

Video Resources for OHS Briefing or Training Session

6 August 2008

Covers: General safety, office & computer safety, first aid, voice care, workplace stress, health & well being, workplace bullying and violence, hygiene, chemical safety, plant safety, biological safety and general laboratory safety.

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MAINTAINING A SAFE WORK PLACE

Vocam, c2005 - **Understanding safety at work [videorecording]**

[DU GEELONG AVC 363.119 Voc/Usa](#)

1 videodisc (DVD) (24 min.) : sd., col. ; 1/2 in. + 1 training guide (44 p. : ill.)

Looks at risk assessment, slips, trips & falls, electrical hazards, PPE, manual handling, confined spaces, housekeeping, hazardous substances, work equipment safety, noise, fire and outdoor work

Video Education Australasia, c2000 - **Safe manual handling [videorecording] : 3 steps to a safer workplace / written & produced by Adrian Vallis**

[DU GEELONG AVC 363.116 Val/Smh](#)

1 videocassette (VHS) (21 min.) : sd., col. ; 1/2 in. + video support notes (4 p. ; 30 cm.)

In the past, safe manual handling was all about lifting correctly. However, current practice is to minimize the risk of manual handling injury through a 3 step process. 1. Identify hazardous manual handling tasks. 2. Assess risks involved in hazardous tasks. 3. Risk control measures to reduce or eliminate risks. With the aid of an ergonomist and a physiotherapist, this program demonstrates how to make a workplace safer using some basic principles and procedures. Highlights include -statistics on workplace injuries in Australia -employee & employer responsibilities on workplace safety -what to do if your workplace is unsafe -what to do if you are injured at work -descriptions of common dangerous ways to lift, awkward postures, repetitive tasks....etc

Vocam, [2006] - **Understanding eye safety at work [videorecording]**

[DU GEELONG AVC 363.117 Ues/Awo](#)

1 videodisc (18 min.) : sd., col. ; 4 3/4 in. + training manual (33 p. : ill.)

Thousands of workers suffer eye injuries in the workplace each year, many of these accidents could easily have been avoided. This program includes 6 interactive case studies recreating the most common types of eye injuries at work. Topics covered include: the hierarchy of control, PPE (including maintenance and storage) and emergency response.

Safetycare Australia, [199-?] - **Understanding hazards & risks [videorecording]**

[DU GEELONG AVC 363.11 Saf/Uha](#)

1 videocassette (VHS) (19 min.) : sd., col. ; 1/2 in. + Trainer's manual (32 leaves ; 30 cm.)

Summary: At the end of this training session participants will be able to define the term hazard, define the term risk, make a successful workplace health and safety strategy, and contribute to preventing accidents in the workplace

[Victoria] : Safetycare Australia, c1992 - **Safety awareness [videorecording]**

[DU GEELONG AVC 363.11 Saf/Saw](#)

1 videocassette (VHS) (20 min.) : sd., col. ; 1/2 in. + 1 trainer's manual (20 leaves ; 30 cm.)

Stresses the importance of safety awareness for both the individual and the organisation. It defines accidents, identifies contributing factors, encourages the establishment of a safety awareness policy

Vocam, c1999 - **Safety leadership [videorecording]**

[DU GEELONG AVC 363.11 Sle/Ade](#)

1 videocassette (VHS) (17 min.) : sd., col. ; 1/2 in. + 1 training guide (42 p. : ill. ; 30 cm.)

Video looks at how team leaders can take a proactive approach to providing work place safety. It examines the following areas: the enormous costs associated with poor safety; the team leaders role in improving & maintaining workplace health & safety; practical ways of improving & maintaining safety in the workplace

Safetycare Australia, c1992 - **Driving [videorecording] : risks and responsibilities**

[DU GEELONG AVC 629.283 Dra/Res](#)

1 videocassette (VHS) (16 min.) : sd., col. ; 1/2 in. + Trainer's manual

Driving a vehicle is the most dangerous activity an employee can engage in. Companies should promote a safe driving program. The video illustrates some of the safe practices to be followed

MAINTAINING A SAFE WORK PLACE

Safetycare, c1996 - **The essential elements of hand safety [videorecording]**

[DU GEELONG AVC 363.11 Saf/Eeo](#)

[DU GEELONG AVC 363.11 Saf/Eeo](#)

1 videocassette (VHS) (15 min.) : sd., col. ; 1/2 in. + 1 training manual

Covers the importance and the uses of our hands, the potential "hand traps" and "pinch points" that exist in the workplace and the concept of defensive working. Also, identifies and analyses serious hand injury hazards that exist in the workplace

Safetycare, c1995 - **Fire awareness [videorecording]**

[DU GEELONG AVC 363.377 Faw/Are](#)

1 videocassette (VHS) (17 min.) : sd., col. ; 1/2 in. + trainer's manual (26 p.)

Discusses fire awareness. The nature of fire, the causes of fire, the behaviour of fire and fire safety management. Also, fire prevention, protection and suppression

Safetycare Australia, c1993 - **Safety and the human factor [videorecording]**

[DU GEELONG AVC 363.11 Saf/Sat](#)

1 videocassette (VHS) (11 min.) : sd., col. ; 1/2 in. + Trainer's manual (15 leaves ; 30 cm.)

This video examines the part human error plays in accidents

Channel 1 Training Videos, c1996 - **Hazard management [videorecording] / Written by Muffy Forsyth & Nina Tsilikas; produced & directed by Peter Weston**

[DU MELB AVC 363.11 For/Hma](#)

1 videocassette (VHS) (ca. 20 min.) : sd., col. ; 1/2 in. + trainer's guide (17 leaves) + participants workbook + 4 transparencies

Assists in training staff to identify, assess and control hazards with the objective of reducing costly incidents and accidents from occurring in the workplace

OFFICE and COMPUTER SAFETY

Vocam, c2005 - **Understanding safety in the office [videorecording]**

[DU GEELONG AVC 363.119651 U55](#)

videocassette (VHS) (20 min.) : sd., col. ; 1/2 in. + training guide (44 p. : ill.)

Looks at office housekeeping, the workstation, safety around the office, manual handling, emergency response, office security and aggression response

Vocam, c2004 - **Office building fire safety [videorecording] : high rise**

[DU GEELONG AVC 363.379 Voc/Obf](#)

1 videocassette (VHS) (15 min.) : sd., col. ; 1/2 in. + 1 training guide (32 p. : ill.)

This program examines the appropriate procedures for minimising the risk of fire and the responses to a fire emergency within a high rise building. Topics covered include prevention, detection, extinguishing, fire wardens and evacuation

Vocam, c2003 - **Injury & illness in the office [videorecording] : emergency response. Parts 1**

[DU GEELONG AVC 363.117 Voc/Iai](#)

2 videocassettes (VHS) (30 min.) : sd., col. ; 1/2 in. + 2 training guides

Contents

Pt.1: External bleeding -- fractures -- eye injuries -- soft tissue injuries -- fever (14 min.) -- pt.2:

Unconsciousness -- burns -- shock -- heart attack -- electric shock -- fainting (16 min.)

Shows personnel without accredited first aid training in how to help an injured colleague in the office environment. Also includes the preparation of risk assessments and identification of first aid requirements

Working Pictures, c2002 - **Occupational overuse syndrome and ergonomics [videorecording] : a safer approach for Australian workers**

[DU GEELONG AVC 613.62 Wor/Oos](#)

1 videocassette (VHS) (25 min.) : sd., col. ; 1/2 in (Available with training manual (70 p.))

Details essential ergonomic practices and guidelines designed to reduce the incidence of occupational overuse syndrome (O.O.S.). Topics include hazard awareness, know the O.O.S. symptoms, posture, body positions, workstation design, finger & wrist techniques (keyboard), writer's cramp, relaxation techniques, overcoming visual/ocular discomfort, work organisation, workplace exercises, lighting, office noise and air quality and risk assessment

Vocam, [2000] - **Office ergonomics [videorecording]**

[DU MELB AVC 620.82 Voc/Oer](#)

1 videocassette (VHS) (22 min.) : sd., col. ; 1/2 in. + 1 training guide (46 p. : ill.)

Ergonomics is the study of the human body at work, understanding how a person's senses, size and skills interact with their working environment. This program looks at some of the common health problems experienced by workers and then explores control measures which can be introduced to reduce the risk of injury

Enliten video publishing, c2000 - **WorkStation workout [videorecording] : ergo exercises for computer users / with Mike O'Neill**

[DU WATERFT AVC 363.1196513 One/Wwe](#)

1 videocassette (VHS) (30 min.) ; sd., col. ; 1/2 in.

Includes 33 simple, easy-to-use exercises that you can do at your computer - or virtually anywhere - to help ease tension, strengthen key muscles and reduce your risk of Repetitive Stress Injuries.

Video Education Australasia, c1999 - **Using computers safely [videorecording] / Written and performed by Nigel Rose and Tom Trijokus**

[DU GEELONG AVC 363.119004 Vid/Ucs](#)

1 videocassette (VHS) (26 min.) : sd., col. ; 1/2 in. + teacher notes (5 p.)

It explains the potential harm of using computers, particularly PCs and laptops and the physical and mental stresses that can result from long periods of poor sitting posture

OFFICE and COMPUTER SAFETY

Vocam Video Training Productions, c1994 - **Manual handling for the office [videorecording]**

[DU GEELONG AVC 613.62 Voc/Mhf Booklet](#)

[DU GEELONG AVC 613.62 Voc/Mhf](#)

[DU MELB AVC 613.62 Voc/Mhf](#)

1 videocassette (VHS) (20 min.) : sd., col. ; 1/2 in. + 1 booklet (20 p. ; 30 cm.)

Investigates ways to prevent back injury in the office, by showing how the back works, how to use it correctly and how to keep it in good shape

Safetycare Australia, 1990 - **Office safety [videorecording]**

[DU GEELONG AVC 658.408 Saf/Osa](#)

[DU MELB AVC 363.119651 O32S](#)

1 videocassette (VHS) (15 min.) : sd., col. ; 1/2 in

The office environment contains many potential hazards. This video deals with manual handling; slips, trips and falls; office fires and procedures for dealing with different types of fires, and general hazards such as operating procedures for equipment

Channel 1 Training Videos, [199-?] - **Office safety [videorecording] : creating a safer and more efficient office**

[DU GEELONG AVC 363.117 Osc/Asa v.1](#)

[DU GEELONG AVC 363.117 Osc/Asa v.2](#)

1 videocassette (VHS) (ca. 16 min.) : sd., col. ; 1/2 in

A comprehensive guide to improving safety and efficiency in the office environment. For example, hints on lighting the entire office & correct techniques for manual handling

Vocam, 1996 - **Office safety essentials [videorecording]**

[DU GEELONG AVC 363.1107 Voc/Ose](#)

1 videocassette (VHS) (20 min.) : sd., col. ; 1/2 in. + 1 training guide

This training package reinforces essential office safety information. Practical guidance is provided so people in your office can work better in a safe and secure environment

Channel 1 Training Videos, c1998-1999 - **Ergonomics in the office [videorecording]** / Presented by Sally Anne Deckert; written, produced and directed by Peter Weston

[DU GEELONG AVC 620.82 Cha/Eit](#)

[DU MELB AVC 620.82 Cha/Eit](#)

1 videocassette (17 mins) + 1 Trainers guide (24 leaves)

This video deals with common computer-related ergonomic problems and presents several easy to follow strategies to make the time you spend in front of your computer screen more comfortable and more productive

Safetycare Australia, 1993 - **Ergonomics [videorecording] : the practical approach**

[DU GEELONG AVC 363.117 Saf/Etp](#)

1 videocassette (VHS) (15 min.) : sd., col. ; 1/2 in. + 1 trainer's manual (27 p.)

Aims to make people more aware of the relationship between the equipment they use, the physical environment in which they work, and the long term benefits to them in both the physical and mental aspects of their performance, by being involved in the study and application of ergonomics

Vocam, c1994 - **VDU and workstation ergonomics [videorecording]**

[DU GEELONG AVC 620.82 Voc/Vaw](#)

1 videocassette (VHS) (23 min.) : sd., col. ; 1/2 in. + 1 booklet (22 p. ; 30 cm.)

Looks at workstation hazards. It includes: analysis of hazards; posture; design and layout of workstations; lighting and routines

FIRST AID

Video Education Australasia, 2006 - **First aid [videorecording] : basic life support / Written and directed by Shannon Sleeth**

[DU GEELONG 616.0252 Sle/Fab](#)

1 videocassette (VHS) (25 min.) : sd., col. ; 1/2 in

Shows how to respond to an emergency situation, primary & secondary surveys, cardio-pulmonary resuscitation and managing external bleeding

Video Education Australasia, 2006 - **First aid [videorecording] : outdoor injuries / Written and directed by Shannon Sleeth**

[DU GEELONG 616.0252 Sle/Fao](#)

1 videocassette (VHS) (23 min.) : sd., col. ; 1/2 in

Shows how to deal with emergency situations in outdoor situations, such as heat and cold-induced injuries, drowning, spinal injuries and venomous bites and stings

Off-air recording of SBS-TV broadcast June 2, 2008. Copied under Part VA of the Copyright Act - **Gunther's ER [videorecording] : Lesson 1 minutes from death / Directed & produced by David Coleman, Clare Mottershead & Nick Curwin, notes by Gunther von Hagens & John Heyworth**

[DU MELB AVC 616.025 Hag/Ger 2008/06/02](#)

1 videodisc (55 min.) : sd., col. ; 4 3/4 in.

"Minutes From Death - Doctors Gunther von Hagens and John Heyworth examine the effect of injury on the body's vital organs (brain, heart, lungs, kidneys, spine & spinal cord). Also examined are the major blood vessels in the neck, arms and groin. Dr von Hagens demonstrates how life threatening an injury to the femoral artery can be. A loss of 3 litres of blood will kill a human being. Dr von Hagens performs an experiment, describing all the symptoms that occur during major blood loss. Loss of 1 litre takes 90 seconds. A loss of 2 litres means that the victim stands no chance of survival as all the vital organs are irreversibly damaged. 3 litres of blood loss from the femoral artery occurs in 3 minutes and 15 seconds. (From the UK, in English)" -- website

VOICE CARE

Adelaide : Flinders University of South Australia, c2000 - **Voice care for teachers: [videorecording] / written and produced by Alison Russell ; with Jenni Oates [and] Cecilia Pemberton ; [distributed by] Clear Digital Vision**

[DU MELB AVC 612.78 Rus/Vcf](#)

1 videocassette (VHS)(20 min.) : sd., col

This video shows how the human voice works, using simple explanations and dynamic illustrations of the anatomy and physiology of voice production. It also details factors impacting on the voice, e.g., health, smoking, stress and voice use. The signs and symptoms of voice problems and how to avoid them are also presented

WORKPLACE STRESS

Cameron-Hill and Yates Seminars, [2002] - **Staying positive [videorecording]**

[DU MELB AVC 158.1 Cam/Spo](#)

1 videocassette (VHS) (42 min.) : sd., col. ; 1/2 in

Patricia Cameron-Hill and Shayne Yates give advice about managing stress in a modern world, and show how to develop a positive attitude to make life easier and more effective, looking ahead, not back

Video Education Australasia, 2001 - **Stress [videorecording] : the survival guide**

[DU GEELONG AVC 155.9042 Lov/Sts](#)

1 videocassette (VHS) (22 min.) : sd., col. ; 1/2 in. + video support notes (5 p. ; 30 cm)

Summary

This video aims to help students control their stress. Explains what stress is and how to keep it within limits. Looks at easy relaxation techniques and coping strategies

Intelligent Communications ; Educational Media Australia [distributor], c2001 - **Lives in balance [videorecording] / Written and narrated by Rebecca Koppenhaver & Pat Lentz**

[DU GEELONG AVC 155.24 Kop/Lib](#)

[DU MELB AVC 155.24 Kop/Lib](#)

1 videocassette (VHS) (30 min.) : sd., col. ; 1/2 in

This program talks about the stresses people encounter in their everyday lives and shows how if this stress becomes chronic it can cause illness

Cameron-Hill & Yates Seminars, [2000?] - **Stress and humour [videorecording] / written and performed by Patricia Cameron-Hill & Shayne Yates**

[DU MELB AVC 158.72 Yat/Sah](#)

1 videocassette (VHS) (27 min.) : sd., col. ; 1/2 in

In this video Patricia and Shayne show that laughter is the greatest stress buster in the world. They show the energising and relaxing benefits of laughter. The video can be used for a "fun break" at home, at work, for meetings, training sessions and team building.

Video Communicators, [1993] - **Dealing with stress [videorecording] / featuring Amanda Gore ; produced by Video Communicators**

[DU MELB AVC 155.9042 Gor/Dws Pt.1](#)

[DU MELB AVC 155.9042 Gor/Dws Pt.2](#)

2 videocassettes (VHS) (44 min.) : sd., col. ; 1/2 in. + 1 manual (69 leaves ; 23 cm.)

module 1. What is stress ? (14 min.) -- module 2. Stress busters (21 min.) -- Appendix: meditation exercise (9 min.) Looks at psychological and physiological aspects of stress and provides quick stress reducing techniques

Videotrain, c1991- **Managing stress in the workplace [videorecording] / Notes by Health & Safety Resources, Mosman, N.S.W**

[DU GEELONG AVC 658.314 Msi/Two](#)

1 videocassette (VHS) (17 min.) : sd., col. ; 1/2 in. + trainer's manual

Deals with the general causes of stress and the problems it can create in the workplace, such as accidents, absenteeism and decreased productivity. Suggests ways of overcoming stress related problems

Ash Quarry Productions ; [South Yarra, Vic.] : Seven Dimensions [distributor] , c1993 - **Stress management [videorecording] / Written by Eve Ash & Peter Quarry**

[DU MELB AVC 155.9042 Ash/Sma](#)

1 videocassette (VHS) (14 min.) : sd., col. ; 1/2 in

Learn what stress is & what causes it. This program will equip you with 5 practical tools to minimise your stress levels

WORKPLACE STRESS

Videotrain, 1995 - **Identifying and dealing with job burnout [videorecording]**

[DU MELB AVC 158.723 Iad/Wjb](#)

1 videocassette (VHS) (20 min.) : sd., col. ; 1/2 in. + trainer's manual (28 leaves)

The demands of work vary greatly according to occupation, industry, effectiveness of management and our own personal ability to cope with these demands. How we perceive our work and how and what motivates us to continue can have an impact on our performance and well being both at work and in our personal lives. Job burnout has the potential to destroy careers, relationships, personal health, self esteem and even enjoyment of life in general. This video training program aims to take a pro-active, preventative approach to identify and deal with the symptoms of job burnout

HEALTH AND WELL BEING

Video Education Australasia, 2002 - **Ageing well [videorecording] / Written & presented by Ben Harding and Lisa Hickey**

[DU W'BOOL FOLIO 613.0438 Har/Awe](#)

[DU MELB AVC 613.0438 Har/Awe](#)

1 videocassette (VHS) (26 min.) : sd., col. ; 1/2 in. + video support notes (10 p. ; 30 cm)

Examines the physiological and psychological processes of ageing and how we can aspire to health and happiness in our senior years

WORKPLACE BULLYING and VIOLENCE

Videotrain, [2003] - **Consequences of bullying [videorecording]**

Published

[DU W'BOOL AVC 658.473 Cob/UII](#)

[DU MELB AVC 658.473 Cob/UII](#)

1 videocassette (VHS) (16 min.) : sd., col. ; 1/2 in. + trainer's manual (23 p.)

Aims to provide workers with an awareness of the consequences of workplace bullying and their rights and responsibilities in regard to this issue. Shows how to recognise behaviour that constitutes bullying, understand the negative effects that bullying can have on individuals and organisations, how to stand up to bullying and stop it if it occurs

Wiseowl, c2001 - **Bullying [videorecording] : who wins?**

[DU GEELONG AVC 331.133 Wis/Wbw](#)

[DU W'BOOL AVC 331.133 Wis/Wbw](#)

[DU WATERFT AVC 331.133 Wis/Wbw](#)

[DU MELB AVC 331.133 Wis/Wbw](#)

1 videocassette (VHS) (22 min.) : sd., col. ; 1/2 in. + 1 booklet (22 p. ; 21 cm.)

This is a training program developed to support business in creating a more tolerant, harmonious workplace

Ash-Quarry Productions, [2001] - **Eliminating workplace bullying [videorecording] / with psychologists Eve Ash & Peter Quarry**

[DU MELB AVC 658.473 Ash/Ewb](#)

1 videocassette (VHS) (14 min.) : sd., col. ; 1/2 in

What constitutes bullying and what are its effects? This video shows the need for an organizational policy against bullying and helps those being bullied, as well as those with bullying behaviour to recognize the problem and take action

Video Classroom, 1997 - **Strategies for dealing with bullies [videorecording]**

[DU GEELONG AVC 371.58 Vid/Sfd](#)

[DU MELB AVC 371.58 Vid/Sfd](#)

1 videocassette (VHS) (22 min.) : sd., col. ; 1/2 in. + teachers notes (15 p. ; 21 x 10 cm.)

This program explains what bullying is, who the bullies are, what causes some students to become bullies, and what can be done about the situation

Television Education Network, 1998 - **Bullying in the workplace [videorecording] / Presented by Moira Rayner, former Equal Opportunity Commissioner for Victoria, now at Dunhill Madden Butler**

[DU MELB AVC 331.133 Tel/Bit](#)

1 videocassette (VHS) (22 min.) : sd., col. ; 1/2 in. + 1 [9]p. booklet

In this program you are brought up to date with the current law relating to harassment and bullying in the workplace. In particular it focuses on sexual harassment, bullying, recent decisions including Arnold vs Midwest Radio Ltd, and, constructive dismissal

Ash Quarry Productions, [1997?] - **Overcoming harassment [videorecording] / Written by Eve Ash and Peter Quarry**

[DU MELB AVC 331.133 Ash/Oha](#)

1 videocassette (VHS) (19 min.) : sd., col. ; 1/2 in

Sexual, racial and other forms of harassment are on the rise. Psychologists Eve Ash and Peter Quarry discuss the effects on individuals and organisations and simple techniques for dealing with the problems

WORKPLACE BULLYING and VIOLENCE

Safetycare Australia, c1997 - **Controlling violence in the workplace [videorecording]**

[DU GEELONG AVC 363.11 Saf/Cvi](#)

1 videocassette (VHS) (13 min.) : sd., col. ; 1/2 in. + trainer's manual

Illustrates a variety of security measures and behavioural responses which can be used as a deterrent in controlling workplace violence

HYGIENE

Vocam, c2005 - **Health and hygiene essentials for industry [videorecording]**

GT CITY BAG [363.117 H434](#)

GT EAST BAG [363.117 H434](#)

1 videocassette (VHS) (19 min.) : sd., col. ; 1/2 in. + training guide (36 p. : ill.)

Looks at hygiene and health in industry including how infections spread, infectious diseases, cleanliness at work, personal hygiene, health and fitness and food for health

Vocam, c2004 - **Health and hygiene essentials for the office [videorecording]**

Published

GT EAST BAG [363.1196513 H434](#)

1 videocassette (VHS) (20 min.) : sd., col. ; 1/2 in. + training guide (36 p. : ill.)

Looks at hygiene and health for office staff including how infections spread, infectious diseases, cleanliness at work, personal hygiene, health and fitness and food for health

Video Education Australasia, c2003 - **Safety in food handling [videorecording]**

[DU MELB AVC 664.09 Lei/Sif](#)

1 videocassette (VHS) (26 min.) : sd., col. ; 1/2 in. + program support notes (8 p.)

The enemy : micro-organisms that cause food poisoning -- Enemy tactics : cross-contamination of food --

Taking action : practising safe food handling

This program looks at practical steps to keep food safe from contaminants which often cause serious illness. It is especially relevant to those who work in the food service industry, however the principles apply to anyone who handles food on a regular basis

Vocam Video Training Productions, [c1994] - **Office hygiene and health [videorecording]**

[DU MELB AVC 363.11 Voc/Oha](#)

1 videocassette (VHS) (17 min.) : sd., col. ; 1/2 in. + 1 trainer's guide

Covers the illnesses or infections which may be spread at work or at home, and how to guard against contamination.

Video Education Australasia & Kimberly-Clark Australia, c2001 - **Hygienic solutions for the food industry [videorecording]**

[DU MELB AVC 363.1927 Aus/Hsf](#)

1 videocassette (VHS) (12 min.) : sd., col. ; 1/2 in. + video support notes (8 p.)

Illustrates the correct procedures to be followed by food handlers in hand washing, cleaning utensils and avoiding contamination of working surfaces by harmful bacteria. Also shows various types of disposable wipers and paper towels which can be used effectively in a commercial kitchen or food production line

Vocam, c2000 - **Food care [videorecording]**

[DU MELB AVC 363.192 Voc/Fca](#)

1 videocassette (VHS)(23 min.) : sd., col

Safe work practices in a restaurant, canteen or any catering facility can make or break your business. A single mistake may ruin your reputation. "Food Care" is designed to introduce you to the practices vital to the food industry. Commencing with food handling, this program explores cooking and storing food, cross-contamination, cleaning and hygiene. The video also examines safe work practices such as manual handling, fire and avoiding hazards

Leiver, c2004 - **Australian food safety essentials [videorecording]**

[DU MELB AVC 363.192 Lei/Afs](#)

A video program on safe food handling, personal hygiene, cleaning and sanitising and temperature control. Topics include food receipt, storage, preparation, cooking, serving and handling leftovers; handwashing, gloves and hygienic conduct; utensils and equipment; thermometer use and checking

HYGIENE

Learning Seed & Video Education Australasia, c1995 - **Food safety [videorecording]**

[DU GEELONG AVC 615.954 Fsa/Fet](#)

[DU MELB AVC 615.954 Fsa/Fet](#)

1 videocassette (VHS) (30 min.) : sd., col. ; 1/2 in

Outlines the major causes of, and means of preventing food poisoning. Explains how to store all types of food safely, and how to prepare foods to minimize the risk of contamination

Marcom Projects [distributor], 2004 - **Food safety and sanitation [videorecording] / Produced and directed by Scott McEwan and John Lawson ; written by John Lawson**

[DU MELB AVC 363.7296 Law/Fsa v.1](#)

[DU MELB AVC 363.7296 Law/Fsa v.2](#)

[DU MELB AVC 363.7296 Law/Fsa v.3](#)

3 videodiscs (ca. 75 min.) : sd., col. ; 4 3/4 in

This series takes you through such topics as responsibility, microbiology and prevention of food borne illnesses. Interviews with health inspectors, microbiologists, chefs and other food industry experts give an overview of food safety and sanitation

Video Education Australasia, c2006 - **Allergens and food safety [videorecording] / Written and produced by Simon Garner and Kristy Brown**

[DU MELB AVC 363.1927 Vid/Aaf](#)

1 videodisc (29 min.) : sd., col. ; 4 3/4 in. + 1 set of program support notes

Marni Gilbert has a severe allergy to peanuts and dies after eating some food at a school camp. This fictitious case study parallels many cases of children dying after eating certain foods or coming into contact with allergens. A comprehensive look at processes, safety issues and control measures of food allergens in the manufacture, regulation and selling of food

CHEMICAL SAFETY

Educational Media, [199-?] [Colgan, Chuck](#) - **Hazardous materials in campus labs [videorecording]** /

Written and directed by Chuck Colgan

[DU GEELONG AVC 363.17 Col/Hmi](#)

[DU MELB AVC 363.17 Col/Hmi](#)

1 videocassette, 25 minutes

SafetyCare Australia, c1992 - **Safe handling of gases [videorecording]**

[DU GEELONG AVC 363.17 Saf/Sho](#)

1 videocassette (VHS) (19 min.) : sd., col. ; 1/2 in.; available with trainer's manual

Examines types of gas cylinders and how to handle them safely

Vocam Video Training Productions, c1996 - **Control of hazardous substances [videorecording]**

[DU GEELONG AVC 363.17 Coh/Sub](#)

1 videocassette (VHS) : sd., col. ; 1/2 in. + 1 Training guide (22 p. : ill. ; 30 cm.)

This video looks at types of hazardous substances; exposure control; storage; where to find information; protection and what to do in an emergency

Vocam Worldwide Publishing, c1999 - **Handling and storage of hazardous substances [videorecording]**

[DU MELB AVC 363.17 Has/Ohs](#)

1 videocassette (VHS) (16 min.) : sd., col. ; 1/2 in. + 1 booklet (46 p. : ill. ; 30 cm.)

This video explains the key points of working safely with hazardous substances, including what they are, how to identify and store them, assessing the potential health risks, and workplace training

Safetycare Australia, c1991 - **Recognition, evaluation and control of hazards [videorecording]**

[DU GEELONG AVC 363.11 Saf/Rea](#)

[DU MELB AVC 363.11 Saf/Rea](#)

1 videocassette (VHS) (12 min.) : sd., col. ; 1/2 in. + Trainer's manual (14 leaves ; 30 cm.), Looks in detail at the recognition of hazards; the evaluation and control strategies for dealing with hazards. Control strategies include elimination; substitution; engineering controls; administrative controls and personal protective equipment

Vocam Worldwide Publishing, c2006 - **Hazardous substances safety essentials [videorecording]**

[DU GEELONG AVC 363.17 Voc/Hss](#)

[DU MELB AVC 363.17 Voc/Hss](#)

1 videodisc (DVD) (23 min.) : sd., col. ; 4 3/4 in. + Training guide (52 p. : ill. ; 30 cm.)

"Hazardous substances are common in many work places. Unsafe contact with them can result in injuries both minor and major, both temporary and permanent. By conducting hazardous substance safety training your organisation can help avoid accidents and incidents. Topics covered in Hazardous substances safety essentials: Identifying hazardous substances; Common hazards; The hierarchy of control; Personal protective equipment; Storage and disposal; Emergency response; Case studies"—Container

Safetycare Australia, c1994 - **Personal protective equipment [videorecording]**

[DU GEELONG AVC 363.117 Saf/Ppe](#)

1 videocassette (VHS) (19 mins) : sd., col. ; 1/2 in. + 1 trainer's manual

Details the use of personal protective equipment as just one of the safety options that must be incorporated into safety procedures. Looks at the five major groups needing protection: eye and face, head, hearing, respiration and clothing

PLANT SAFETY

Training Direct, c2005 - **Safety around machines [videorecording]**

[DU GEELONG AVC 363.1107 Tra/Sam](#)

1 videodisc (5 min.) : sd., col. ; 4 3/4 in. + Trainer's guide and guidance notes, 13 p

Shows how to keep safe around machines with blades, saws and moving parts that can cause serious harm to an employee

Meridian Education Corp., c1991 - **Safety in the workshop [videorecording] / written, produced and directed by Roy Williams**

[DU W'BOOL AVC 694.0289 Wil/Siw](#)

1 videocassette (VHS) (11 min.) : sd., col. ; 1/2 in

This video covers two programs. "Ripping" covers the technique of cutting with the grain. "Safety in the workshop" outlines the types of safe clothing that should be worn, how to make your work area safe, and the importance of maintaining your equipment

BIOLOGICAL SAFETY

Littlewood & Littlewood/Medical Safework Video, [1992?] - **The safe handling of bio-medical waste [videorecording] : a safety training module**

[DU GEELONG AVC 363.7297 Ngf/Tmo](#)

2 videocassettes (VHS) , 1 training manual, 2 booklets, 4 pamphlets ; in container, 26 x 35 x 5 cm

The safe handling of bio-medical waste -- Sharps -- Training manual -- Infection control guidelines -- National guidelines for the management of clinical and related wastes -- AIDS: Facts about Acquired Immune Deficiency Syndrome -- Management of health care workers or others exposed to blood... -- Laboratory safety guidelines that take account of HIV and other blood-borne agents -- HIV and blood transfusion and administration of blood products

Safetycare Australia, c1992 - **Blood borne pathogens in the workplace [videorecording] : reducing the risk**

[DU WATERFT 614.4 Vic/Bbp](#)

1 videocassette (VHS) (ca. 12 min.) : sd., col. ; 1/2 in. + 1 trainer's manual (15 leaves ; 30 cm.)

This video looks at HIV and hepatitis B infection risks in the workplace, including control of hazards, use of infection control kits composed of goggles, gloves and pocket respirator, and what to do if exposed to possible sources of infection

GENERAL LABORATORY SAFETY

Addison-Wesley video lessons for life science series, Videology, c1990 - **Laboratory safety [videorecording]** / Written & produced by Michael A Dispezio & Douglas W Horton, presented by Dan Gibson & Michael A Dispezio
[DU MELB AVC 363.179 Sit/Lab](#)

1 videocassette (VHS) (17 min.) : sd., col. ; 1/2 in

Explains basic safety practices for use in school science laboratories. Part 1. Getting ready for lab work -- Part 2. Working with fire and glass -- Part 3. Working with chemicals, electricity, and living things -- Part 4. Safety test