



Health and medical databases at the Library



Need inspiration for an assignment or research project?

Be sure to browse the following health and medical databases at the Library.

• **Nursing Reference Center** provides clinical evidence and reference information for nurses and other health care professionals, directly at the point-of-care. Content includes 'quick lessons', which give an overview of a disease or condition, evidence based care sheets, drugs, cultural competencies and patient education.

• **Health Policy Reference Center** is a comprehensive database covering all aspects of health policy and related issues.

• **DynaMed** is a clinical reference tool for physicians and other health care professionals. It includes clinically organised, evidence-based summaries for

more than 3000 diseases and condition topics.

• **Rehabilitation Reference Center** is an evidence-based clinical reference tool for rehabilitation clinicians, also designed for use at the point-of-care.

You can access these databases by going to the Library home page www.deakin.edu.au/library. Simply enter the title into the Quick Search box or select it from the databases by title list.

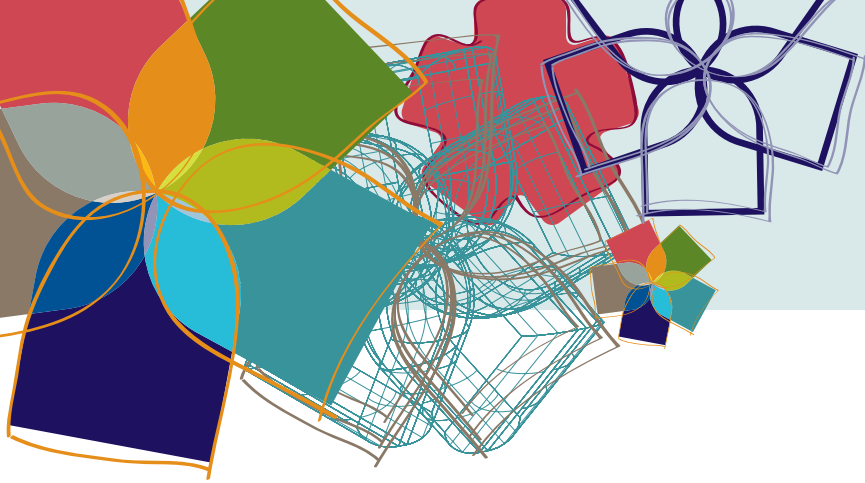
http://library.deakin.edu.au/screens/srchhelp_databases.html

If you would like assistance with any of these databases, please contact a Faculty of Health liaison librarian: www.deakin.edu.au/library/services/contacts/liaison/faculty-liaislib.php

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Peer mentoring awards

The Faculty of Health Peer Mentoring Program recently held presentations for the 2011 Peer Mentors. The Peer Mentoring Program has seen a very large increase in participation levels this year, particularly at the Geelong Waurin Ponds Campus and Warrnambool Campus. At the Melbourne Burwood Campus we also saw increased participation in the program by international students and exchange and study abroad students.

In recognition of the excellent work our mentors have done this year, we were very pleased to recently award an i-pad to one student at each campus. These particular students had gone beyond what was required of them as mentors and their efforts were very much

appreciated. Award winners were: Mr James Carrigg, Bachelor of Occupational Therapy, Geelong Waterfront Campus; Mr Trevor Lunn, Bachelor of Health Sciences, Geelong Waurin Ponds Campus; Ms Jennifer Baker, Bachelor of Exercise and Sport Science, Melbourne Burwood Campus; and Ms Kim Fry, Bachelor of Health Sciences, Warrnambool Campus.

I would like to acknowledge the excellent work of Barb Edwards, Chloe Knott, Kelly McDonald and Ben Humphreys in supporting the mentors at each campus throughout the program. Furthermore, I would like to sincerely thank Tess Knight who has provided ongoing support through leading the peer mentor training program, and for her continued

participation in key events across all campuses.

The peer mentoring team will soon be compiling a report on the 2011 Peer Mentoring Program, so if you are interested in receiving a copy when it has been completed please email me.

Melinda Thomas
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From left: Mr James Carrigg, Mr Trevor Lunn, Ms Jennifer Baker, and Ms Kim Fry with their awards



Interprofessional education (IPE) at Deakin

Deakin's first HealthCare Team Challenge

The Faculty of Health is conducting a new interprofessional education (IPE) initiative this year for students: The Deakin HealthCare Team Challenge (HCTC). The Deakin HCTC is an extracurricular competition between interprofessional teams of students. It provides students with the opportunity to demonstrate expertise in collaborative practice as they work with students from across the Faculty to develop a management plan for a client with complex health needs, and present this plan to a live audience on event day.

HCTC's are held at several universities around Australia, with winners being sent to a prestigious national HCTC event in Queensland. In 2011, the Deakin HCTC event will be held on Friday 22 July at the Geelong Clinical School (across the road from the Geelong Hospital in Kitchener House, Ryrie Street, Geelong).

How will the Deakin HCTC work?

Students in the latter stages of their degrees from the professions of nursing, dietetics, psychology, occupational therapy, medicine, clinical exercise physiology, and social work were invited to apply to be involved in the event. At the beginning of a designated HCTC preparation period, the selected students will be randomly allocated into an interprofessional team of six students from the various professions, with each team containing only one member of each professional discipline. Each team will be given access to a challenging case study and asked to prepare a management plan for their patient over the course of the four-week preparation period. During this time, teams will meet regularly to exchange ideas, engage in research and work on their presentations.

On the day of the event, teams will present their management plan to an audience and panel of expert judges. At the completion of all presentations the teams will be asked to respond to a series of questions or exercises designed to test their teamwork skills under pressure. During this process they may be questioned by the judging panel about the case or the teamwork processes they used. The team that performs the best over the course of the day will be awarded first place and will be sent to represent Deakin at the national HealthFusion Team Challenge (an internationally recognised event) in Queensland in August.

For more information please visit www.deakin.edu.au/hmnbs/current-students/hctc.php, which includes a HCTC 'student information pack', or contact the Faculty's Interprofessional Education Coordinator, Sherryn Evans: sherryn.evans@deakin.edu.au.

Study skills resources

For those students who, like most of us, could use a few study tips every now and then, Deakin provides a wide range of online and face-to-face resources to assist students to succeed at uni.

The web site listed at the end of the article provides information about a range of workshops available throughout trimester, to assist students in areas like: reading and researching, referencing,

organisation and time management, essay writing, presenting, grammar, and exam preparation, among others. In addition to study skills workshops, the web site contains comprehensive written resources on study skills, reading and writing, academic referencing style, avoiding plagiarism, critical analysis, report writing, language and editorial style, exam preparation, time management, working in groups, and many more topics.

Free face-to-face consultations can also be arranged with Language and Learning Advisors on each campus to discuss ways to improve your approaches to university learning and study success.

So take advantage of these resources, they are there to help you!

www.deakin.edu.au/current-students/study-support/study-skills



Faculty clubs and societies

The Faculty of Health has a range of student clubs and societies that provide students with fantastic opportunities to meet fellow students, have fun, and engage in social and networking activities.

Join a club today!

Deakin Nursing Society

An invaluable resource for all Deakin Nursing students. Deakin Nursing Society provides social opportunities for nursing students, whilst also functioning as an advocacy and learning resource.

Deakin Nursing Society is an official DUSA club.

For more information

Deakin Nursing Society Facebook:
www.facebook.com/group.php?gid=57301089716&ref=ts#!/pages/Deakin-Nursing-Society/142206995534

Email: dusa-nursing-society@deakin.edu.au

Deakin Promoting Health Network (DPHN)

The Deakin Promoting Health Network (DPHN) is a student-led network that aims to create a cohesive, supportive and fun group for all Deakin students studying public health and health promotion.

The group provides an opportunity to get to know future colleagues better, whilst practising skills learnt throughout your degree.

DPHN is an official DUSA club.

For more information

DUPH Facebook: www.facebook.com/group.php?gid=89495768476&ref=search

Email: dusa-deaphn-club@deakin.edu.au

Deakin University Sport Studies Club (DUSSC)

Deakin University Sport Studies Club (DUSSC) is a social and professional development club for students and staff who are connected to Deakin's exercise and sport science, sports development, sports management and physical education degrees at undergraduate and postgraduate level. In addition to sporting and social events held throughout the year, DUSSC holds seminars about how the different disciplines within the sport and exercise field operate.

DUSSC is an official DUSA club

For more information

DUSSC Facebook: www.facebook.com/home.php?#!/group.php?gid=11763901070&ref=ts

Email: dusa-unisport-studies@deakin.edu.au

Food and Nutrition Students (FANS)

FANS is the student society for food and nutrition students. The group aims to increase active engagement of both local and international students who study food and nutrition courses at Deakin; and to build a bridge between these students and alumni who work in the field of food and nutrition.

FANS is an official DUSA club.

For more information

FANS Facebook: www.facebook.com/home.php?sk=group_57301089716

FANS 2011 update

The Food and Nutrition Students club (FANS) is a growing student society that aims to increase active engagement of students studying food science and nutrition units and to connect these students with alumni now working in the field.

In 2010 FANS had 69 members; so far in 2011 we now have over 100 members, with both on- and off-campus students constantly joining. The large increase is partly attributed to our presence at Orientation Week, where many first-year students were introduced to the club in their welcome session and subsequently signed up at the FANS stall.

In week three FANS, Deakin University Sports Studies Club (DUSSC) and the Faculty of Health held a lunch for first-year students and their peer mentors. FANS provided salad and juice for the event, which had an attendance of 134 people.

In week five FANS held a breakfast for students, with products donated from Sanitarium.

FANS is currently planning an end of exams party where students will have the opportunity to unwind, socialise and network in a non-university setting. Given the success of this event last year, we are all very much looking forward to it!

Faculty clubs and societies continued...

MEDUSA

MEDUSA – Deakin University Medical Students Society – is a club for Deakin medical students. MEDUSA membership is open to all current Deakin medical students. The group advocates to the University, the Faculty, and the School of Medicine, and runs a variety of activities and events throughout the year including transition and orientation events, social events, charity fundraisers, and academic events.

MEDUSA is an official DUSA club.

For more information

MEDUSA web: www.medusa.org.au
Email: secretary@medusa.org.au

MEDUSA 2011 update

It's been a busy year for MEDUSA, finally welcoming the fourth cohort of Deakin medical students to give us a full complement of year levels for the first time! Our first group of students to graduate will do so at the end of this year, and are currently applying for internships at hospitals throughout Victoria.

So far this year, MEDUSA has run our classic and ever popular events such as Medcamp and cocktail night, and numerous academic and global health events. The Med School's Shave for a Cure event again raised thousands of dollars for the Leukaemia Foundation, and saw our very brave Head of School Professor Brendan Crotty joining students in sacrificing his hair. Students are looking forward eagerly to August's Med Ball, and final years to their very own Graduation Ball at the end of the year!

NOMAD – Nursing, Occupational therapy, Medicine, Allied health @ Deakin!

All students in the Faculty of Health across all Deakin campuses are invited to join NOMAD (Nursing, Occupational therapy, Medicine, Allied health @ Deakin). NOMAD is Deakin's multidisciplinary rural health club. NOMAD's goals are to promote rural health careers to students of all ages, promote health in rural areas and increase awareness of the issues

pertaining to rural and Indigenous health care.

NOMAD is an official DUSA club

For more information

NOMAD Facebook: www.facebook.com/?sk=messages#!/group.php?gid=10207174989

NOMAD web: <http://nomad.dusa.org.au>

Email: president.nomad@gmail.com or nomad-healthclub@deakin.edu.au

Psychology Student Society

Deakin's Psychology Student Society is a student-led group that runs social and career-focussed events throughout the year.

The group has an online presence in the form of a DSO portal called 'Psychobabble'. Psychobabble contains career and psychology-related resources.

For more information

Email: Ben Richardson benr@deakin.edu.au

PhD Scholarships available in population nutrition

Deakin University's Centre for Physical Activity and Nutrition Research (C-PAN) offers great opportunities for undertaking postgraduate research. Two PhD Scholarships are currently available for students to undertake a PhD in the area of population nutrition.

Project 1: Dietary behaviours, dietary patterns and cardiovascular risk among older adults

Project 2: Dietary patterns and cardiovascular disease risk in young children

Funding: Two PhD scholarships to the value of \$22 860 pa associated with a successful ARC grant are available for suitable applicants.

Application closing date: 30 June 2011

For details about entry requirements and for further information please contact:

Dr Sarah McNaughton
sarah.mcnaughton@deakin.edu.au
Telephone (03) 9251 7842

To apply, please visit:

www.deakin.edu.au/current-students/research/scholarships/phd-scholarships-in-population-nutrition.php

Congratulations

3 Minute Thesis competition

The Faculty had eight finalists in the Faculty finals of the 3 Minute Thesis (3MT) competition, which were held on Friday 10 June at the Melbourne Burwood Campus.

The 3MT competition is open to any student enrolled in a PhD, DPpsych or research masters program at Deakin. The idea is that students develop academic and research communication skills by presenting their thesis topic in three minutes in a compelling way using language appropriate to an intelligent but non-expert audience.

The first round of competition is held within Schools, with winners proceeding to Faculty-based finals. The eight finalists for the Faculty of Health in 2011 were:

- Juliane Czczor – School of Medicine
- Lynne Millar and Eva Yuen – School of Health and Social Development
- Tatiana Carvalho and Mohajer Abbass Hameed – School of Psychology
- Lauren Arundell and Carley Grimes – School of Exercise and Nutrition Sciences
- Glen Eastwood – School of Nursing

Congratulations to the winner of the Faculty final Lauren Arundell, and runner up Carley Grimes who will now proceed on to University finals, which will be held on Thursday 7 July. Congratulations also to Eva Yuen, Tatiana Carvalho and Mohajer Abbass Hameed who each received an award for their commendable efforts. The overall winner from Deakin will receive \$2000, with \$1000 going to the runner-up and \$500 awarded to a presenter of the audience's choice. Deakin's winner will be sponsored to travel to Western Australia to compete in the Australasian final at the University of Western Australia on Thursday 29 September, for a shot at the \$5000 prize!

More information about the 3MT competition can be found at:

www.deakin.edu.au/current-students/research/three-minute-thesis-competition.php

Australian Health Promotion Association 'Student of the Year Award' runner up

Congratulations to Deakin graduate Desiree Terrill, who was earlier this year named runner up in the Victorian Branch of the Australian Health Promotion Association's (AHPA) 'Student of the Year Award' in the postgraduate category. Desiree was presented with her award certificate and a cheque for \$150 at the AHPA's Annual General Meeting on Thursday 31 March 2011. In addition, Desiree is invited to participate in a one-day placement at VicHealth.

Desiree completed her Master of Public Health in 2010 and completed a research thesis on workplace health promotion. She gained a great deal from her postgraduate studies at Deakin and is thrilled to be working in the field of health promotion.

'Completing my Master of Public Health has certainly been the most challenging yet rewarding study I have undertaken. With the assistance of many excellent teachers at Deakin, I truly feel inspired to always continue learning with passion in the field of health promotion and public health.'

Desiree now works as a Health Promotion Officer at EACH Social and Community Health.

Congratulations continued...

Deakin finalists in the Australian Institute of Food Science and Technology's Student Product Development Competition

Two Deakin Bachelor of Food and Science and Nutrition students have recently been announced as finalists in the Australian Institute of Food Sciences and Technology (AIFST) 2011 Student Product Development Competition.

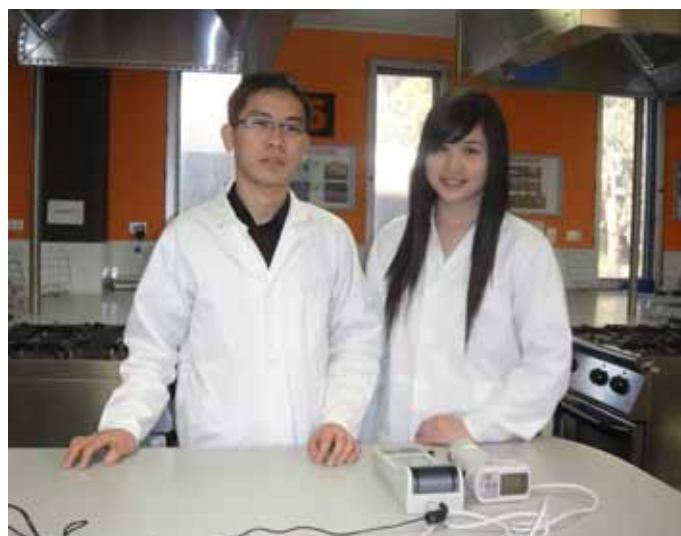
Mr Afrizal and Ms Jessica Florence produced 'So Chicky' – a low fat, high nutrient, gluten free, soy and chickpea based cracker incorporating chia and poppy seeds – as part of the unit HSN306 Product Development and Processing and subsequently entered the competition. The pair have been invited to present their product, the thinking behind it and the research applied in its inception at the 44th Annual AIFST Convention in Sydney from 10 until 13 July. There the final judging will occur and the 2011 winners will be announced.

The Deakin team is up against finalists from the University of Western Sydney, who developed the 'Mediterranean Savoury Muffin Bar'. All finalists are fully funded to attend the AIFST Convention in Sydney and will have their products featured in *Food Australia*, the AIFST's monthly journal. First place winners will receive \$1000 and an award plaque, and the runners up will be awarded \$500.

Melanie Spaggiari, Business Director for National Starch ANZ, the sponsor of the Student Product Development competition, said 'This competition gives students a great opportunity to showcase their talents – and it's those talents that have a lot of appeal to prospective employers. The judges, all long-standing industry professionals, also offer valuable and relevant feedback. What with the prize money and tickets to the AIFST convention, it's a win-win situation for the students.'

This year's competition winners will be announced at the convention's closing dinner on Tuesday 12 July 2011.

Visit www.aifst.com.au for more information about the competition or the 44th Annual Convention.



Mr Afrizal and Ms Jessica Florence

National Heart Foundation of Australia Award

Congratulations to Ms Emma Townsin, who completed honours with the Centre for Physical Activity and Nutrition Research (C-PAN) in 2010, who was awarded the National Heart Foundation of Australia Award for Excellence in Cardiovascular Health Advancement for her honours project titled 'The effect of overweight and obesity on cardiovascular responses and recovery time to acute psychological stress in men 50–70 years'. Emma's honours supervisors were C-PAN staff Dr Susan Torres and Dr Anne Turner.



Graduation

Graduation applications for the October 2011 graduation ceremonies will be open from 1 to 31 July on StudentConnect for students finishing in Trimester 1.

If an application is not submitted, you will not automatically graduate. Late

applications will not be accepted.

If you have any problems, contact graduations@deakin.edu.au. You will also receive a hard copy letter inviting you to apply so it's vital that your address details are up to date. Should you need to

change your postal address, you should do this on StudentConnect.

For more information, visit: www.deakin.edu.au/current-students/study-information/graduation/app-info.php

Jobshop

Looking for a job or vacation work? Need help with your resume, or some job hunting tips and advice?

Deakin University's Jobshop provides students with the following resources:

- access to job listings (full-time, part-time, and casual positions, and tutoring roles)
- listings of graduate program positions
- listings of vacation and year-in-industry

positions

- job hunting tips and advice
- access to a resume builder – a step-by-step guide to creating an effective resume. The resume builder provides information, examples, advice and suggestions that allow you to tailor the document to your own requirements
- information about short courses and events
- tips and advice on finding internships

and work placements

- help finding tutors
- help and advice for international students on student visas
- information about workplace rights.

Deakin's Jobshop is available to all students, so why not get a head start and take advantage of this invaluable resource today! Visit www.deakin.edu.au/studentlife/aheadstart.

Become an Alumni member

The Deakin Alumni Community enables you to keep or renew contact with your student and professional networks around the world and can help enhance your career. Deakin takes great pride in the achievements of its graduates and staff throughout the world and aims to provide life-long learning and networking opportunities for all its Alumni.

As a Deakin graduate you are invited to become a member of our vibrant online Deakin Alumni Community to maintain your relationship with our institution after you leave.

The Faculty has the following Alumni Chapters:

- Dietetics Chapter
- Food and Nutrition Chapter

- Health Chapter
- Nursing Chapter
- Occupational Therapy Chapter
- Psychology Chapter
- Social Work Chapter
- Sport Chapter

Please visit the Faculty Alumni web site for more details: www.deakin.edu.au/hmnbs/alumni.

Contributions and feedback

To provide feedback on the newsletter, or to contribute content for possible inclusion in a future edition, please contact:

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