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Introduction

Welcome to the School of Exercise and Nutrition Sciences and congratulations on your success in achieving a place in the Bachelor of Exercise and Sport Science.

The H343 Bachelor of Exercise and Sport Science comprises of 24 credit points: 14 core units and 10 electives.

It is important to retain this guide for your information throughout your time at Deakin.

In addition to utilising the guide, we encourage students to contact us with any queries in relation to the course or enrolment.

Health Student and Academic Services

The Faculty of Health Student Centre provides:

- Initial contact point for student and course related enquiries
- Distribution of forms (credit for prior learning, course transfer, enrolment variation)
- Assessment cover sheets, extension forms and submission/collection point
- Peer mentoring information
- Special consideration help and advice
- STAR timetable assistance

The Health Student and Academic Services is located at:

- Burwood: Building Y, Room 101
- Geelong Waurn Ponds: Building dd, Room 2.125
- Telephone: 9251 7777, Email: health-enquire@deakin.edu.au

School Contacts

Course Director
Dr Stuart Warmington
Location: Burwood campus

Deputy Course Director:
Dr Dan Dwyer
Location: Geelong, Waurn Ponds campus

Student Advisers
Kerry Becchetti, Lisa-Maree Hardwick, Jessica Lingham and Emma Smith

Please forward any queries regarding this course to Student Advisers as per the contact details below:

Tel: 03 9244 5436
Email: ens-enquire@deakin.edu.au
Course and Enrolment Information

Course Overview

The H343 Bachelor of Exercise and Sport Science is designed to equip students with the necessary skills, understanding and attitudes to pursue professional careers in the exercise and sport science fields.

The broad educational aims are:
- to provide students with a sound foundation of theoretical and applied skills in the sports sciences and allied fields; and
- to develop in students the necessary competencies to become professional leaders in the selected exercise and sport science fields.

The course offers the opportunity to study the biological, sociological and behavioural bases of exercise and sport science.

Course Rules

- The course comprises of 24 credit points; 14 core units and 10 elective units.
- A maximum of 10 credit points may be taken at level 1 and at least 4 credit points must be taken at level 3.
- 2 electives must be taken from the Faculty of Health; HXX-coded units.
- A maximum of 8 credit points may be selected from other Faculties in the University.
- Must complete a Compulsory Practicum Unit in Third Year. (HSE312 Exercise and Sport Science Practicum).

**IMPORTANT NOTE:** Students are only permitted to study units available at their enrolled campus or via Cloud mode. For example, if you are enrolled in H343 course in Geelong campus, you must attend either Geelong on-campus classes or enrol in Cloud mode units.

Major Sequences and Specialisations

It is not mandatory to undertake a major sequence but it is highly recommended.

2 of the electives must be from the Faculty of Health: HXX-coded units and they can be taken in any trimester.

Majors can be selected from within the Faculty of Health or any other Faculties, subject to availability and pre-requisites. Majors may include:

- Sport Coaching (offered at the Burwood campus only)
- Sports Nutrition
- Exercise Physiology
- Nutrition
- Physical Activity and Health
- Languages or Media
- Health Promotion
- Psychology
- Food Studies (offered at the Burwood campus only)
- Family, Society and Health
- People, Society and Disability
- Marketing

Please note that major sequence options will vary according to campus of enrolment, please refer to the School’s website for further information about majors and course grid templates.

http://www.deakin.edu.au/exercise-nutrition-sciences/enrolment-information

Students who wish to complete a major sequence from another course will need to ensure that they plan their course carefully. Students must remember that they can only study a maximum of 8 credit points from another faculty.

Students may be able to complete two major sequences, however each unit can only be counted once; if a unit is required in two majors, students will apply the unit to one major and select a different unit which complements the other major sequence of study.

For example, the majors Exercise Physiology and Sports Nutrition both contain HSE303 Exercise Metabolism. Students undertaking these two majors together must count HSE303 to only one of these majors. Students must undertake an additional unit in the same discipline area for the second major to make both majors count.
IMPORTANT NOTE:
It is important to select your chosen major sequence at the time of enrolment via StudentConnect by clicking the ‘select unit set sequence’ option under the ‘Enrolment’ heading featured on the StudentConnect webpage. This can be changed at anytime.

Exercise Science – ESSA
The ESSA stream within Deakin’s H343 Bachelor of Exercise and Sport Science is nationally accredited by Exercise and Sport Science Australia (ESSA: https://www.essa.org.au/) at the Exercise Science level. The Burwood (Melbourne) campus was the first to achieve this status in Victoria and recognises our long standing commitment to quality standards in education and curriculum delivery.

Graduates of the H343 Bachelor of Exercise and Sport Science course including the approved units specified for the “Exercise Science – ESSA sequence” may apply for registration for full membership of ESSA at the Exercise Scientist level.

Graduates awarded credit for prior learning for non-university studies (example: credit for prior learning obtained via the Deakin College) may not be eligible for immediate registration with ESSA and should seek further clarification from a course advisor about registration via email ens-enquire@deakin.edu.au

In addition to the completion of the 14 core units within the H343 course, the Exercise Science - ESSA sequence consists of the following units:

- HSE208 Integrated Human Physiology
- HSE304 Physiology of Sport Performance
- HSE311 Applied Sports Science 1
- HSE320 Exercise in Health and Disease
- HSE303 Exercise Metabolism
- HSE309 Behavioural Aspects of Sport and Exercise
- HSE314 Applied Sports Science 2
- HSE311 Applied Sports Science 1
- HSE314 Applied Sports Science 2
- HSE323 Clinical and Sport Biomechanics

Certificate III in Fitness accreditation with Physical Activity Australia
Students can obtain accreditation with Physical Activity Australia to be able to work as an Exercise Instructor by successfully completing the Certificate III in Fitness specialisation as part of the Bachelor of Exercise and Sport Science course.

Eligibility to register for equivalency at the level of Certificate III in Fitness with Physical Activity Australia (PAA), is based on the successful completion of the units listed below.

Units are available in Burwood (Melbourne) and Waurn Ponds (Geelong) campuses
- HSE101 Principles of Exercise and Sport Science Practice (core unit)
- HSE102 Functional Human Anatomy (core unit)
- HSE103 Introduction to Exercise and Sport Science Practice (core unit)
- HSE104 Principles of Sport Coaching (elective unit)

Please also note that apart from completing the above units, students will also need to have completed a Level 2 First Aid course and have a current Cardiopulmonary Resuscitation (CPR) certificate during time of registration. These documents need to be provided to Physical Activity Australia during time of application.

For further information about how to register with Physical Activity Australia and registration categories, please visit their website at http://www.physicalactivityaustralia.org.au/.

Certificate IV in Fitness - Physical Activity Australia
Eligibility to register for equivalency at the level of Certificate IV in Fitness with Physical Activity Australia (PAA), is based on the successful completion of the units listed below.

Units are available in Burwood (Melbourne) and Waurn Ponds (Geelong) campuses
- HSE102 Functional Human Anatomy (core)
- HSE105 Principles of Sport Coaching (elective)
- HSE204 Motor Learning and Development (core)
- HSE301 Principles of Exercise Prescription (core)
- HSE302 Exercise Programming (core)
- HSE309 Behavioural Aspects of Sport and Exercise (elective)
- HSE311 Applied Sports Science 1 (elective)
- HSE312 Exercise and Sports Science Practicum (core)
- HSE314 Applied Sports Science 2 (elective)
- HSE320 Exercise in Health and Disease (elective)
Level 2 First Aid Certificate

All students completing **HSE101 Principles of Exercise and Sport Science** are required to complete a Level 2 First Aid at their own expense. This certificate must be attained and submitted to the Unit Chair by the completion of the unit HSE101. Current Level 2 First Aid certificates will be accepted.

Deakin DUSA will be running Level 2 First Aid course in trimester 1 2016, for more information please refer to [www.dusa.org.au](http://www.dusa.org.au) and click on the tab on the left hand side ‘What’s On’ and then ‘Short Courses’.

Lab Safety Units

All students completing an HSE or HSN unit with a laboratory based component must enrol in the zero credit point unit **HSE010 Exercise and Sport Science Laboratory Safety** or **HSN010 Food and Nutrition Laboratory Safety**.

Units requiring the laboratory safety unit are listed in the online 2016 Handbook. The aim of these co-requisite units is to ensure you are safe to practice within the School laboratories. The unit consists of a short online safety quiz that must be completed prior to your first laboratory class.

You must bring a printed copy of your certificate of completion to your first laboratory class. The unit is only required to be completed once during your degree.

Electives

One of the most commonly asked questions by Exercise and Sport Science students is ‘what can I do with my elective units?’

**Option 1 - Undertake additional units from the areas being majored in**

In addition to the units listed in the majors, the Faculty of Health offers a number of other level 1, 2 and 3 units related to nutrition/food studies and exercise fields. Students undertaking majors in these areas may like to take some of these additional units as electives to strengthen their knowledge and skills (subject to campus availability and having met any prerequisite unit and/or cohort requirements).

These additional units can be found in Deakin’s online handbook. Using the ‘Search for a unit’ link in the handbook students can find the units by typing one of the following options into the ‘Enter a unit code’ field: (NOTE: If the screen appears blank after ‘go’ has been selected, scroll down to find a list of units)

- HSH: Units related to health promotion
- HSE: Units related to exercise
- HSN: Units related to nutrition and food studies
- HPS: Units related to psychology

**Option 2 - Undertake units of interest as electives**

Alternatively, students may take any level 1, 2 or 3 Deakin unit that they would like to study as an elective (subject to campus availability and having met any prerequisite unit and/or cohort requirements). It must be noted that some units within the University are only available to students in select courses.

Students must keep in mind that they may only study a maximum of 10 credit points at level 1 and that only a maximum of 8 credit points of electives can be studied from outside of the Faculty of Health.

Students can search for a complete listing of units offered throughout Deakin via the online handbook. Using the ‘Search for a unit’ link in the handbook type one of the following options into the ‘Enter a unit code’ field: (NOTE: If the screen appears blank after ‘go’ has been selected, scroll down to find a list of units)

- A: All Arts units offered by the Faculty of Arts and Education
- E: All Education units offered by the Faculty of Arts and Education
- H: All units offered by the Faculty of Health
- M: All units offered by the Faculty of Business and Law
- S: All units offered by the Faculty of Science, Engineering and Built Technology

**Recommended level 1 electives from the Faculty of Health** you may wish to consider undertaking in the first year of your study:

- HPS111 Introduction to Psychology A
- HPS121 Introduction to Psychology B
- HSN101 Food: Nutrition, Culture and Innovation
- HSE105 Principles of Sport Coaching
- HSH105 Understanding Families and Health

For a full list of electives or information about unit information and availability, please refer to the online handbook: [http://www.deakin.edu.au/students/university-handbook/](http://www.deakin.edu.au/students/university-handbook/)

Exercise and Sport Science Guide 2016 - Deakin University reserves the right to alter, amend or delete details

Updated 26/11/15
Course/Enrolment Terminology

The H343 Bachelor of Exercise and Sport Science consists of 24 credit points. But what is a credit point? University terminology can often be confusing to new students. The common terms that a student will encounter are deciphered below:

**Course Code:** Each course has a distinct code. 
H343 is the course code for the Bachelor of Exercise and Sport Science.

**Unit Code:** Each unit, or subject, has a distinct alphanumeric code e.g. HBS109. 
All units offered by the Faculty of Health commence with the letter ‘H’.

**Unit Name:** Each unit has a distinct unit name e.g. 'Understanding Health'.

**Unit Level:** H343 studies are undertaken at three different levels: 
Level 1 represents the initial level of study (i.e. units normally taken in Year 1) with level 3 representing the most advanced level of study (i.e. units normally taken in Year 3 of study). 
The level of a unit can be determined by the unit code. The first number in a unit code indicates the level of the unit e.g. HBS\textsuperscript{1}09 is a level 1 unit; HSE\textsuperscript{2}02 is a level 2 unit; HSE\textsuperscript{3}02 is a level 3 unit.

**Credit Point:** Refers to the value of a unit. 
One unit is normally worth one credit point e.g. HBS109 = 1 credit point. 
Some units within the University are worth more than one credit point. 
Students may enrol in a maximum of four credit points a trimester.

**Prerequisite:** A prerequisite is a unit required to be studied and completed prior to enrolling in a subsequent unit. For example, HSN201 has a prerequisite of HBS109. Students must pass HBS109 before taking HSN201.

**Corequisite:** A corequisite is a unit required to be studied prior to or simultaneously with a particular unit.

**Elective Unit:** An elective unit is a non-prescribed unit. It is a unit of choice (subject to course rules, campus availability and students having met any prerequisite requirements).

Campus Modes

The campus(es) of offer of each major are indicated through use of the following key:

- **B:** Available on campus at Burwood
- **G:** Available on campus at Geelong - Waurn Ponds
- **S:** Available on campus at Geelong - Waterfront
- **W:** Available on campus at Warrnambool
- **Cloud (X):** Available online/off-campus
- **CBD:** refers to Institute of Koorie Education – Community Based Delivery

**Cloud (X)** indicates that all of the units in the major are available in online/off-campus mode. A unit delivered in online/off-campus mode may require students to attend workshop/lab activities at a campus for a limited time during the trimester. Students should check the delivery details of units offered in this mode in Deakin’s online handbook.

Further Study

After completing the H343 Bachelor of Exercise and Sport Science, students may elect to further their qualifications and expertise through study in a specific area of interest. Eligible students may undertake an Honours degree then apply for entry into the Higher Degree by research program. Alternatively, eligible students may wish to consider applying for a Graduate Certificate, Graduate Diploma or a Masters degree by coursework.
Unit Set

A Unit Set is the grouping of subjects which together make up an approved major sequence or specialisation. A successfully completed major sequence and specialisation will be listed on your academic transcript. Students are required to enter their unit set/s via studentconnect, so administrative staff can check your major/s or specialisation eligibility when assessing your graduation application.

Please note:
• ESSA units sequence specialisation will be printed on your transcript but not on your testamur.

• The Master of Dietetics pre-requisites ‘unit set’ is not a major nor a specialisation; this ‘unit set’ will not be printed on your transcript nor your testamur. Enrolling into this unit set will assist the School to identify students who are undertaking the Master of Dietetics pre-requisite units and provide prompt advice to students should we receive future updates regarding Dietitians Association of Australia (DAA) requirements. Please note also that completing this unit set does not guarantee you a place in the Master of Dietetics course.

To add a ‘unit set’, also known as a major sequence or specialisation or to withdraw from a ‘unit set’, go to StudentConnect and click ‘Enrol in Unit/Course’.

Your Future

It is never too early to start thinking about your career. The following web sites are useful resources:

• School of Exercise and Nutrition Sciences career website: http://www.deakin.edu.au/exercise-nutrition-sciences/careers

• Division of Student Life, Deakin University: www.deakin.edu.au/current-students/services/careers/index.php

• Graduate Careers Australia: www.graduatecareers.com.au

• Graduate Opportunities: http://www.graduateopportunities.com
Other Important Information

This section should be read in conjunction with the information distributed during Orientation Week.

Academic Calendar / Important Dates

The Deakin academic year is currently divided into three trimesters:

- Trimester 1
- Trimester 2
- Trimester 3

Trimester 3 is an optional summer trimester offering a limited number of units. The units that will be available in the next upcoming trimester 3 are advertised from early September via the Deakin website in the online handbook.

All students must refer to important dates listed on the online handbook. These dates are subject to change each year. [http://www.deakin.edu.au/study-at-deakin/important-dates](http://www.deakin.edu.au/study-at-deakin/important-dates)

Adding or Changing Units

Students have the opportunity to reassess the units that they are enrolled in for any given trimester.

Students can add further on-campus units to their enrolment (if not enrolled in the maximum of four credit points) or change an on-campus unit for another up until the last day of the first week when trimester starts. However we recommend that students finalise their enrolment before the start of the trimester.

The final deadline to add or change units can be found in the ‘Important Dates’ section of Deakin’s handbook.

Students can add or change units via the relevant links in the ‘Enrolment’ section on StudentConnect. [www.deakin.edu.au/studentconnect](http://www.deakin.edu.au/studentconnect)

Assignment Writing and Referencing Guide

This guide is an excellent resource for new and continuing students. This guide looks at the types of assignments commonly set at university and considers what is involved in producing a good assignment. It covers how to report and discuss the ideas and finding of others, how to correctly reference sources and how to avoid plagiarism.

This guide will be distributed during Orientation Week. Alternatively, it is available online via [www.deakin.edu.au/students](http://www.deakin.edu.au/students) (refer to ‘Academic Skills’ under the ‘Study Support’ section).

Booklists

The list of textbooks required for each unit can be found online by visiting the ‘Student Booklist’ section of Deakin’s bookshop at [www.dusabookshop.com.au](http://www.dusabookshop.com.au). The textbooks listed as prescribed will be used throughout the trimester.

New or second hand textbooks can be purchased from the on-campus bookshop or alternatively can be ordered via their online and phone textbook service.

Careers Information

Career information is available for all Deakin Students at: [www.deakin.edu.au/students/jobs-career](http://www.deakin.edu.au/students/jobs-career)

In addition, the School of Exercise and Nutrition Sciences has developed a careers section.

This information is accessible from the School website [www.deakin.edu.au/healthv/ens/careers/index.php](http://www.deakin.edu.au/healthv/ens/careers/index.php)
Change of Personal Details

Prior to the beginning of each trimester, it is a student’s responsibility to ensure their enrolment and contact details are up to date. Students can check and change their contact details using the ‘Update your addresses’ link on StudentConnect.

CloudDeakin

CloudDeakin is the primary application used at Deakin to deliver web-based course material and assessment tasks, and facilitate communication and collaboration between staff and students. It is Deakin’s online teaching and learning environment which enhances both on and off-campus learning, and contains web-based course materials and assessment tasks for each unit that a student is enrolled in.

CloudDeakin provides a range of integrated web-based tools for:
- Assessment – quizzes, self-tests, surveys, assignment submission
- Communication – announcements, mail, threaded discussion, chat
- Providing learning materials – create, upload and deliver content
- Other – calendar, ePortfolio, user preferences

It is imperative that students access CloudDeakin regularly during the trimester.

CloudDeakin can be accessed via DeakinSync: www.deakin.edu.au/students

Counselling

Deakin offers a free and confidential professional counselling service to all students. The service offers resources, web based services and one to one personal counselling to assist students to maximise their academic potential and university experience.

For further details please refer to www.deakin.edu.au/studentlife/counselling

Deakin Card

Students must ensure that they obtain a Deakin student card from Deakin Central. The Deakin card is the only accepted form of identification for students whilst on campus. The Deakin card can be loaded with funds and used for services on campus. It is also required for borrowing library materials and accessing online library materials.

For further information on the Deakin card please refer to www.deakin.edu.au/campus-life/services-and-facilities/deakin-card

Deakin Central/ Student Central

Deakin Central is a one-stop-shop providing students with the following services:
- HECS and fee enquiries
- Deakin card advice
- IT services enquiries
- Graduation enquiries
- Assessment enquiries
- Official academic transcripts
- Parking permits

Deakin Central is located at:
- Burwood: Building HE, level 2 Tel: 03 9244 6333
- Geelong Waurn Ponds: Building JB, level 2 Tel: 03 5227 2333

Deakin Email

The University, Course Directors, Unit Chairs and student advisers all communicate important information to students via their Deakin email address. Students must ensure that they check their emails on a regular basis.

A student’s email address will look like: student’s username@deakin.edu.au.

Students can permanently forward their Deakin email to another frequently used email account: http://www.deakin.edu.au/about-deakin/administrative-divisions/esolutions/it-help/email-and-calendars.

Students can access their Deakin email via this link www.deakin.edu.au/owa
DeakinSync

DeakinSync is a student's gateway into Deakin. From DeakinSync, students can gain access to personalised information, facilities and services pertinent to their life as a Deakin student (e.g. CloudDeakin, StudentConnect, Deakin email).

Students can gain access to DeakinSync by selecting the ‘Current Students’ link on Deakin’s homepage http://www.deakin.edu.au/students

Disability Resource Centre (DRC)

Staff at the Disability Resource Centre (DRC) may be able to assist a student if a physical, sensory or learning disability, or a temporary or permanent medical or mental health condition is interfering with their ability to achieve academic goals. The DRC provides a range of tailored support and services to individuals registered with them. For further details please refer to www.deakin.edu.au/equity-diversity/disability-services.php

Faculty Student Manual

The Faculty Student Manual is designed to provide students with general information about the Faculty of Health; its staff, courses, policies and procedures.

The manual is available on the Faculty website via http://www.deakin.edu.au/health/faculty-of-health-current-students

Handbook

The Deakin online handbook provides information on every course available at Deakin (via the ‘Search for a course’ link) and on the units on offer throughout the University (via the ‘Search for a unit’ link). Important dates for the year and Deakin’s academic calendar are also located in the handbook.

The handbook can be accessed via the student portal or www.deakin.edu.au/students/university-handbook

Below is an example of the information students will be provided with when they search for a unit in the handbook.

HBS109 - Human Structure and Function

<table>
<thead>
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<th>Year</th>
<th>2016 unit information</th>
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<tr>
<td>Enrolment modes:</td>
<td>Trimester 1: Burwood (Melbourne), CBD*, Waurn Ponds (Geelong), Warrnambool, Cloud (online) Trimester 2: Burwood (Melbourne) Trimester 3: Cloud (online)</td>
</tr>
<tr>
<td>Credit point(s):</td>
<td>1</td>
</tr>
<tr>
<td>EFTSL value:</td>
<td>0.125</td>
</tr>
<tr>
<td>Unit chair:</td>
<td>Trimester 1: Liz Liberts Trimester 2: Daniel Belavy Trimester 3: Craig Wright</td>
</tr>
<tr>
<td>Contact hours:</td>
<td>3 x 1 hour classes per week, 4 x 2 hour practicals per trimester and 4 x 1 hour seminars per trimester</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Content</th>
<th>Overview of unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment</td>
<td>Basic assessment details</td>
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</tbody>
</table>

| Unit Fee Information |
| --- | --- | --- | --- |
| Student Contribution Rate* | Student Contribution Rate** | Fee rate - Domestic Students | Fee rate – International students |
| $$$ | $ $$$ | $ $$$ | $ $$$ |

* Rate for all CSP students, except for those who commenced Education and Nursing units pre 2010
** Rate for CSP students who commenced Education and Nursing units pre 2010
**Information Technology (IT) Assistance**

Students experiencing IT difficulties can seek assistance over the phone from the eSolutions service desk or in person on campus. For further information please refer to [www.deakin.edu.au/its/servicedesk](http://www.deakin.edu.au/its/servicedesk)

**Intermission (Leave of Absence)**

Deakin University permits enrolled students to be granted a leave of absence (intermission) for a total of two trimesters throughout the duration of their course. Students may take two trimesters of intermission concurrently or may split these over different years. As trimester 3 is an optional trimester, students do not need to apply for intermission if they elect to not undertake any study in this trimester.

International students must seek further advice from student adviser regarding intermission and visa implications. [http://www.deakin.edu.au/students/international/how-do-i](http://www.deakin.edu.au/students/international/how-do-i)

To activate a period of intermission students must apply to intermit via StudentConnect by the following deadlines:
- Trimester 1 intermission = 31 March *
- Trimester 2 intermission = 15 August *

* These dates are subject to change each year - please consult the ‘Important Dates’ section of Deakin’s handbook

Students seeking further intermission (more than two trimesters) need to apply through the Faculty of Health [https://www.deakin.edu.au/health/current-students/intermission/index.php](https://www.deakin.edu.au/health/current-students/intermission/index.php) form online (student username and password is required).

**Library Use**

Library use is an important part of academic life. It is essential that new students familiarise themselves with how to use the library. Library tours are available during Orientation Week and should be attended. Deakin’s online library can be accessed from the student portal or via [www.deakin.edu.au/library](http://www.deakin.edu.au/library)

**Maximum Completion Time (Maximum Period of Candidature)**

Deakin University sets timeframes in which degrees must be completed. These timeframes take into account the importance of the currency of knowledge in completing an award.

Students are allowed a maximum of seven years to complete the H343 Bachelor of Exercise and Sport Science. Any official periods of intermission are not included when calculating the seven years.

**Parking**

Deakin students require a parking permit to park on campus between the hours of 8:30am and 4:30pm. Students park in the General Permit (White) bays, with costs dependent on campus and type of permit purchased. Be aware however that a parking permit does not guarantee a park, with parking on a first-come, first-parked basis.

Parking permits can be purchased from Deakin Central. For further information on pricing and type of permits available please refer to [www.deakin.edu.au/services/parking/](http://www.deakin.edu.au/services/parking/)

**Part-time Study**

Deakin domestic students can elect to undertake full-time or part-time study. Students are considered to be undertaking full time study if they are enrolled in 3 or 4 credit points a trimester. Part time study is equivalent to 2 or less credit points a trimester. Students do not require permission to undertake study part time.

Each credit point of study normally requires approximately ten hours of a student’s time per week (including on campus classes). Part time study is therefore recommended for students who are working more than ten to fifteen hours per week and/or who have extensive commitments.

International students must seek further advice from student adviser regarding the implications on their visas if they wish to undertake part-time study and/or online study options. [http://www.deakin.edu.au/students/international](http://www.deakin.edu.au/students/international)
Passwords

Students can change their Deakin password to one that is easier to remember. Students who have forgotten their password can also generate a new one online in a few simple steps.

The above can be actioned from www.deakin.edu.au/password.

Re-enrolment

Students are required to re-enrol each year until the completion of their course. Re-enrolment for the subsequent academic year normally occurs between September and October and is completed online via StudentConnect.

When selecting units for the following year, students should work on the assumption that they will pass all of the units that they are currently studying.

Results

Students’ results are released at the end of each trimester. The date of result release is published in the ‘Important Dates’: http://www.deakin.edu.au/study-at-deakin/important-dates.

Students can view their results via the ‘Results’ link on StudentConnect.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Explanation</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>HD</td>
<td>High Distinction</td>
<td>80% and over</td>
</tr>
<tr>
<td>D</td>
<td>Distinction</td>
<td>70% - 79%</td>
</tr>
<tr>
<td>C</td>
<td>Credit</td>
<td>60% - 69%</td>
</tr>
<tr>
<td>P</td>
<td>Pass</td>
<td>50% - 59%</td>
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<tr>
<td>N</td>
<td>Fail</td>
<td>below 50%</td>
</tr>
<tr>
<td>XN</td>
<td>Fail, unit not assessed</td>
<td>0% - no work submitted</td>
</tr>
</tbody>
</table>

In certain circumstances, a student’s result may be pending at the time of official result release. In these instances, a RI (result pending) grade will be released until the result is finalised. Students who have submitted all unit assessments by the due dates should contact the Unit Chair immediately if a RI result is released.

Special Consideration

Students who believe that their assessment has been, or is likely to be, adversely affected on medical, compassionate or hardship/trauma grounds may apply for special consideration. Students should discuss the matter with the Unit Chair in the first instance, as in many cases an extension on the due date for an assessment will suffice.

Applications for special consideration must be lodged online via the ‘Special Consideration’ link on StudentConnect.

Applications must be made no later than three University working days after the due date of the assessment task or examination date for which special consideration is sought, unless the Unit Chair is satisfied there are exceptional circumstances.

Further information on special consideration is available at: http://www.deakin.edu.au/students/assessments/special-consideration

StudentConnect

StudentConnect is the online gateway to a student’s administrative records.

Using StudentConnect students can:

- Add, change and withdraw from units
- Re-enrol for the following academic year
- View advanced standing awarded
- View and pay their trimester fees
- View their examination timetable
- View their results
- Amend their postal/contact details
- Apply for intermission or discontinuation

StudentConnect is accessed via the student portal or www.deakin.edu.au/studentconnect
Student Exchange
Deakin University offers various programs which provide students with the opportunity to study overseas for a few weeks, a trimester or a year as part of their Deakin degree.

For further information please refer to www.deakin.edu.au/study-at-deakin/study-options-and-pathways/global-study-opportunities

Student Timetable Allocation and Registration (STAR)
STAR is Deakin’s personalised timetabling system that allows students enrolled in on-campus units to register online for tutorials etc. STAR is accessed via StudentConnect.

STAR is not a first come/first serve system. Students’ timetable preferences are collected and then randomly sorted to provide students with a clash free timetable.

Prior to the commencement of each trimester all students enrolled in on-campus units must login to STAR to provide preferences for the classes they wish to attend for each unit. Before placing preferences on STAR students must have a good understanding of the timetable available for each unit. The provisional class timetable can be located at http://www.deakin.edu.au/about-deakin/administrative-divisions/facilities-services/timetable

For further information on STAR please refer to: www.deakin.edu.au/star

Study Skills
Student Life provides services and resources to assist students to develop and improve their academic skills. Academic skills advisers provide individual appointments, classes and web-based study skills assistance covering such areas as referencing, writing essays, exam preparation, note taking and effective reading.

For further information and resources please refer to www.deakin.edu.au/students/study-support

Unit Guide
A unit guide provides essential information about a unit. Most importantly, the unit guide details the assessment tasks for a unit and the due dates of these. The unit guide also provides information about textbooks, extensions, special consideration and how to contact teaching staff.

Unit guides for each unit a student is enrolled in are normally made available at least one week prior to the commencement of each trimester on CloudDeakin.

Withdrawing from Units
Once the trimester has commenced, students can reduce their study load and withdraw from units that they are enrolled in. To avoid incurring a HECS debt, domestic students must ensure that they withdraw from enrolled units by the following census date deadlines:

- Trimester 1 withdrawals = 31 March *
- Trimester 2 withdrawals = 15 August *
- Trimester 3 withdrawals = 15 December *

* These dates are subject to change each year - please consult the ‘Important Dates’ section of Deakin’s handbook

International students must first consult with a student adviser before withdrawing and earlier deadlines apply to avoid incurring a fee debt.

Students can still withdraw from units after the above deadlines but a HECS debt will be incurred. A withdrawn late (WL) or withdrawn fail (WN) grade will also be recorded on a student's academic transcript. In special circumstances, students can apply to the University to have their HECS debt waived. www.deakin.edu.au/study-at-deakin/fees/refunds-and-remissions

The final deadlines to withdraw late or withdraw fail from a unit can be found in the ‘Important Dates’ section of Deakin’s handbook.

Students can withdraw from units via the relevant link in the ‘Enrolment’ section on StudentConnect. Note: Domestic students must be enrolled in at least one unit to keep their place in the course providing they have not exceeded the maximum period of candidature. To withdraw from all units, students must apply to intermit from their studies via StudentConnect.

Exercise and Sport Science / Business (Sport Management) Guide 2015 - Deakin University reserves the right to alter, amend or delete details
Updated 18/08/15
| YEAR 1 | TRI 1 | Human Structure and Function HBS109 | Principles of Exercise and Sport Science HSE101 (co-req:HSE010) | Introduction to Exercise and Sport Science Practice HSE103 (co-req:HSE101) | Exercise and Sport Laboratory Safety HSE010 (0 credit points) | Elective unit | level 1 |
|---|---|---|---|---|---|---|
| TRI 2 | Research Methods and Statistics HSE104 | Health Behaviour HBS110 | Functional Human Anatomy HSE102 (co-req:HSE010) | Elective unit | level 1 |

<table>
<thead>
<tr>
<th>YEAR 2</th>
<th>TRI 1</th>
<th>Elective unit</th>
<th>Elective unit</th>
<th>Elective unit</th>
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</thead>
<tbody>
<tr>
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<td>Elective unit</td>
<td>Elective unit</td>
<td>level 1 or 2</td>
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<tbody>
<tr>
<td>TRI 2</td>
<td>Elective unit</td>
<td>Elective unit</td>
<td>level 1 or 2</td>
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</tbody>
</table>

**Course Rules:**
1. Must complete 24 credit points.
2. No more than 10 credit points may be taken at level 1.
3. Maximum of 8 electives can be from other Faculties.
4. HXX units must be selected from the Faculty of Health units.

All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once. This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the Handbook (http://www.deakin.edu.au/students/university-handbook) This course is currently under review.