

Deakin wins the 2011 National Health Fusion Team Challenge



Paul Dodemaide, Margie Conley, Vivian Winkler, Penny Watts, Radhika Sheorey and Emily Dalton

On Friday 26 August an interprofessional team of Deakin students won the National Health Fusion Team Challenge, hosted by the University of Queensland in Brisbane. 2011 is the first time Deakin has entered a team in this national event, and the Faculty of Health and the broader University are thrilled with the success our students have had.

The Health Fusion Team Challenge (HFTC) is a national extracurricular competition between mixed interprofessional teams of health students nearing the end of their studies. The event provides students with the opportunity to demonstrate expertise in teamwork and collaboration as they develop a management plan for a client with complex health needs. The highlight of each HFTC is the public competition where student teams come together to present their management plans to a live audience and panel of expert judges.

'The goal of Interprofessional Education and this National Challenge is for students

to learn from, with and about each other. I couldn't have been more proud of the students' efforts in achieving these goals,' said Mrs Catherine Ward, Lecturer in Interprofessional Collaboration in Healthcare, School of Psychology.

The 2011 event saw Deakin compete with teams from Flinders University, Griffith University, Monash University, Queensland University of Technology, the University of Melbourne, the University of Queensland and the University of Sydney.

Deakin's winning team was made up of students from across the Faculty of Health:
 Marguerite Conley – Master of Dietetics
 Emily Dalton – Bachelor of Nursing
 Paul Dodemaide – Bachelor of Social Work
 Radhika Sheorey – Bachelor of Medicine Bachelor of Surgery
 Penelope Watts – Master of Psychology (Clinical)
 Vivian Winkler – Bachelor of Occupational Therapy

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Deakin wins the 2011 National Health Fusion Team Challenge... continued

The students were tasked with compiling and presenting a management plan for a 23 year old man with an acquired brain injury sustained in a motor vehicle accident. Ten months after the accident the man was left with memory loss, epilepsy and reduced motor control, which was leading to falls. He also had increased emotional outbursts, frustration, and lived in a very complex family situation.

The students had a four-week preparation period, during which they met on eLive and in person, and did their own research to come up with a management package for the patient. Health practitioners in the community and several Deakin staff acted as mentors during this period.

On the day of the National Health Fusion Team Challenge, after participating in a series of heats throughout the day, each team presented their management plan in front of a live audience and panel of expert judges. At the completion of all presentations each team was asked to respond to a series of timed extension questions or exercises designed to test their teamwork skills under pressure. During this process they were questioned by the judging panel about the case and the teamwork processes they used.

Team challenges during the day, such as interviewing the patient's mother, designing a teamwork poster and coming up with a 30 second 'Don't Drink and Drive' advertisement in 30 seconds, tested the group's teamwork skills.

'The HFTC was a fantastic experience,' said Marguerite Conley, who recently

graduated from Deakin's Master of Dietetics. 'On the day, seeing teams from universities across Australia working together, constantly being challenged, making decisions under pressure and supporting not only their team but also their competitors, shows how powerful a collaborative approach to patient care is. As a recently graduated dietitian, the HFTC has changed the way I will practice, and I encourage all health care students to be involved whether at a university or national level!'

The teams from Deakin University, Sydney University and the University of Queensland made it into the final round of the competition, with Deakin being declared the winner by guest speaker, Associate Professor Carole Orchard, Coordinator of Interprofessional Health Education and Research, University of Western Ontario, Canada. Deakin's team was particularly praised and complimented on, among other things, their acknowledgment of the patient and his family as being critical components of the patient's care plan.

Master of Psychology (Clinical) student Penelope Watts said, 'It was a privilege to be selected to participate in the intercollaborative health care challenge. This event consisted of the most intense public speaking that I have ever been involved in – you really had to think on your feet – which made the achievement even more memorable and rewarding. Our team was a very passionate group that seemed to have a great balance of being assertive, listening to each other, being creative, having fun and of course embracing the competitive spirit!'

The students' presentation was extremely professional, well researched and thorough. They were fantastic ambassadors for Deakin University not only in the final event, but also through the course of the entire day. They put in a great deal of preparation before the event and approached it with a high level of enthusiasm, and this was evident in their teamwork skills and the quality of their presentation.

The win highlights the efforts Deakin's Interprofessional Education Steering Committee and the Interprofessional Education Coordinator, Mrs Sherryn Evans, have put into establishing an Interprofessional Education program at Deakin over the past three years. Congratulations also to Mrs Catherine Ward, Lecturer in Interprofessional Collaboration in Healthcare, who helped lead the students to success by coordinating Deakin's efforts in the Health Fusion Team Challenge.

Become a Peer Mentor in 2012

Do you remember what it felt like to be a new first-year student? Starting university can be an overwhelming experience as students try to cope with the completely new and unfamiliar setting.

This is where student mentors come in. A new group of nervous and excited students will commence studies at Deakin University in 2012 and the Faculty of Health would like to invite you to become a Peer Mentor as part of our support program for new students.

By becoming a Peer Mentor in 2012 you will help first-year students during their transition into life at university.

What is Peer Mentoring?

Peer Mentoring Programs are offered to students enrolled in courses in the Faculty of Health across all Campuses. The Peer Mentoring Program aims to provide support for international and domestic students during their transition into university life.

As a Peer Mentor you will:

- translate university language, programs and requirements for new students
- provide a positive role model to new students
- act as an information conduit between staff and students
- help new students feel a sense of belonging at university
- refer students to appropriate services for support.

What is required of a Peer Mentor?

In your role as Peer Mentor you are expected to meet the following obligations:

Meetings

Schedule and attend weekly meetings (on

time) with your mentees for the first four weeks of trimester for approximately an hour.

Mentor Diary

All Peer Mentors must fill in their Peer Mentor Diary after each week's meeting with your mentees. The diary provides an overview of what you have covered with your group, as well as issues and challenges facing first year students.

Events

Attend all scheduled Peer Mentor events (one day during Orientation Week and up to two additional events during the first four weeks of trimester). Dates of these events will be provided to you in early December.

In addition Peer Mentors must:

- maintain confidentiality at all times
- be committed to the Peer Mentoring Program
- act in a professional and appropriate manner that sets a positive example to all students
- notify the Peer Mentoring Coordinator of any issues during the program.

What are the benefits of being a Mentor to new students?

- You will have the chance to meet new people and establish friendships.
- You will have the opportunity to share and build on your knowledge of university life.
- You will have the chance to use and enhance your personal and academic skills.
- Being a Peer Mentor will enhance your personal and professional development.
- Peer Mentoring adds skills to your CV, which may assist with your future employability.
- You will gain the satisfaction of helping

new students cope with starting uni.

At the completion of the program you will receive a Certificate of Participation, a letter of commendation for your CV, as well as credit on your Deakin Card to the value of \$100 in recognition of your support of the program. Please note that students must have successfully completed their role as Peer Mentor to be eligible for the formal recognition mentioned above.

Peer Mentor training

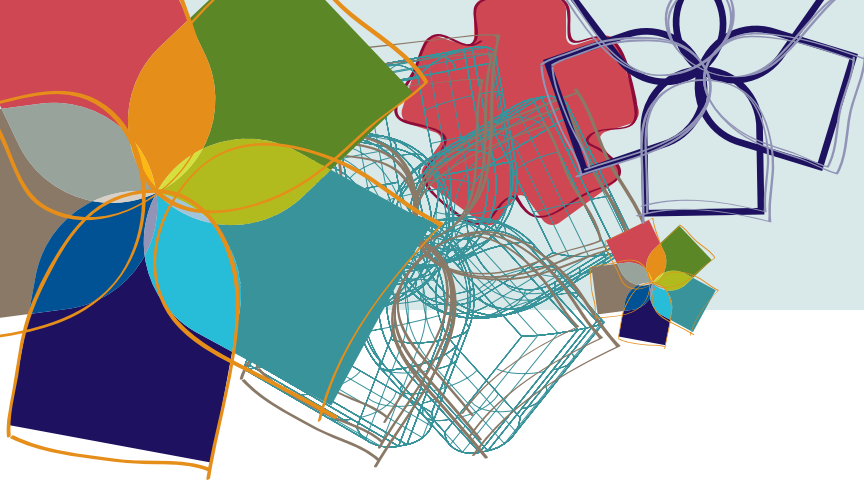
Peer Mentor training will be conducted at all Campuses in January and February 2012. Training is compulsory and takes place over two half days. At the end of training Peer Mentors will have developed and enhanced the following skills: communication, leadership, team building and problem solving. In addition, you will have the opportunity to participate in interactive learning experiences with key University staff and network with your fellow Mentors. At the conclusion of your training you will receive a certificate that recognises the development of the above skills.

How do I get involved?

Fill out the online application form by Friday 4 November. You will be notified of the outcome in writing in early December 2011. For successful applicants, this letter will also contain the training dates at each Campus. Training is compulsory for those wishing to become Peer Mentors.

If you have any questions please contact Health – Student and Academic Services on (03) 9251 7777.

Register online now at www.deakin.edu.au/hmnbs/peer-mentoring/appform/index.php.



Improving the health of Australia's Indigenous communities

Amandine Hamilton-Smith, who graduated from the Bachelor of Health Sciences earlier this year, took part in Youth Challenge Australia (YCA) earlier this year. Amandine was thrilled to have been selected for the Challenge out of a pool of around 8000 applicants.

Youth Challenge Australia is a not-for-profit, Australian-based, non-government organisation that engages Australian youth in community projects that assist the growth of sustainable and positive community development.

Amandine worked, with others who had been chosen to be part of YCA, with local Indigenous communities in West Arnhem Land for five weeks in July this year. Amandine spent much of her time with the children in the communities in which she worked. She was able to get involved with activities and games, and experience life as an Indigenous child would in the area.

'I observed and tried to understand to the best of my abilities how they live, what their food availability is, about their culture and beliefs, about why they do things a certain way, I tried to live like them and immerse myself in as much of their culture as I could for the whole five weeks,' Amandine said.

'We did many activities with the kids, like gathering bush tucker, hunting for long-necked turtles, rollerblading, dance lessons, beading, making damper, face painting, playing AFL, swimming and learning about the land and their culture, to name a few.'

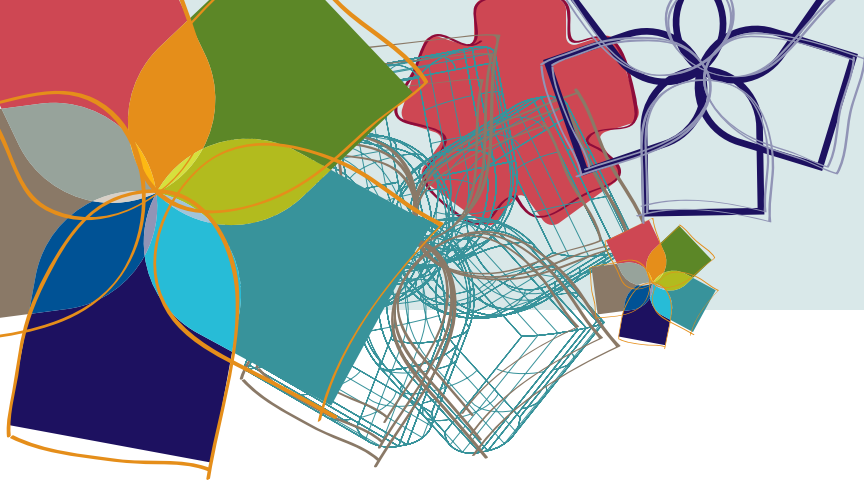
During her work with the Indigenous youth Amandine hoped to empower the communities to be proactive about their health and to come up



with solutions to some of the health issues they are experiencing. And with this aim in mind Amandine knew she needed to spend time learning about Indigenous Australians and their culture and lifestyle, and really understand the people so that she could relate to them and communicate on an equal level. She spent time doing research before her trip, and, once there, took the time to listen to the local people and try to understand their lives. 'I learnt how to value different cultures and understand things from other people's perspectives', she said. This rare experience is one that Amandine

will long treasure. She feels she has grown as a person and takes away a great deal from her time with the Aboriginal people.

'It's been a remarkable and incredible experience that I wouldn't take back for anything. Through this experience I have become more calm, more patient more observant, more open minded and I've grown so much as a person,' Amandine said. 'I want to thank the Maningrida people for sharing such a unique and beautiful experience with me.'



Medical students place fourth in Emergency Medical Challenge

A Deakin delegation that attended the Australian Medical Students Association (AMSA) National Convention in Sydney in July this year was hugely successful, coming fourth in the Emergency Medical Challenge. The Deakin medical students competed against 20 other medical schools in the Emergency Medical Challenge, a prestigious competition that involves a team working together in simulated situations to provide medical treatment.

As part of the challenge, students had to provide medical treatment in a variety of

medical situations, such as: dodge water bombs whilst carrying a 50 kg dummy up a slope; perform an emergency delivery for pre-eclampsia; save an unconscious patient at a rave whilst dealing with other drug-affected patrons; suture a laceration; save three victims from a fire, among others.

Congratulations to the students who took part in this challenge. It is a particular achievement for such a young medical school!



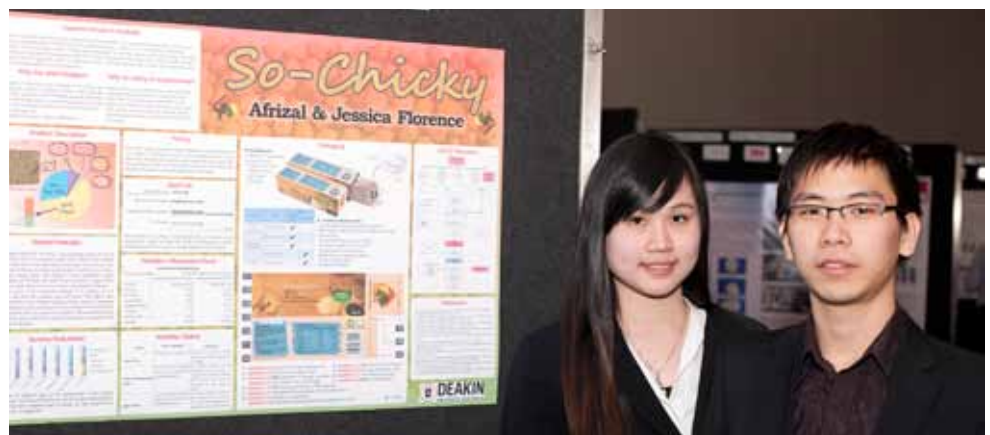
Deakin students win the Student Product Development Competition

Two Deakin Bachelor of Food and Nutrition students recently won the Australian Institute of Food Sciences and Technology (AIFST) 2011 Student Product Development Competition.

Mr Afrizal and Ms Jessica Florence produced 'So Chicky' – a low fat, high nutrient, gluten free, soy and chickpea based cracker incorporating chia and poppy seeds – a delicious snack food claiming to be healthier than the majority of wheat-based crackers on the market.

The Deakin students competed against a team from the University of Western Sydney, who developed the 'Mediterranean Savoury Muffin Bar'.

Afrizal and Jessica will have their product featured in *Food Australia*, the AIFST's



Jessica Florence and Afrizal

monthly journal, and will share in the \$1000 prize, as well as receiving an award plaque.

Entry to the competition each year is

open to undergraduate student AIFST members. Visit www.aifst.com.au for more information about the competition.



Faculty clubs and societies

The Faculty of Health has a range of student clubs and societies that provide students with fantastic opportunities to meet fellow students, have fun, and engage in social and networking activities.

Join a club today!

Deakin Nursing Society

An invaluable resource for all Deakin Nursing students. Deakin Nursing Society provides social opportunities for nursing students, whilst also functioning as an advocacy and learning resource.

Deakin Nursing Society is an official DUSA club.

For more information

Deakin Nursing Society Facebook:
www.facebook.com/group.php?gid=57301089716&ref=ts#!/pages/Deakin-Nursing-Society/142206995534

Email: dusa-nursing-society@deakin.edu.au

Deakin Promoting Health Network (DPHN)

The Deakin Promoting Health Network (DPHN) is a student-led network that aims to create a cohesive, supportive and fun group for all Deakin students studying public health and health promotion.

The group provides an opportunity to get to know future colleagues better, whilst practising skills learnt throughout your degree.

DPHN is an official DUSA club.

For more information

DUPH Facebook: www.facebook.com/group.php?gid=89495768476&ref=search

Email: dusa-deaphn-club@deakin.edu.au

Deakin University Sport Studies Club (DUSSC)

Deakin University Sport Studies Club (DUSSC) is a social and professional development club for students and staff who are connected to Deakin's exercise and sport science, sports development, sports management and physical education degrees at undergraduate and postgraduate level. In addition to sporting and social events held throughout the year, DUSSC holds seminars about how the different disciplines within the sport and exercise field operate.

DUSSC is an official DUSA club

For more information

DUSSC Facebook: www.facebook.com/home.php?#!/group.php?gid=11763901070&ref=ts

Email: dusa-unisport-studies@deakin.edu.au

Food and Nutrition Students (FANS)

FANS is the student society for food and nutrition students. The group aims to increase active engagement of both local and international students who study food and nutrition courses at Deakin; and to build a bridge between these students and alumni who work in the field of food and nutrition.

FANS is an official DUSA club.

For more information

FANS Facebook: www.facebook.com/home.php?sk=group_57301089716

FANS 2011 update

The Food and Nutrition Students club (FANS) is a growing student society that aims to increase active engagement of students studying food science and nutrition units and to connect these students with alumni now working in the field.

In 2010 FANS had 69 members; so far in 2011 we now have over 100 members, with both on- and off-campus students constantly joining. The large increase is partly attributed to our presence at Orientation Week, where many first-year students were introduced to the club in their welcome session and subsequently signed up at the FANS stall.

In week three FANS, Deakin University Sports Studies Club (DUSSC) and the Faculty of Health held a lunch for first-year students and their peer mentors. FANS provided salad and juice for the event, which had an attendance of 134 people.

In week five FANS held a breakfast for students, with products donated from Sanitarium.

FANS is currently planning an end of exams party where students will have the opportunity to unwind, socialise and network in a non-university setting. Given the success of this event last year, we are all very much looking forward to it!



Faculty clubs and societies continued...

MEDUSA

MEDUSA – Deakin University Medical Students Society – is a club for Deakin medical students. MEDUSA membership is open to all current Deakin medical students. The group advocates to the University, the Faculty, and the School of Medicine, and runs a variety of activities and events throughout the year including transition and orientation events, social events, charity fundraisers, and academic events.

MEDUSA is an official DUSA club.

For more information

MEDUSA web: www.medusa.org.au
Email: secretary@medusa.org.au

MEDUSA 2011 update

It's been a busy year for MEDUSA, finally welcoming the fourth cohort of Deakin medical students to give us a full complement of year levels for the first time! Our first group of students to graduate will do so at the end of this year, and are currently applying for internships at hospitals throughout Victoria.

So far this year, MEDUSA has run our classic and ever popular events such as Medcamp and cocktail night, and numerous academic and global health events. The Med School's Shave for a Cure event again raised thousands of dollars for the Leukaemia Foundation, and saw our very brave Head of School Professor Brendan Crotty joining students in sacrificing his hair. Students are looking forward eagerly to August's Med Ball, and final years to their very own Graduation Ball at the end of the year!

NOMAD – Nursing, Occupational therapy, Medicine, Allied health @ Deakin!

All students in the Faculty of Health across all Deakin campuses are invited to join NOMAD (Nursing, Occupational therapy, Medicine, Allied health @ Deakin). NOMAD is Deakin's multidisciplinary rural health club. NOMAD's goals are to promote rural health careers to students of all ages, promote health in rural areas and increase awareness of the issues

pertaining to rural and Indigenous health care.

NOMAD is an official DUSA club

For more information

NOMAD Facebook: www.facebook.com/?sk=messages#!/group.php?gid=10207174989

NOMAD web: <http://nomad.dusa.org.au>

Email: president.nomad@gmail.com or nomad-healthclub@deakin.edu.au

Psychology Student Society

Deakin's Psychology Student Society is a student-led group that runs social and career-focussed events throughout the year.

The group has an online presence in the form of a DSO portal called 'Psychobabble'. Psychobabble contains career and psychology-related resources.

For more information

Email: Ben Richardson benr@deakin.edu.au

PhD opportunities with the Centre for Physical Activity and Nutrition Research

Two PhD Scholarships in nutrition and population health are available in Deakin University's Centre for Physical Activity and Nutrition Research (C-PAN). C-PAN is a multidisciplinary research centre recognised internationally for its expertise in nutrition and physical activity.

The scholarships, to the value of \$22 860pa, are with Dr Sarah McNaughton, an ARC Future Fellow.

For further information contact Dr Sarah McNaughton
sarah.mcnaughton@deakin.edu.au
Phone +61 3 9251 7842

For more information on the specific research projects available, and details about how to apply, visit:

www.deakin.edu.au/hmnbs/cpan/PhD_scholarships_flyer_final.pdf



Graduation

Students completing their course in Trimester 2, 2011 will be sent information in November regarding the application process for the March/April 2012 graduation ceremonies. You will receive a hard copy letter inviting you to apply to graduate, so it's vital that your address

details are up to date. Should you need to change your postal address, you should do this on StudentConnect.

A full schedule of 2012 graduation dates will be available shortly at www.deakin.edu.au/current-students/

[study-information/graduation/dates.php](http://www.deakin.edu.au/current-students/study-information/graduation/dates.php).

Graduate queries can be direct to graduations@deakin.edu.au.

Results

Student results will be available on Thursday 10 November.

How to access your results

There are two ways to access your results:

1. By SMS. You can register to have results released by SMS to your mobile from 5.30

pm on Thursday 10 November. You must register for this service each trimester at www.deakin.edu.au/results/sms

2. From StudentConnect. Results are available from 6 pm on 10 November on StudentConnect. Simply login to StudentConnect using your

Deakin username and password. An Assessment Notice can be printed from StudentConnect.

Become an Alumni member

The Deakin Alumni Community enables you to keep or renew contact with your student and professional networks around the world and can help enhance your career.

Deakin takes great pride in the achievements of its graduates and staff throughout the world and aims to provide life-long learning and networking opportunities for all its Alumni.

As a Deakin graduate you are invited to become a member of our vibrant online Deakin Alumni Community to maintain your relationship with our institution after you leave.

The Faculty has the following Alumni Chapters:

- Dietetics Chapter
- Food and Nutrition Chapter

- Health Chapter
- Nursing Chapter
- Occupational Therapy Chapter
- Psychology Chapter
- Social Work Chapter
- Sport Chapter

Please visit the Faculty Alumni web site for more details: www.deakin.edu.au/hmnbs/alumni.

Contributions and feedback

To provide feedback on the newsletter, or to contribute content for possible inclusion in a future edition, please contact:

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