

Graduate Diploma of Applied Sport Science



Prepare for both the technical and managerial sides of elite sport. Advance your sport science career with the Graduate Diploma of Applied Sport Science. This course is designed for busy professionals who want to take the next step within the sport industry.

Build specialised skills in sport science, performance analysis and strength and conditioning, and complement these skills by boosting your management capabilities through studies in leadership, culture development and continuous improvement. These management skills don't just make you more employable, they give you a recipe for team success and allow you to develop your support staff, as well as your athletes.

You'll graduate with the ability to critically evaluate and apply research to make confident, evidence-based decisions in your role in the sport industry.

Course overview

Location: Cloud Campus (online)

Intake and duration: This course is available both full time and part time, depending on the trimester of entry.

Full time duration:

- Trimester 1 commencement: 1 year
- Trimester 2 commencement 1.5 years
- Trimester 3 commencement: 1 year.

Learn from industry-leading academics

The curriculum is underpinned by research, some of which is produced by expert Deakin academics – just one of the reasons why Deakin's School of Exercise and Nutrition Sciences has been ranked the number one sport science school in Australia for three years running.¹

Throughout your course, you'll have direct access to academics with expertise in a broad range of sport science fields. This includes specialist researchers within Deakin's multidisciplinary Centre for Sport Research (CSR) and Institute for Physical Activity and Nutrition (IPAN). Draw on their professional experiences in your everyday work and leverage their industry connections to start forming your own.

Take advantage of our sport partnerships

We have an extensive network of over 150 sport industry connections, and work closely with sporting organisations including the Geelong Cats Football Club, the Melbourne Boomers, Netball Australia and the Melbourne Vixens.

Fit your studies around your life

You can study while you work and complete your degree online in just one year full time. Our premium online learning platform allows you to study on your own schedule.

Work towards a masters degree

The course is made up of eight of the 10 units from Deakin's Master of Applied Sport Science. After completing this course, you may wish to enhance your credentials further by articulating into the Master of Applied Sport Science.

Your career in sport

The course prepares you for career growth in the industry. Graduate with a sought-after combination of sport science and managerial skills that set you up for success in roles such as:

- high performance manager
- strength and conditioning coach
- sports performance analyst.

Study sport with Australia's #1

Deakin's School of Exercise and Nutrition Sciences has cemented its position as one of the world's best, having been ranked #1 sport science school in Australia for the third year running.¹ The Shanghai Global Ranking of Sport Science Schools and Departments recognises academic excellence and industry-leading research by highlighting the performance of the top 300 universities with sport-related units across the world.

deakin.edu.au/course/H607

¹ ShanghaiRanking's Global Ranking of Sport Science Schools and Departments 2018.

Victoria's most satisfied students

For ten consecutive years, Deakin University has achieved the highest level of overall student satisfaction amongst Victorian universities (*Australian Graduate Survey 2010–2015*, *Graduate Outcomes Survey 2016–2019 (GOS)*, *Quality Indicators for Learning and Teaching (QILT)*).

Entry requirements

Bachelor degree or higher; or two years relevant work experience; or evidence of academic capability judged to be equivalent.

How to apply

Applications can be made directly to the University through the Applicant Portal: deakin.edu.au/apply.

For information on the application process and closing dates, visit deakin.edu.au/courses/how-to-apply/postgraduate-by-coursework.

Please note that closing dates may vary for individual courses.

Useful website

Exercise and Sports Science Australia: www.essa.org.au.

Course structure

To complete the Graduate Diploma of Applied Sport Science you must complete 8 credit points. Students who choose to commence the course in Trimester 1 or Trimester 3 can complete the course in 1 year over 3 consecutive trimesters, or part-time equivalent; students who commence in Trimester 2 can complete the course in 1.5 years over 5 consecutive trimesters, or part-time equivalent. An exit point is available in this course at the Graduate Certificate level.

Year 1	Trimester 1	Sport Performance Analysis ¹	The Scientific Process for Sports Scientists	Strength and Conditioning Methods for Athletes ¹
	Trimester 2	Data Analysis and Program Evaluation for Sports Scientists	Advanced Sport Performance Analysis	Athlete and Program Development in High Performance Sport
	Trimester 3	High Performance Management in Sport ¹	Factors Influencing Training Design for Sport ¹	

¹ Units have an on-campus intensive requirement (1 week per trimester in T1 and T3).

This course structure is correct as at July 2020 and should be used as a guide only. There may be additional 0-credit-point units required. Check the relevant course page on Deakin's website for unit details, including trimester and campus availability. Course advice should always be sought from the relevant enrolment officer.

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deakin.edu.au/course/H607

While the information provided here was correct at the time of publication, Deakin University reserves the right to alter, amend or delete details of the course and unit offerings. Published July 2020.
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