand. If staff wish to participate it is their responsibility to ensure they make an appointment or attend a flu clinic within their work area.
4. If you wish to organise a Flu Vaccination clinic for your work area, you must have a minimum of 10 staff to vaccinate, a suitable space providing privacy for the nurse to work in and a local contact person to ensure staff attend. Please email [askanurse@deakin.edu.au](mailto:askanurse@deakin.edu.au) to express interest in organising a session. Please include the contact person, possible dates and times and we will be in touch. Maximum time in the work area would be 1.5 hours.
5. Staff must present with their Deakin card at the Medical centre reception or the pre-arranged clinic, the card will then be swiped on the Deakin card machine and a receipt will be provided for the staff member to present to the nurse.
6. If staff have not attended the clinic previously they will need to complete a registration form so as we can create a record of their vaccination with the batch number of the vaccine.

7. Medical Centre staff are unable to provide the vaccination without the Deakin card approval or payment.

**Other Interested groups:** If you wish to organise flu vaccinations for your work area but do not meet the above requirements (ie. CSIRO on campus) please contact the Student Life Business Unit for assistance. E: [dsl-sbs@deakin.edu.au](mailto:dsl-sbs@deakin.edu.au)

**Composition of the Flu Vaccine 2016:**

**Quadrivalent influenza Vaccine will be provided to staff and travellers and those at high risk;  
The vaccine includes two influenza type A and two influenza type B lineage viruses**

- A/H1N1
- A/H3N2
- B Victoria
- B Yamagata

**Common questions:**

**Why do I need to get vaccinated against flu every year?**

**Two main reasons**

- Flu viruses frequently change, vaccines are updated from one season to the next to protect against the most current circulating strain
- A person's immune protection from influenza vaccination declines over time and annual vaccination is recommended.

**Can I get influenza from the Flu vaccination ?**

The vaccine will not give you the flu as the vaccines in Australia do not contain any "live" virus.

Got any other questions please email us [askanurse@deakin.edu.au](mailto:askanurse@deakin.edu.au) or visit The Better Health Channel for information on [Influenza](#)

**Eligible groups for free government supplied seasonal influenza vaccine;**

**When booking in for your vaccination please ensure you tell the customer service officer if you are eligible for a free flu vaccination and this will be noted.**

- People who are 65 years of age and over
- Pregnant women at any time during their pregnancy
- Aboriginal and Torres Strait Islander people aged six months to under five years and 15 years and older
- Residents of nursing homes and other long-term care facilities
- Any person 6 months of age and older with a chronic condition predisposing to severe influenza illness that requires regular medical follow-up or hospitalisation, including children aged 6 months to 10 years undergoing long-term aspirin therapy, and people with:
  - cardiac disease / chronic respiratory conditions
  - immune compromising conditions/ renal disease
  - diabetes and other metabolic disorders
  - chronic neurological conditions / haematological disorders
  - Obesity (BMI greater than or equal to 30 kg/m<sup>2</sup>) and fall under one of the above categories

- Alcoholism requiring regular medical follow-up or hospitalisation in the preceding year and fall under one of the above categories.

**Deakin Medical Centre contact information;**

<b>Geelong – Waurn Ponds</b>	Student Life, Building jB,	<b>Ext: 71211</b>
<b>Geelong Waterfront Campus</b>	Health and Wellbeing Centre: John Hay Building (D) (Open Tuesday – Thursday)	<b>Ext 79312</b>
<b>Melbourne Campus at Burwood</b>	Student Life, Level 2, Building B	<b>Ext. 45577</b>
<b>Warrnambool Campus</b>	Building B, Lower Level	<b>Ext. 33256</b>