



2014 – H343 Bachelor of Exercise and Sport Science

Offered at Melbourne Burwood Campus and Geelong Waurn Ponds Campus

Name: _____

Student ID: _____

Date: ___ / ___ / 20___

- Exercise Physiology major sequence
- Sports Nutrition major sequence

YEAR 1	TRI 1	Human Structure and Function HBS109	Principles of Exercise and Sport Science HSE101 (co-req:HSE010)	Introduction to Exercise and Sport Science Practice HSE103 (co-req: HSE010)	Exercise and Sport Laboratory Safety HSE010 (0 credit points)	Food: Nutrition, Culture and Innovation HSN101
	TRI 2	Health Information and Data HBS108	Health Behaviour HBS110	Functional Human Anatomy HSE102 (co-req:HSE010)	Elective unit	
YEAR 2	TRI 1	Exercise Physiology HSE201 (pre-req:HBS109) (co-req:HSE010)	Exercise Behaviour HSE203 (pre-req:HBS110 or ESH404 or EEH101 & EEH102)	Principles of Nutrition HSN201 (pre-req: HBS109)	Elective unit	
	TRI 2	Biomechanics HSE202 (co-req:HSE010)	Motor Learning and Development HSE204 (co-req:HSE010)	Integrated Human Physiology HSE208 (pre-req: HBS109) (co-req:HSE010)	Lifespan Nutrition HSN202 (pre-req: HSN201)	
YEAR 3	TRI 1	Principles of Exercise Prescription HSE301 (pre-req:HSE201 or HSN201) (co-req:HSE010)	Exercise and Sport Science Practicum HSE312 (pre-req: All level 2 core units in H343)	Exercise Metabolism HSE303 (pre-req: HSE201) (co-req:HSE010)	Sports Nutrition: Theory and Practice HSN307 (pre-req: HSN201)	
	TRI 2	Exercise Programming HSE302 (pre-req:HSE301) (co-req:HSE010)	Physiology of Sport Performance HSE304 (pre-req: HSE201) (co-req:HSE010)	Exercise in Health and Disease HSE320 (pre-req: HSE301) (co-req:HSE010)	Assessing Food Intake and Activity HSN305 (pre-req: HSN201)	

Last update 7/1/14

Course Rules:

The course comprises 24 credit points.

No more than 10 credit points may be taken at level 1, not less than 14 must be at level 2 or 3, and not less than 4 must be at level 3. All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once. HSN010 Food and Nutrition Laboratory Safety Unit must be completed as part of the Sports Nutrition major sequence.

This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook*

<http://www.deakin.edu.au/students/university-handbook/>).