



MASTER OF COUNSELLING COURSE

Inherent Requirements and Additional Application Information (Video Upload)

Thank you for your interest in the Master of Counselling course at Deakin University. For many people, working as a counsellor can be highly rewarding and fulfilling. The opportunity to make a positive impact in the lives of others and to see clients make positive changes can provide a great deal of job satisfaction. At the same time, you may gain a deeper understanding of yourself and others and develop new skills and perspectives.

However, a career in counselling is not for everyone. As part of the application process, we invite you to consider the inherent requirements set out below and reflect on whether you are able to meet these requirements. Students with disabilities or other special circumstances may be provided with reasonable adjustment to help them meet the inherent academic requirements of the Master of Counselling.

1. **Communication Skills:** Students must have the ability to communicate effectively and compassionately with a range of clients from diverse backgrounds, using appropriate language and non-verbal cues. They must be able to listen actively, provide feedback, and convey information clearly and concisely.
2. **Empathy and Emotional Resilience:** Students must possess empathy, the ability to understand and connect with clients, and maintain emotional resilience when dealing with challenging situations.
3. **Critical Thinking Skills:** Students must be able to analyse and evaluate information, develop appropriate strategies and interventions, and make sound ethical decisions.
4. **Cultural Humility:** Students must demonstrate a high level of cultural humility and an understanding of the impact of culture, diversity, and social justice issues on the counselling process.
5. **Ethics and Professional Conduct:** Students must be able to adhere to professional standards of conduct, including ethical and legal standards, maintain appropriate boundaries, and engage in reflective practice to enhance their professional growth.
6. **Intellectual Abilities:** Students must possess the intellectual abilities required to engage in independent study and research, including the ability to read, comprehend, analyse and synthesise complex information, and engage in critical and reflective thinking.
7. **Interpersonal Skills:** Students must possess effective interpersonal skills, including the ability to establish and maintain positive relationships with clients, peers, and teaching staff, and work collaboratively as part of a team.
8. **Physical Requirements:** Students must have the ability to engage in the physical and emotional demands of the program, which may include sitting for long periods, engaging in role-play activities, and managing emotionally challenging situations.
9. **Technology:** Students must have access to technology and the ability to use it effectively to engage in online learning, research, and communication with teaching staff and peers.



10. **Intensive Workshops:** Students must be able to attend the compulsory intensive workshops (including organising independent travel and accommodation where needed). These workshops will usually run on weekdays at Deakin's Burwood Campus and dates will be provided well in advance.

11. **Placement:** applicants must be able to organise and attend 200 hours of clinical placement in a suitable counselling environment including 80 hours of direct face-to-face client contact and 45 hours of clinical supervision.

Video Instructions

As part of the selective application process, please create and upload a short 6-minute video that addresses the following questions.

1. Please introduce yourself, state whether you are applying as an international or a domestic student and tell us why you would be suitable for counselling (2 minutes).
2. Please read through the inherent requirements and explain how you meet **Requirement 4 - Cultural Humility** (2 minutes).
3. In thinking about your personal experiences and values, what type of client would you struggle to work with, and why? (2 minutes).

Videos should be uploaded to YouTube as an unlisted video (see instructions below if you need help with this). Please note content that goes past 6-minutes will not be considered in your application.

Please make a word document with a copy of the link and upload to your online application portal

HOW TO UPLOAD YOUR VIDEO TO YOUTUBE

1. Record your video.
2. Sign into your YouTube account. If you don't have an account yet, create one by clicking the "Sign in" button on the top right corner of the YouTube homepage, and then select "Create account."
3. Click on the "Camera" icon on the top right corner of the YouTube homepage.
4. Select "Upload video" from the options that appear.
5. Select the video file you want to upload by clicking the "Select files" button. You can also drag and drop the video file into the upload window.
6. While the video is uploading, add a title and description for your video. Make sure to include your name and any relevant information that admissions officers should know about you.
7. Choose the appropriate privacy settings for your video. So that only the admissions officers to be able to view your video, select "Unlisted".
8. Once the video has finished uploading, click the "Publish" button. You will also need to click the "Share" button, paste into a word document and upload this to your online application portal.
9. That's it! Your admissions video is now uploaded to YouTube and ready to share with admissions officers.

If you have any trouble with any of the steps, YouTube offers helpful guides and support articles on their website. You can also contact their support team for further assistance.