

Name: [REDACTED]  
Course at Deakin: Bachelor of Psychology (Honours)  
Major(s) at Deakin: Psychology  
Age: 20  
Gender (please circle)  Female  Male  
Semester(s) and year of exchange/study abroad program: 2007 Semester 2  
Host University: York University (Toronto)  
Host Country: Canada

**ACADEMIC**

**1. Please list the units you took at your host university.**

2520 - Experimental Psychology  
3300 - Child Development  
3310 - Psychology and Law  
3670 - Psychobiology

**2. Compared to Deakin, what kind of teaching methods did the lecturers at your host university use (e.g. lectures, seminars, tutorials etc)?**

**How did this affect your academic experience?**

Most lecture notes were up before class so you could add your own notes to them.  
Pretty much the same as Deakin.

**3. Compared to Deakin, what was the workload (e.g. class hours per week, assignments, field work, labs etc.) and the level of difficulty like?**

Same amount of class hours per week, 3 per unit. My classes had mid-term exams, pop quizzes, but only one class had an assignment, they all had end of semester exams. Level of difficulty wasn't hard as long as you kept up along the way.

**4. How was your course work assessed (e.g. exams, essays etc.)?**

See above question. There were no essays... which was good!

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5. Overall, were you happy with the academic component of your exchange/study abroad program?

Yes! Very happy the uni I chose was very good for Psychology. All my professors were Psychologists at "Baycrest" (patient home) and so could give first hand experiences.

**COST**

6. How did you finance your exchange/study abroad program? Please list by percentage (%).

Deakin University Travel Grant	10%
Deakin Scholarship	
UMAP Subsidy	
Personal Savings	21%
OS-HELP Loan	38%
Other Loans	
Family Contribution	32%
Income from working while studying at host university	
Outside scholarships (please specify scholarship)	

7. How did your living expenses abroad compare with your living expenses when in Australia?

Much less    Slightly less    About the same    Slightly More    Much More

8. Were you successful in keeping to a budget? Yes    No

If yes/no, what were the reasons for this?

I am good at keeping to a budget and don't buy unnecessary things.

9. Please outline your approximate monthly budget whilst overseas

Housing	\$ 875
Food	\$ 525
Text Books	\$ 125
Local Transport	\$ 12
Entertainment	\$ 250
Clothing	\$ 250
Phone	\$ 75
Other Expenses	\$
<b>Total</b>	<b>\$ 2,112.00</b>

**10. Please outline your approximate travel costs (if any)**

Travel	\$ 4,000
Accommodation	\$ NIL - stayed w. friends
Meals	\$ 200
Other Expenses	\$ 400

**ACCOMMODATIONS**

**11. Was accommodation arranged for you by the host institution?**       Yes       No

If no, how did you find accommodation?

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**12. If the host university arranged accommodation, did you have a choice of housing?**

Yes       No

**13. What kind of accommodation did you live in?**

(Please rate your level of satisfaction with each setting on a scale of 1 = lowest to 5 = highest)

University accommodation with meals	1	2	3	4	<input checked="" type="radio"/> 5
University accommodation, self-catered	1	2	3	4	5
Host Family	1	2	3	4	5
Shared Flat or House	1	2	3	4	5
Single person flat or house	1	2	3	4	5

Rooming House

1 2 3 4 5

**14. For most of the program, did you live**

- alone
- with hosting country students
- with Australian students
- with other exchange or international students

**15. If you moved, why did you move?**

Didn't move

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**16. Please indicate arrangements you made for meals**

- Provided by university accommodation
- Self-catering
- Eating out/take away
- Provided by host family

**WORK**

**17. Did you work while participating in the exchange/study abroad program?** Yes  No

**18. Was employment easy to find?** Yes  No

**19. If you worked, how did you find your job?**

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**20. If you worked, did you work**



**LIFE AT YOUR HOST UNIVERSITY AND IN YOUR HOST COUNTRY**

**29. How easy or difficult was it to meet and interact with host country students?**

Very easy! I lived in a building with 400 students so it was easy. I also participated in the college sport, which also made it easy to make friends outside of my res. I joined the cheerleading team too making an even wider variety of people I was friends with.

**30. With whom did you spend most of your time with (e.g. host country students, Australian students, other exchange/study abroad or international students?)**

**What were the reasons you spent most of your time with those students?**

Spent most of my time with host country students because of cheerleading and college sports. I also spent a lot of time with other exchange/international students who lived in my res.

**31. What aspects of the host university stand out in your mind?**

It was very multicultural, it was a huge campus and security was tight, but good all the same.

**32. What aspects of the host culture stand out in your mind?**

University life is very sport orientated, a lot more than home.

**SUMMARY AND COMMENTS**

**33. Thinking back about what you packed, list those things which you didn't take abroad and later wished you had – and vice versa – those things which you took and didn't need or could have purchased on site.**

**TAKE ALONG:**

Gifts from home for the friends I made.

**LEAVE BEHIND:**

Raincoat.  
Mouse for computer.  
Jeans from home.

**34. What changes would you make to your exchange/study abroad program?**

**What would you preserve?**

I would have loved to have gone for a WHOLE year!

**35. What kind of advice would you give to students who are thinking about going on this program? Is there anything else you would like to tell students about your experiences?**

DO IT!