

A letter to yourself

All students participating in the Deakin University Exchange Program are asked to write a letter to themselves.

The letter to yourself is a personally addressed letter where you write down any thoughts, concerns, goals, hopes and aspirations that you have around your exchange semester or year. How are you thinking about your exchange at this very moment? What are you hoping will happen while you are away? Is there something you are hoping to change or achieve while you are on your exchange? Is there something you are worried about?

The letter can be as long or as short as you like and you can write about anything you find important. Place it in a sealed envelope, write your full name and student number on it and hand it in to the Education Abroad office.

Please note that this letter is for your eyes only (and whoever you wish to share it with)! You can feel safe that no one in the Education Abroad office will read it.

Your letter will be returned to you back at Deakin after your exchange.

Please note that the letter to yourself is a compulsory part of the exchange program.

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