



**Deakin University and the Department of Human Services
(Barwon - South Western Region) Partnership
Community Capacity Building Advisory Group Meeting**

Wednesday 11th August 2010
Video Conference between Deakin University Warrnambool & Geelong

Minutes

Chair: Professor Sue Kilpatrick

Deputy Chair: Ms Sue Morgan

Present

Mr John Hedditch, Mr Grant Hamilton, Ms Adele Kenneally, Mr Mark Brennan (representing Ms Anne Somerville), Ms Carla Woodyard, Ms Joanne Brown (representing Ms Janette Lowe), Mr Chris Loughnan, Mr Paul Jamieson (representing Ms Irene McGinnigle), Ms Liz Everist (representing Ms Kerri Erler)

Apologies

Ms Helen Durant, Ms Irene McGinnigle, Ms Kerri Erler, Anne Somerville, Ms Janette Lowe

Item	Subject	Action
1	Welcome and Introduction Sue Kilpatrick welcomed Deputy Chair Sue Morgan and members to the first meeting of the Community Capacity Building Advisory Group. Participants from both Warrnambool and Geelong were invited to introduce themselves to the group.	



2	Overview of new Deakin/DH/DHS Strategic Alliance model The new Strategic Alliance model was tabled to provide the background context for Community Capacity Building Advisory Group work in the new framework. Sue Kilpatrick outlined the core themes of the Alliance covering Research collaboration, Workforce development and Community Capacity building as well a revised governance structure for the Alliance. Refer: http://www.deakin.edu.au/dhs/new-alliance-model .	
3	Review of Community Capacity Building Group Terms of Reference The Community Capacity Building Group’s Terms of Reference was tabled for members review and input. The Advisory Group aims to have a broad vision supporting community activity to build and maintain healthy lifestyles. It also aims to develop the capacity of the health workforce to collaborate with the community to most effectively and sustainably address key health and wellbeing issues in the Barwon South West Region. A number of modifications to the Terms of Reference were suggested including <ul style="list-style-type: none">• Widening objectives to work with PCP’s and “other relevant bodies”• Objectives to cover 2010/2011 period• Delete specific operational tasks• Strengthen up thinking about how we undertake community capacity building work with an action plan• Develop electronic communication of advisory group activity to relevant bodies• Add “local government” to appropriate membership representation• Minute taking by Alliance team staff member Refer: PDF attachment Community Capacity Building Terms of Reference	Chris Loughnan to make suggested alterations to Terms of Reference



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Progress reports from Primary Care Partnerships re Community Capacity Building events scheduled for 2010/2011.

South West PCP Forum: Mental Health Promotion and Freedom from Family Violence Link to SW PCP Strategic Plan: (Grant Hamilton)

Promotion of mental health and wellbeing is one of the priorities of the Integrated Health Promotion Plan and this also links with the Strategic Priority of Social Connectedness. Freedom from family violence is identified in the target group for the priority of Social Connectedness.

Aims:

- To increase mental health literacy within the community
- To further develop awareness of mental health promotion in the community
- To examine the link between mental illness and family violence and early intervention opportunities

Target population:

- Community members who may be at risk of mental illness or family violence
- Community members who have an interest in supporting others at risk
- Health professionals

Guest speakers proposed (To be confirmed, maximum 3-4):

- Sabin Fernbacher—expert in mental illness, child sexual assault & family violence
- Rochelle Hine – Womens Health Resource Worker, South West
- Representatives from CASA and/or Emma House
- Trevor Hazell – Director of Hunter Institute of Mental Health
- Jalea Skehan – Program Manager, Hunter Institute of Mental Health
- Prof Lousie Newman – Member, Child and Adolescent Working Group/National Mental Health Disaster Response Taskforce

Proposed date/time/venue:

- Oct/Nov 2010
- Evening forum
- Deakin University, Warrnambool campus

Ongoing action SW PCP



Southern Grampians-Glenelg PCP activity: Healthy Living for Seniors –including active living, gardening and diet. (Joanne Brown)

Topic: "Just Dig It"

This project links to three of the Health Promotion priorities of the SGGPCP, being physical activity, food security and social connection.

Target Population:

Seniors in Glenelg and Southern Grampians Shire, with health care providers and support services staff also able to attend. Maximum 50 people attendance .

Rationale:

Based on evaluations from last year's Public Health Forum the SGGPCP believe that improving health literacy via a public health forum is best targeted at a vulnerable group with practical hands-on learning. The focus is on the vulnerable group of people aging at home. It is also anticipated that our other four disadvantaged groups – low socio-economic, indigenous, farming families and people with disabilities – will also participate. The PCP Community gardens project will clearly link to this proposed project, providing a clear link for participants into community gardens.

Aims:

- To improve older people's understanding of the importance of leading an active healthy lifestyle, and provide demonstrations on how this can be achieved.
- To provide older people with easy, practical ways to incorporate activity and healthy eating into daily life.

Objective:

- To provide clear, practical advice to seniors on the importance and ease of leading an active healthy lifestyle. Included in this will be helpful tips and pointers on how to make small changes for great impact.

Guest Speakers:

- Health Awareness Activity: men & women's health focus through local health service
- Physical Activity (stretching/warm-up): Local health service
- Physical Activity (gardening): Local health service / TAFE
- Cooking demonstration: Local chef: products from the garden/small portions/freezing options

Date/time/venue:

- Early October, maybe with link into Seniors Week.
- 10.00am – 3.00pm
- Hamilton

Ongoing action SGG PCP



Peter Quail Oration (Chris Loughnan)

The Peter Quail Oration has been an annual initiative of the Deakin + DHS Partnership (now the Deakin/DH/DHS Strategic Alliance) and is held in memory of Mr Peter Quail who was a valued DHS colleague and champion of the Partnership. Peter had great foresight and from an early stage could see how partnership collaboration between Deakin and DHS would benefit people in the local community. Each year Peter's family are asked as honoured guests to this Oration.

Topic: " Improving the Physical and Mental Health of those experiencing Social, Economic or Geographic Disadvantage"

Venue: the main Lecture theatre of the Geelong Clinical School (behind Kitchener House)

Time: 4 to 6pm

Date: Thursday 28th October 2010.

A detailed program is yet to be confirmed but a forum panel format is envisioned to discuss priority issues of Health Inequality and Social Disadvantage in the Barwon South West region as well as identifying relevant models of intervention. Ms Kellie Horton (Manager Health Inequalities, Vic Health) is confirmed as a keynote speaker. A planning meeting re the Oration with Kellie Horton is scheduled for Wednesday 18th August. Mr Todd Harper (CEO, Vic Health) and Department of Health and Department of Human Services panel representatives are yet to be confirmed.

Proposed G21 Forum for 2011 (Mark Brennan)

- G21 is planning to develop an Early Years forum event to be scheduled for the first quarter of 2011
- To include a focus around profile indicators from Early Years Report

Ongoing action Deakin/DH/DHS Strategic Alliance (Chris Loughnan)

Ongoing action G21



5	<p>Health & Wellbeing priorities across G21 and the Great South Coast (Sue Morgan)</p> <p>Sue Morgan tabled summary charts of Health & Wellbeing priorities for G21 and the Great South Coast. G21's Health promotion priorities have an upstream focus on improving the key determinants of mental & physical health. The overriding aim is an assets/strength placed approach (eg promotion of physical activity/nutrition) rather than deficit outcomes (eg obesity, diabetes, cardiovascular disease). Great South Coast preventative health priorities have a similar focus to promote physical activity, nutrition and social connection. There are strong commonalities across the Health & Wellbeing plans including social connection, building healthy resilient communities and strengthening community infrastructure/service systems. Sue Kilpatrick noted the importance of supporting community based activities which improve key determinants of mental and physical health.</p> <p>Refer: PDF attachment G21&GSC Strategic Priorities</p>	
6	<p>Exploring the need for Community Capacity Building activity to improve health and wellbeing outcomes in the Barwon South West Region</p> <p>The Proposal was discussed by members to hold a Community Capacity Building workshop to explore how best to engage and empower the community to improve Health and Wellbeing outcomes in the Barwon South West Region.</p> <p>Advisory group members discussed a range of points covering possible themes for a Community Capacity Building Workshop including:</p> <ul style="list-style-type: none">• a facilitated space to develop an advisory group work program for 2011• a forum to share Community Capacity Building best practice in the region (eg early years programs)• up skilling health promotion staff to widen their community capacity building skill set• explore what is meant by wider approaches to health literacy• discussion of Community Capacity Building enabling and supporting mechanisms• a forum to generate new Community Capacity Building ideas and innovation	



- unpack in a workshop how to do health literacy well and how to engage with the community to identify their needs and develop their plans
- a forum to share process of developing effective Health & Wellbeing plans and partnering better with agencies to connect common messages
- align workshop themes with practical examples of effective community development programs (eg mens sheds, community gardens etc) and how wider community engagement can be leveraged off these popular community activities
- identify effective community engagement practices and brainstorm how these may be extended throughout the region
- share innovative practice in attracting funding for Community Capacity Building projects
- discussing lobbying strategies for increasing Government funding for community development
- discuss strategies for better integration of community development work across agencies

Workshop Audience suggestions included:

- Health literacy/promotion workers
- Policy makers and senior managers
- Local government councillors
- Not for profit agencies

Workshop program suggestions:

- Identify expert facilitator for workshop program
- Key note speaker/s and theme eg Ms Kellie Horton (Manager Health Inequalities, Vic Health)
- Possible themes include practical and strategic approaches for community engagement or strategies for building strong, healthy, resilient and liveable communities
- Market place format- a selection of themed, timed, repeating presentations
- Community Capacity Building Master class session for senior management

Agreed Community Capacity Building Workshop/Forum details:

- Target Workshop date: mid/ late March 2011
- Time: 1 Day from 10am to 3.30 pm (Wednesday/Thursday preference)
- Venue: Camperdown Golf Club (2 big rooms)



	<p>Working party to meet in Sept to progress workshop planning:</p> <ul style="list-style-type: none">• Scope and consolidate draft workshop program• Decide on workshop title and themes• Identify facilitator and key note speaker/s• Formulate budget and event management needs and costs• Estimate audience numbers• Determine catering needs• Formulate working party action plan and responsibilities <p>Working party members:</p> <ul style="list-style-type: none">• Sue Kilpatrick• Sue Morgan• Chris Loughnan• Liz Everist• Mark Brennan• Janette Lowe <p>Other steps</p> <ul style="list-style-type: none">• feedback draft CCB Building Workshop program to members for review and comment• request workshop budget allocation at Deakin/DH/DHS Strategic Alliance Executive meeting	<p>Chris Loughnan to organize working party meeting for September Sue Kilpatrick, Sue Morgan, Chris Loughnan to develop an agenda for working party meeting Sue Morgan to seek VicHealth and VCOSS Community Capacity Building information to inform working party on CCB themes</p>
7	<p>Other Business</p> <ul style="list-style-type: none">• Advisory group to maintain a watching brief on Alfred Deakin Institute work developing regional population health data base resources• Group discussion on avenues to strengthen Community Capacity Building funding options for 2011/2012	<p>John Hedditch to discuss funding opportunity with DPCD</p>
8	<p>Next Meeting Date: Members to be notified when confirmed.</p>	<p>Chris Loughnan to confirm</p>