

Bachelor of Health Sciences

Melbourne | Geelong
Warrnambool | Online



Disability and inclusion
Environmental health
Exercise science
Family, society and health
Food studies
Health and sustainability
Health promotion
Medical biotechnology
Nutrition
Physical activity and health
Psychological science
Psychology for professional development

Inspire social change

Everyone deserves to lead a healthy life, but many people find that obstacles stand in their way. Through working in a health-related field, you'll have the chance to reduce health disparity and help people – whether in Australia or overseas – to lead fuller, healthier and happier lives.

As a Bachelor of Health Sciences graduate, you'll have the grounding in multiple fields of health sciences to prepare yourself for a successful career in the fastest growing employment sector in Australia.

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Why choose Deakin?

#1 university for student satisfaction in Victoria¹

Top 1% of universities globally²

#1 university for both generic skills and good teaching in Victoria³

Your future in health sciences

Pursue a rewarding career in a growing field

Health sciences encompasses a range of occupations and specialisations, from nutrition and disability inclusion to population wellbeing, environmental health and medical technology.

The health and human services sector is one of the largest and fastest growing industries in Australia and the world. With ageing populations and public health issues like obesity and chronic illness on the rise, and with governments around the world placing emphasis on disease prevention and treatment, employability in the sector is stronger than ever, and continually increasing. In Australia, the health care and social assistance sector is projected to make the largest contribution to employment growth, increasing by 252,600 jobs over the next five years to May 2024.¹

¹ Industry Employment Projections 2019 Report, Department of Employment, Skills, Small and Family Business.

Study what you're passionate about

Specialise in two or three major areas that appeal to you as future careers, and choose elective units to broaden your skill set. Expanding your interests by combining multiple majors and electives can open more doors to further study and increase your employability.

Make a difference

Equip yourself with the knowledge and problem-solving skills to make a real difference to the health of society and combat issues like obesity, sedentary workforce and disability exclusion. The Deakin Institute for Health Transformation's Global Obesity Centre leads the way in this, and has developed RESPOND – a model of creating community-led change to reverse childhood obesity. The model is now in demand by communities around the world.

With Deakin, you can make lasting, positive change to the health of communities and populations in Australia and across the globe.



¹ Australian Graduate Survey 2010–2015, Graduate Outcomes Survey 2016–2019 (GOS), Quality Indicators for Learning and Teaching (QILT).
² ShanghaiRanking's Academic Ranking of World Universities 2019.
³ Graduate Outcomes Survey 2019.

Your future in health sciences

Study when and where you want

Join the thousands of students currently studying online at Deakin's Cloud Campus. You'll learn about health sciences with the same top teachers as on-campus students, with the ultimate flexibility to study anywhere, anytime.

You can also fast-track your degree by studying extra units throughout the year, taking advantage of our three trimesters of study.

Skills to get you a job

Gain a competitive edge in the workplace with real-world expertise and practical skills. Deakin is ranked the #1 university for both generic skills and good teaching in Victoria.¹

¹ Graduate Outcomes Survey 2019.

Gain real-world experience in health

Our strong industry partnerships mean that the Bachelor of Health Sciences matches current industry practice and offers a range of work placement and study abroad opportunities. You could find yourself taking up work experience across:

- government departments
- hospitals
- research institutes
- businesses
- community groups.

With the Health Practicum in your final year, you can complete a 120-hour field education placement. This gives you the opportunity to apply your theoretical knowledge in a real-world context, adding experience to your resume, enhancing your future employment prospects and developing your professional networks in the health sector.

Prepare for a successful career

This flexible degree allows you to combine study areas that you are passionate about, and benefit from workplace learning to become a specialist in the booming health and human services sector.

Our graduates work in community, organisational and project roles in a range of settings, like:

- local government
- non-government organisations (NGOs)
- private organisations
- their own consultancies
- small business.

Depending on your majors, your health sciences degree can prepare you for work in the following roles:

- community engagement officer
- disability support planner
- environmental and sustainability officer
- exercise specialist
- family/community/refugee/indigenous project officer
- food and nutrition policy developer
- food scientist
- health educator or counsellor
- health policy adviser
- health promotion officer
- health and sports marketer or PR officer
- international aid worker
- lifestyle and wellness professional
- nutrition and health promotion coordinator
- policy adviser
- regional health service planner
- youth worker.



'We have had a steady stream of excellent Deakin students over the last two and a half years. Each builds on the work of the previous student, developing and expanding our Refugee and Asylum Seeker Service Directory, plus they get to engage clients in our social inclusion programs. In our experience, Deakin students are talented, passionate, creative and intelligent.'

Rob Koch

Student placement supervisor
Coordinator of Community Development and Volunteer Services
Refugee Health and Wellbeing, Monash Health

Discover the pathway to your perfect career in health

Combining different majors opens the door to more pathways and boosts your employability. Through the Bachelor of Health Sciences, you'll get invaluable experience with work-integrated learning opportunities, equipping you with the knowledge and skills you need to excel in your chosen field once you graduate.

Have a look through the table below for some of the real-world career opportunities that you could pursue upon graduation, depending on your major combination. If you decide to complete a third major, the pathways you can take are even more diverse.

If you'd like to take your health career to the next level, our postgraduate study options in health include¹:

- Master of Public Health
- Master of Health Promotion
- Master of Health Economics
- Master of Health and Human Services Management
- Master of Disability and Inclusion
- Master of Nutrition and Population Health
- Master of Human Nutrition
- Master of Dietetics.

¹ Some courses may require additional experience. Check course pages on our website for full entry requirements.

Major combination	Employer	Role
Psychological science/Psychology for professional development	Country Fire Authority Victoria	Wellbeing Services Advisor
Health promotion/Health and sustainability	City of Melbourne	Sustainability Officer
Health promotion/Nutrition	Inspiro or VicHealth	Health Promotion Officer
Disability and inclusion/Family, society and health	Domestic Violence Victoria	Statewide Disability Inclusion Coordinator
Disability and inclusion/Family, society and health	Brotherhood of St Laurence	Local Area Coordinator
Disability and inclusion/Family, society and health	Araluen Centre	Support Coordinator
Disability and inclusion/Family, society and health	McArthur	Program Coordinator, Social Support
Disability and inclusion/Psychological science	AAA Nextt Group	Disability and Mental Health Support Coordinator
Disability and inclusion/Psychological science	Me Well	Community Mental Health Support Coordinator
Exercise science/Physical activity and health	Sunshine Coast Regional Council	Sport and Recreation Officer
Physical activity and health/Psychological science	University of Southern Queensland	Student Wellness Advisor
Physical activity and health/Nutrition	Mineral Resources Limited	Health and Wellness Advisor
Food studies/Nutrition	Langdon Ingredients	Product Development Technologist – Health
Food studies/Environmental health	Kernow Environmental Services	Environmental Health Officer
Environmental health/Health and sustainability	Boroondara Council	Environmental Health Officer
Medical biotechnology/Environmental health	CMAX Clinical Research	Study Coordinator
Food studies/Environmental health	True Blue Beverage	Food Microbiologist/Technologist

Bachelor of Health Sciences

Discover your passion in the health and human services sector. Our Bachelor of Health Sciences gives you the flexibility and scope to meet your career aspirations.

Course details

Course code: H300
 Campus and ATAR: **C**¹ 59.75 | **B** 60.50 | **WP** 55.05 | **WB**¹ 59.15
 Duration: Three years full-time study or part-time equivalent
 Intake: Trimester 1, Trimester 2, Trimester 3^{2,3}
 VTAC codes: **C** 1400614301 | **B** 1400514301
WP 1400314301 | **WB** 1400714301

Entry requirements

Year 12 prerequisites⁴
 VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL).

Non-Year 12 requirements⁵
 Entry for non-Year 12 applicants is based on their performance in one of the following:

- senior secondary certificate of education with ATAR of at least 50 or equivalent
- certificate IV in a related discipline
- diploma in any discipline or 50% completion of a diploma in a related discipline
- successful completion of relevant study – equivalent to at least two Deakin University units – at an accredited higher education institution
- evidence of academic capability judged to be equivalent, including foundation program approved by Faculty Board, or relevant work or life experience.

IELTS⁶: 6.5/6

How the Bachelor of Health Sciences works

The Bachelor of Health Sciences is made up of 24 credit points spread over three years of full-time study. It includes core units, majors and elective units.

Core units

During your degree you must complete the six core units across the three year levels of the degree. These compulsory core units are designed to give you a solid foundation for a career in the health and human services sector.

Majors

You must complete two of the 12 major areas of study on offer during your degree. Each major is six units taken across the three year levels of your degree (with the exception of the 'Psychological science' major, which has 10 units).

First and second majors

Your two compulsory majors complement each other, expand your career opportunities and help you to tailor your degree to your career goals.

Third major (optional)

Dependent on your other major choices and your particular interests, you can choose to undertake a third major area of study. Your third major can be from health, or even another area of the university, and will take up the remaining unit spaces in your degree.

Electives

If you decide not to do a third major, you can fill the remaining unit spaces in your degree with electives. These individual units can be as varied as you like and can be from within health disciplines or from other areas of the university (prerequisite requirements may apply).

Practical placements

Depending on your major and elective unit choices, you can choose to complete one or more practical placement or work-integrated learning units in your second and/or final year of study. This will give you real-world experience before you graduate.

Honours

If you have an interest in research (and have performed well during your studies) you can apply for an honours year upon completion of your degree. This additional fourth year of study lets you work with a professional researcher to delve into a specialised area of health and human services.

Course structure

The Bachelor of Health Sciences is a professionally oriented degree with a newly enhanced suite of six core units taught across the three years of the degree, equipping you with the core skills and competencies required by contemporary health and human services industries.

Year	Trimester	Core units ¹	Majors and elective units		
Year 1	Trimester 1	Understanding Health HBS107	Major 1	Major 2	Elective or Major 3
	Trimester 2	Health Information and Data HBS108	Major 1	Major 2	Elective or Major 3
Year 2	Trimester 1	Australian Health Care System HSH211	Major 1	Major 2	Elective or Major 3
	Trimester 2	Population Health: A Research Perspective HSH219	Major 1	Major 2	Elective or Major 3
Year 3	Trimester 1	Program Planning, Management and Evaluation HSH323	Major 1	Major 2	Elective or Major 3
	Trimester 2	Integrated Learning for Practice HSH324	Major 1	Major 2	Elective or Major 3

Majors

Become a specialist in two major areas and choose elective units that fascinate you. You can also consider selecting a third major area of study.

Major	Campus
Disability and inclusion	C B
Environmental health	B WP
Exercise science	C ² B WP
Family, society and health	C B
Food studies	B
Health promotion	C B WP
Health and sustainability	B
Medical biotechnology	B WP
Nutrition	C ³ B WP WB
Physical activity and health	C ³ B WP
Psychological science ⁴	C B WP WB
Psychology for professional development ⁴	C B WP WB

1 Academic Integrity (HAI010) is a compulsory 0-credit-point unit that you must undertake as part of this course.
 2 Cloud Campus students will be required to attend some campus-based activities.
 3 Some units are available at the Cloud Campus.
 4 Individual units may not be available on every campus.



1 Cloud Campus and Warrnambool Campus not available to international students.
 2 Trimester 3 is an optional intake, which allows you to fast-track your degree.
 3 For domestic students Trimester 3 is not available at Warrnambool Campus. For international students Trimester 3, like Trimester 1 and 2, is available at Melbourne Burwood Campus and Geelong Warrn Ponds Campus.
 4 Recent secondary education applicants include current Year 12 students in 2020, and Year 12 graduates from 2019 and 2018.
 5 There are four categories under which non-Year 12 applicants may apply to Deakin:
 – applicants with higher education study
 – applicants with Vocational Education and Training (VET) study
 – applicants with work and life experience
 – applicants who completed Year 12 in 2017 or earlier.
 Visit deakin.edu.au/course and head to the course of interest to find out further details on admission requirements.
 6 IELTS is the International English Language Testing System (for international students only). The IELTS score reflects the minimum overall score required, as well as the lowest score allowed for any band (overall score/lowest band score). International student entry requirements can be found at deakin.edu.au/international-students.

Majors

Your choice of majors lets you tailor your degree to your interests. Whatever you choose, this is the degree to propel you into a rewarding career, contributing to the promotion of good health and wellbeing.

Disability and inclusion

The disability and inclusion major is unique to Deakin, equipping you with the skills to work as an inclusion professional, working to overcome the social and structural barriers that contribute to disability. Develop relevant, up-to-date skills and knowledge, including understanding government policy, human rights and advocacy, and inclusive services for people with a disability.

A significant factor contributing to projected employment growth in this sector includes the full implementation of the National Disability Insurance Scheme (NDIS). This leads to a focus on how best to support individuals to achieve their life goals, as well as designing relevant services, and leading changes to foster more inclusive communities. A major new national initiative is the introduction of local area coordinator roles, with new jobs on offer around Australia.

Career opportunities

Studying disability and inclusion enables you to pursue professional work in the disability, health and community sectors. You can take on roles that focus on:

- inclusive communication strategies
- disability services and support
- policy development and advocacy
- human rights.

Environmental health

Studies in environmental health focus on healthy environments, healthy people and the relationships between them. Learn the details of developing and implementing sustainable environmental policy and programs and education strategies, in addition to monitoring issues that impact positive health and the environment. Study units ranging from Microbiology; and Foundations of Food, Nutrition and Health; through to Toxicology; and Risks to Healthy Environments.

Career opportunities

After studying environmental health, you may pursue work in the growing areas of public health and environmental policy. These may include areas as diverse as:

- environmental education
- disease control
- environmental protection
- health education
- food safety
- water and air quality monitoring
- disaster relief
- occupational health
- policy development.

Major units

Year 1	Trimester 1	Communication and Diversity HDS101
	Trimester 2	Diversity, Disability and Social Inclusion HDS106
Year 2	Trimester 1	Inclusive Services HDS209
	Trimester 2	Diversity at Work HDS210
Year 3	Trimester 1	The Inclusive Practitioner HDS301
	Trimester 2	Human Rights and Advocacy HDS310

deakin.edu.au/courses/major/disability-and-inclusion-bachelor-health-sciences

Major units

Year 1	Trimester 1	Cells and Genes SLE111
		Foundations of Food, Nutrition and Health HSN101
Year 2	Trimester 1	Microbiology SLE234
		Epidemiology and Biostatistics 1 HSH205
Year 3	Trimester 1	Toxicology SLE312
	Trimester 2	Risks to Healthy Environments SLE342

deakin.edu.au/courses/major/environmental-health-bachelor-health-sciences



Join the #1 ranked sport science school in Australia

Deakin University's School of Exercise and Nutrition Sciences has been ranked the #1 sport science school in Australia and has placed third in the world by the prestigious ShanghaiRanking's Global Ranking of Sport Science Schools and Departments.¹

¹ ShanghaiRanking's Global Ranking of Sport Science Schools and Departments 2016–2018.

Exercise science

Studies in exercise science equip you with an understanding of the core sciences underpinning both formalised exercise training and recreational physical activity. You'll learn how to apply exercise science to improve individual performance, with a solid understanding of:

- human structure
- human anatomy
- exercise physiology
- biomechanics
- exercise prescription.

You'll experience a range of different learning approaches, integrating your exercise interests with your study, and matching these to your employment objectives. Hands-on learning is a key feature of this major.

Career opportunities

Studying a major in exercise science can lead to a career in:

- the health and fitness industry
- physical assessment
- sports program development
- biomechanics
- aged care fitness
- exercise and sporting roles in community recreation and community development organisations.

Alternatively, you may choose to undertake further study in areas of clinical exercise physiology or applied sport science, to pursue a vocationally focused career within the health and human services sector.¹

Please note: Students who choose to study this major at the Cloud Campus will be required to complete campus-based intensive workshops of two to four days for HSE102, HSE201, HSE202, HSE301 and HSE302.

¹ Additional entry requirements apply for further study in these areas.

Major units

Year 1	Trimester 1	Introduction to Anatomy and Physiology HBS109
	Trimester 2	Functional Human Anatomy HSE102
Year 2	Trimester 1	Exercise Physiology HSE201
	Trimester 2	Biomechanics HSE202
Year 3	Trimester 1	Exercise Prescription for Fitness and Health HSE301
	Trimester 2	Exercise Programming HSE302

deakin.edu.au/courses/major/exercise-science-bachelor-health-sciences

Majors

Family, society and health

The family, society and health major focuses on the household and family as a setting for public and community health. It explores the issues facing households and families, such as the link between healthy human development and healthy households, economic wellbeing and health, and the need for supportive environments. It focuses on current research in family health, as well as contemporary issues in the family health sector.

Career opportunities

Studying family, society and health can lead to valuable work in:

- family and community welfare
- health promotion
- health education
- issues prevention
- policy development
- not-for-profit organisations, offering support services and resources to families.

Major units

Year 1	Trimester 1	Understanding Families and Health HSH105
	Trimester 2	Social Perspectives on Population Health HSH113
Year 2	Trimester 1	Human Development and Healthy Families HSH206
	Trimester 2	Socio-Economic Status and Health HSH207
Year 3	Trimester 1	People, Health and Place HSH306
	Trimester 2	Contemporary Health Issues HSH313

deakin.edu.au/courses/major/family-society-and-health-bachelor-health-sciences

Join the Deakin Sustainable Food Movement

The establishment of Deakin's community garden came about as a result of research undertaken by the Health, Nature and Sustainability Research Group, looking at the opportunities and barriers for developing a community garden at Deakin. A student-led group – the Deakin Sustainable Food Movement – grew from this research, and has played a key role in the development of the garden.

The health and wellbeing benefits are numerous, from mental health to nutritional health. Community gardens provide an increased engagement with nature and a sense of belonging within the broader community, providing new social networks and a sense of collaboration. The added bonus is access to affordable fresh fruit and vegetables.

Food studies

A major in food studies provides extensive knowledge across all areas of the food industry, ranging from the science of food composition to community issues, such as genetically modified foods and food law, microbiology and food safety. Develop an understanding of:

- food and its relationship to health
- the role of nutrition in disease prevention
- food policy
- food development innovation.

Career opportunities

After exploring food studies, you can pursue a range of careers in the food industry, including those in:

- health services
- manufacturing
- product development
- the media.

Food studies can also lead you to further study in human nutrition and dietetics.¹

¹ Additional entry requirements apply for further study in these areas. To be eligible for postgraduate studies in dietetics, you must complete both the nutrition and food studies majors.

Major units

Year 1	Trimester 1	Foundations of Food, Nutrition and Health HSN101
	Trimester 2	The Science of Food HSN104
Year 2	Trimester 1	Sensory Evaluation of Food HSN223
	Trimester 2	Food Safety HSN204
Year 3	Trimester 1	Food Policy and Regulation HSN309
		Food Manufacturing and Process Innovation HSN315

deakin.edu.au/courses/major/food-studies-bachelor-health-sciences

Health promotion

A major in health promotion equips you with the skills to design and implement public programs and community development and engagement initiatives, to enable individuals and communities to achieve their health potential. You will develop a sound knowledge of the causes of health and illness and, in turn, learn effective strategies for the prevention of ill-health. This is combined with practical skills focused on changing lives for the better. These include:

- health education and communication
- health planning
- politics and policy in health
- sustainability management.

Career opportunities

Study in the growth area of health promotion can lead you to roles in public health, education, marketing and policy development. These may include areas as diverse as:

- community engagement
- health promotion
- project management
- health and wellbeing planning
- Indigenous health promotion
- strategic planning
- media and communications.

Major units

Year 1	Trimester 1	Disease Prevention and Control HSH102
	Trimester 2	Health Protection HSH103
Year 2	Trimester 1	Health Communication HSH208
	Trimester 2	Professional Practice HSH212
Year 3	Trimester 1	Politics, Policy and Health HSH302
	Trimester 2	Contemporary Health Issues HSH313

deakin.edu.au/courses/major/health-promotion-bachelor-health-sciences



Majors

Health and sustainability

A major in health and sustainability enables you to understand the environment and how it affects community health. Learn how to identify and predict the impact of human behaviours and policy on natural systems and ecological sustainability, and propose strategies that apply the principles of environmental sustainability and health promotion. Explore the social, economic and environmental determinants of health in areas such as environmental sustainability, climate change and local and global environments for health.

Career opportunities

Studying health and sustainability gives you the skills you need to work in:

- health and sustainability programs
- policy development
- community education and campaigns
- environmental research.

Medical biotechnology

Medical biotechnology uses cells and cell materials to produce pharmaceutical and diagnostic products that help treat and prevent human diseases. This major provides you with a sound understanding of the core sciences underpinning biotechnology for medical advancement, and develops your investigative skills in a wide range of health and medical science areas. Explore units ranging from gene technology and medical diagnostics, through to cell engineering and medical innovation.

Career opportunities

Studying a major in medical biotechnology can lead to further study in the areas of allied health or biomedical science.¹ It also sets you up for a career in medical research, medical technology or health innovation.

¹ Additional entry requirements apply for further study in these areas.

Major units

Year 1	Trimester 1	Local and Global Environments for Health HSH112
	Trimester 2	Environmental Sustainability SLE121
Year 2	Trimester 1	Community Development: Social Work Theory and Practice D HSW235
	Trimester 2	Creating Sustainable Futures HSH202
Year 3	Trimester 1	Politics, Policy and Health HSH302
	Trimester 2	Health in Action: Planning for Sustainable Change HSH340

deakin.edu.au/courses/major/health-and-sustainability-bachelor-health-sciences

Major units

Year 1	Trimester 1	Introduction to Medical Biotechnology HMM101
	Trimester 2	Principles of Gene and Genomic Technology HMM102
Year 2	Trimester 1	Medical Nanotechnology HMM201
	Trimester 2	Molecular Diagnostics HMM202
Year 3	Trimester 1	Innovations in Medical Biotechnology HMM302
	Trimester 2	Cell and Tissue Engineering HMM305

deakin.edu.au/courses/major/medical-biotechnology-bachelor-health-sciences



Nutrition

A major in nutrition introduces you to the science and physiology underpinning human nutrition, and explores the role that good nutrition plays in human health and the prevention of disease. This major equips you with skills in supporting the nutritional wellbeing of individuals and communities, making it relevant to a range of health promotion and community development contexts. It also provides a foundation for further studies in nutrition and dietetics.¹

You will explore areas like:

- human function
- nutritional physiology
- diet and disease
- population nutrition
- the connection between nutrition and physical activity.

Career opportunities

After studying nutrition, you're eligible to tap into the demand for qualified nutrition professionals and may apply for registration as an Associate Nutritionist with the Nutrition Society of Australia² (depending on the attainment of sufficient food science/biological science units in addition to the nutrition major). You can also find opportunities to work in areas like:

- food development and innovation
- food education
- nutrition
- public and community health
- community aid groups
- food banks
- nutrition programs for schools.

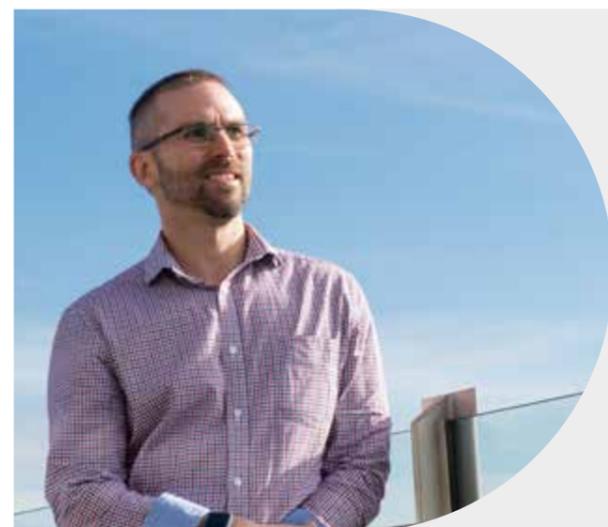
¹ Additional entry requirements apply for further study in these areas.

² For more information on registration, please visit nsa.asn.au.

Major units

Year 1	Trimester 1	Foundations of Food, Nutrition and Health HSN101
	Trimester 2	Introduction to Anatomy and Physiology HBS109
Year 2	Trimester 1	Nutritional Physiology HSN211
	Trimester 2	Lifespan Nutrition HSN202
Year 3	Trimester 1	Diet and Disease HSN301
	Trimester 2	Population Nutrition HSN302

deakin.edu.au/courses/major/nutrition-bachelor-health-sciences



'I have always had a passion for both disability service and exercise and fitness. The Bachelor of Health Sciences enabled me to combine both.'

David Swift
Bachelor of Health Sciences student

Majors

Physical activity and health

A major in physical activity and health provides you with an understanding of how behaviour influences health, with a particular emphasis on the relationships between physical activity and health outcomes. You'll develop an in-depth understanding of current research evidence around physical activity and sedentary behaviour and how it relates to the health of the community, population and individuals. You'll also explore key areas of activity promotion and evaluation, and gain discipline-specific skills in:

- communication
- analytical thinking
- program development and evaluation
- team building.

Career opportunities

Studying physical activity and health will lead you to roles in areas of:

- physical activity program development
- health participation and intervention
- health promotion
- project management and evaluation
- community policy development.

Graduates work in population-focused roles, such as those in local councils, recreation, health and wellbeing; or creating information and health programs for a region, sector or cohort.

Psychological science

The major in psychological science prepares you for additional postgraduate training towards becoming a practising registered psychologist.¹ You'll develop an in-depth understanding of:

- human behaviour
- social development
- research methods
- biology
- psychopathy
- human personality.

You'll explore key psychological themes of the brain, childhood development and how psychology impacts on broader community health.

Career opportunities

Studying a major in psychological science provides a good foundation for additional study in psychology.² Alternatively, it can open doors to careers in:

- community services
- counselling
- behavioural science
- organisational development
- community welfare
- policy development.

¹ To work as a psychologist, students must complete an undergraduate degree with a major in psychology, followed by a fourth year of study in psychology (an honours in Psychology or Deakin's Graduate Diploma of Psychology (Advanced)), accredited by the Australian Psychology Accreditation Council (APAC).

² Additional entry requirements apply for further study in this area.

Major units

Year 1	Trimester 1	Physical Activity and Exercise for Health HSE111
	Trimester 2	Pathways in the Physical Activity, Exercise and Health Industry HSE112
Year 2	Trimester 1	Physical Activity Promotion and Evaluation HSE212
	Trimester 2	Children's Physical Activity and Sport HSE213
Year 3	Trimester 1	Physical Activity and Population Health HSE316
	Trimester 2	Global Perspectives in Physical Activity and Exercise for Health HSE332

deakin.edu.au/courses/major/physical-activity-and-health-bachelor-health-sciences

Major units

Year 1	Trimester 1	Psychology A: Fundamentals of Human Behaviour HPS111
	Trimester 2	Psychology B: Individual and Social Development HPS121
Year 2	Trimester 1	Human Social Behaviour HPS204 The Human Mind HPS203
	Trimester 2	Child and Adolescent Development HPS202 Research Methods in Psychology A HPS201
Year 3	Trimester 1	Research Methods in Psychology B HPS301 Brain, Biology and Behaviour HPS310
	Trimester 2	Personality HPS307 Psychopathology HPS308

deakin.edu.au/courses/major/psychological-science-bachelor-health-sciences

'The work placement was a great opportunity to get hands-on experience in public health. Each day was a little bit different, so interacting with health practitioners also gave me a clearer understanding of the field and the different aspects of community development.'

Vimbayi Kagonda

Bachelor of Health Sciences/Bachelor of Arts student



Psychology for professional development

A major in psychology for professional development gives you the opportunity to study fundamental psychology concepts focusing on psychology of health, life course development, as well as a work placement unit. Studying psychological concepts will give you knowledge and skills sought after by employers, and will complement other majors in health sciences to make you a well-rounded graduate.

Career opportunities

After studying psychology for professional development, you'll be prepared for work in a range of professional health areas, including:

- community work
- coaching and counselling
- human services
- child protection services
- youth work
- organisational development.

Major units

Year 1	Trimester 1	Health Behaviour HBS110
	Trimester 2	Child and Adolescent Development HPS202
Year 2	Trimester 1	Pathways Through Adulthood HPS302
	Trimester 2	Preparing for Employment HPS207
Year 3	Trimester 1	Psychology At Work (Internship) HPS328 (Start Anytime)
	Trimester 2	Applied Health Psychology HPS226

deakin.edu.au/courses/major/psychology-for-professional-development-bachelor-health-sciences

Study online with Start Anytime

Start Anytime lets you fast-track a unit in this major and complete it in as little as four weeks – or take your time and complete it over a year. There are no assignment deadlines – you complete work within a timeframe that works for you.

Bachelor of Health Sciences/ Bachelor of Arts

Cloud Campus **C**
Melbourne Burwood Campus **B**
Geelong Waterfront Campus **WF**
Geelong Waurn Ponds Campus **WP**
Warrnambool Campus **WB**

Course details

Course code: D391

Campus and ATAR: **C**¹ NP | **B** 60.35

Duration: Four years full-time study or part-time equivalent

Intake: Trimester 1, Trimester 2, Trimester 3²

VTAC codes: **C** 1400614071 | **B** 1400514071

This flexible degree allows you to major in fields from both health sciences and arts and to tailor the course to your unique interests and career aspirations. You can structure your course to focus on an area that reflects your individual passion.

Entry requirements

Year 12 prerequisites³

VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL).

Non-Year 12 requirements⁴

Entry for non-Year 12 applicants is based on their performance in one of the following:

- senior secondary certificate of education with ATAR of at least 50 or equivalent
- a certificate IV in a related discipline
- a diploma in any discipline or 50% completion of a diploma in a related discipline
- successful completion of relevant study at an accredited higher education institution equivalent to at least two Deakin University units
- evidence of academic capability judged to be equivalent, including a foundation program approved by Faculty Board, or relevant work or life experience.

IELTS⁵: 6.5/6



'The combined course offers many different avenues and opportunities to study a range of subjects on offer at Deakin. For me, this course combines my love of journalism with my passion for health promotion and gives me the knowledge and experience to assist in whichever path I choose to take.'

Bethany Griffiths

Bachelor of Health Sciences/Bachelor of Arts student

Course structure

This course consists of 32 credit points – 16 credit points from the Bachelor of Health Sciences and 16 credit points from the Bachelor of Arts.

Design your own course by combining subjects from a range of health and arts-related study areas. You choose how to structure your course and can combine, for example, food studies with language and culture studies, or psychology for professional development with sociology – the choice is yours.

Depending on the majors you take and your choice of elective units, you could be qualified to work in diverse areas including:

- health promotion
- health education
- media
- health journalism
- community health
- policy
- health marketing.

Year 1	Trimester 1	Understanding Health HBS107	Health major 1	Arts major	Arts 2nd major or minor
	Trimester 2	Health Information and Data HBS108	Health major 1	Arts major	Arts 2nd major or minor
Year 2	Trimester 1	Australian Health Care System HSH211	Health minor	Arts major	Arts 2nd major or minor
	Trimester 2	Population Health: A Research Perspective HSH219	Health minor	Arts major	Arts 2nd major or minor
Year 3	Trimester 1	Program Planning, Management and Evaluation HSH323	Health major 1	Arts major	Arts 2nd major or elective
	Trimester 2	Integrated Learning for Practice HSH324	Health major 1	Arts major	Arts 2nd major or elective
Year 4	Trimester 1	Health major 1	Health minor	Arts major	Arts 2nd major or elective
	Trimester 2	Health major 1	Health minor	Arts major	Arts 2nd major or elective

¹ Cloud Campus is not available to international students.

² Trimester 3 is an optional intake, which allows you to fast-track your degree.

³ Recent secondary education applicants include current Year 12 students in 2020, and Year 12 graduates from 2019 and 2018.

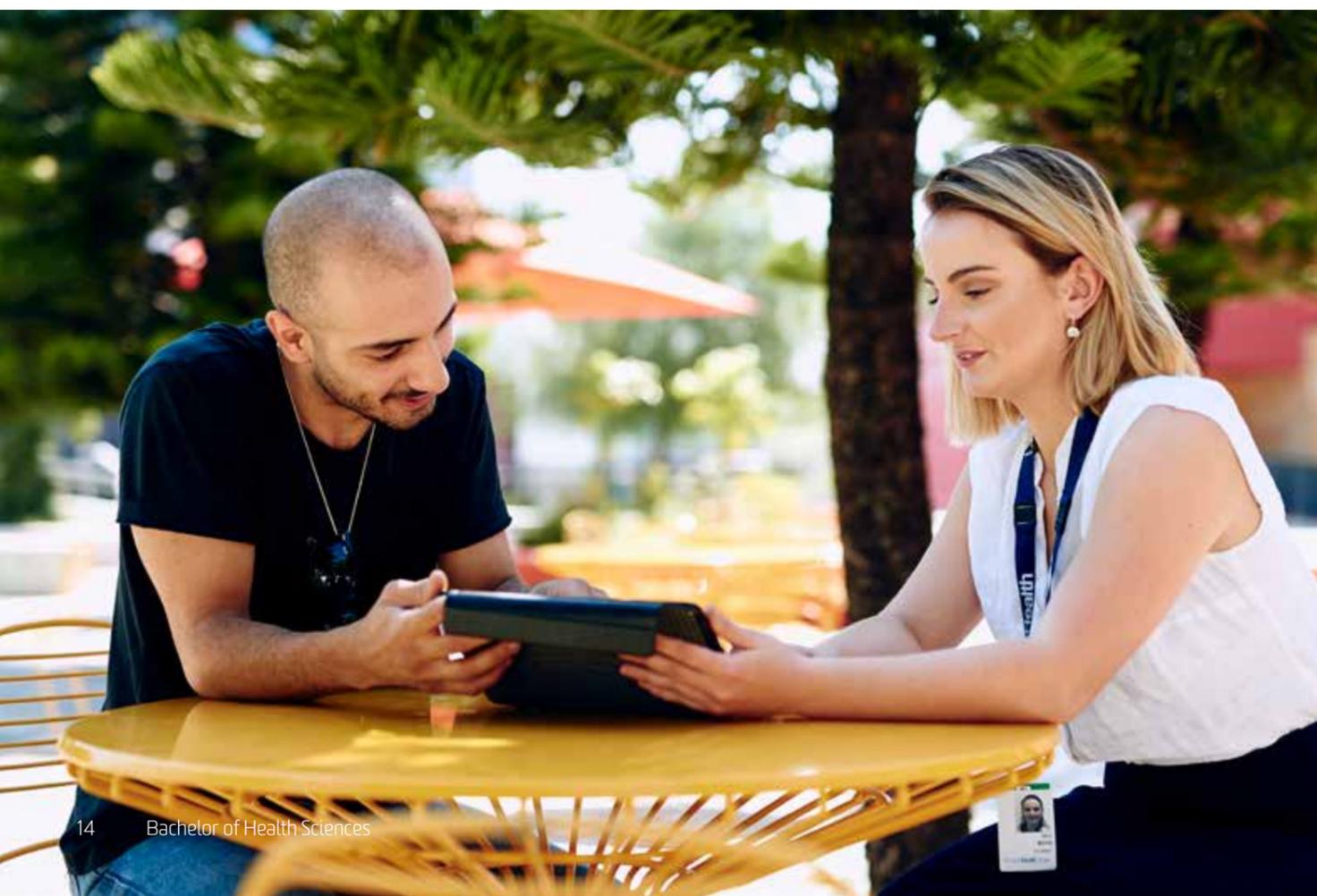
⁴ There are four categories under which non-Year 12 applicants may apply to Deakin:

- applicants with higher education study
- applicants with Vocational Education and Training (VET) study
- applicants with work and life experience
- applicants who completed Year 12 in 2017 or earlier.

Visit deakin.edu.au/course and head to the course of interest to find out further details on admission requirements.

⁵ IELTS is the International English Language Testing System (for international students only). The IELTS score reflects the minimum overall score required as well as the lowest score allowed for any band (overall score/lowest band score). International student entry requirements can be found at deakin.edu.au/international-students.

NP means not published – less than five offers made to recent secondary education applicants.



Pathway to postgraduate studies

Deakin's Faculty of Health will prepare you to explore the largest and fastest-growing employment industry in Australia.¹ We inspire students to reach their potential, provide personal, dynamic learning experiences and conduct world-class research.

Health sciences graduates can use their degree as an excellent pathway to postgraduate study at Deakin, with graduates receiving 4 credits points towards the:

- Master of Public Health
- Master of Health Promotion
- Master of Health Economics
- Master of Health and Human Services Management.

Master of Public Health **C** **B** **2** T1, T2, T3

Help develop and activate solutions to improve health and wellbeing. The Master of Public Health focuses on:

- improving existing health-promoting environments
- identifying public health priorities
- generating initiatives for policy and action
- developing strategies and interventions to ensure equity in the health system.

The degree's flexible structure (half core, half elective) allows you to tailor your degree across a number of career pathways to suit your interests and career aspirations.

deakin.edu.au/course/master-public-health

¹ Industry Employment Projections 2019 Report, Department of Employment, Skills, Small and Family Business.

Master of Health Promotion **C** **B** **2** T1, T2

Educate clients and the wider community on how to implement healthy lifestyles with a postgraduate qualification in health promotion. Preventing illness and promoting health are major aspects of the work of health agencies in all developed and developing countries. You'll examine strategies that help people take steps for their own health, strengthen community action and create environments that are more supportive of good health. These include:

- policy environments
- physical environments
- social environments
- economic environments.

Our partnerships with local industry give you access to cutting-edge health promotion practice, enhancing your health promotion skills and helping you develop attributes valued by employers, like:

- critical analysis
- creativity
- reflective practice
- lifelong learning.

deakin.edu.au/course/master-health-promotion

Master of Health Economics **C** **B** **2** T1, T2, T3¹

Preventing illness and promoting health are major aspects of the work of health agencies in all developed and developing countries. You will examine strategies that help people take action concerning their own health, strengthen community action, and create environments that are more supportive of health.

Develop skills in:

- health technology assessment
- economic evaluation of health interventions
- resource allocation and priority setting
- health care financing
- health systems research
- the health economics/health policy interface.

You'll also receive high-level training in modelling and health technology assessment. As a graduate, you'll be able to critically evaluate current research in economic policy and economic evaluation of health services, as well as participate effectively in health policy development and debate.

deakin.edu.au/course/master-health-economics

Top ranking university

Public health at Deakin has been ranked in the top 1% in the world by the prestigious international ranking system, ShanghaiRanking's Global Ranking of Academic Subjects 2019.



'My course has lots of flexibility and choice in terms of what you can study. I chose to study nutrition and health promotion, as I enjoy learning about how we can enhance the quality of life for others and improve health systems to address prevention.'

Dani Sharpe
Bachelor of Health Sciences student

Master of Health and Human Services Management **C** **B** **2** T1, T2, T3

Learn to make evidence-based decisions that focus on improving the quality of health service delivery – a sector that has seen strong growth in recent years.

Deakin's Master of Health and Human Services Management focuses on business and management issues within health, making it an extremely relevant business administration course for the health and human services sector.

You'll develop core skills required for:

- leadership and strategic planning
- health needs assessment and evaluation
- program planning and monitoring
- resource and project management
- communication and negotiation.

deakin.edu.au/course/master-health-and-human-services-management

Master of Disability and Inclusion **C** **3PT** T1, T2

The Master of Disability and Inclusion equips you with the academic knowledge you need to pursue professional work or research in the disability, health and community sectors. The course will help you form a distinctive and contemporary understanding of disability. Drawing on research informed by disability and inclusion theory and practice and the lived experiences of people with disability, the Master of Disability and Inclusion gives you the opportunity to develop knowledge and skills in inclusive approaches to your work and research.

deakin.edu.au/course/master-disability-and-inclusion

¹ Trimester 3 only available at the Cloud Campus.

² Units in the Master of Dietetics are offered in semesters.

PT means part time.

Master of Nutrition and Population Health **B** **1-2** T1

This advanced course in human nutrition draws content from related disciplines such as public health, food science, biochemistry, physiology, epidemiology, psychology, sociology and politics and policy. Throughout the course you will develop advanced knowledge of human nutrition, an understanding of the biological, social and policy-related aspects of human nutrition, and skills that will enable you to practise effectively as a nutritionist in a range of employment settings.

deakin.edu.au/course/master-nutrition-and-population-health

Master of Human Nutrition **C** **1.5** T1, T2, T3

Learn the skills to work effectively as a nutritionist in a range of employment settings. Develop an advanced understanding of the role of nutrition and diet in the health of individuals and the population. You'll also learn about the biological, social and policy-related aspects of human nutrition, along with the skills to evaluate the findings of human nutrition studies and undertaking research.

deakin.edu.au/course/master-human-nutrition

Master of Dietetics **B** **1.5** s1²

This course builds on your undergraduate knowledge in nutrition, physiology and biochemistry, to develop skills in dietary management of individuals and groups in both health and disease. Full-time professional practice placements provide you with hands-on experience in clinical, community and food service settings. You'll also develop research and communication skills through group projects and undertake professional and career development through a dietetics-specific professional practice unit.

The Master of Dietetics is accredited by the Dietitians Association of Australia (DAA). Students graduating from accredited courses are eligible for full membership of the DAA and the Accredited Practising Dietitian (APD) program, to work in all areas of dietetics.

deakin.edu.au/course/master-dietetics

Applying to Deakin

Applying to study at Deakin couldn't be easier. With three study periods each year, the next intake is never far away.

How do I apply?

Applying for your undergraduate degree at Deakin couldn't be easier. Most applications are straightforward and easy to complete. Follow these steps to make the process as simple as possible.

deakin.edu.au/courses/how-to-apply

Recent secondary education applicant ^{Y12}

- Current Year 12 student in 2020
- Completed Year 12 in 2019 or 2018
- Interstate Year 12 student
- New Zealand school leaver
- International Baccalaureate (IB) student
- Gap-year student

Non-Year 12 applicant ^{NY12}

- Applicants with higher education study
- Applicants with VET study
- Applicants with work and life experience
- Applicants who completed Year 12 in 2017 or earlier

For more information on admission requirements and the type of applicant you are, visit deakin.edu.au/courses/how-to-apply. You can also email myfuture@deakin.edu.au or call 1800 693 888 to discuss your options.

1

Find your course

Undergraduate courses at Deakin generally begin in March and some courses, including the Bachelor of Health Sciences, also have intakes in July and November.

Once you find the course you're after, make sure you understand the entry requirements, application methods and application dates. You can call us on 1800 693 888 to discuss your options.

2

Understand the entry and documentation requirements

Make sure you understand the entry requirements for your chosen course by reading the course page carefully. For recent secondary education applicants, in addition to the listed ATAR, some courses may require you to have studied a prerequisite subject/s, while others may also require you to provide extra materials, such as a personal statement.

3

Gather supporting documents

When applying direct to Deakin as a non-Year 12, it's important to attach any requested supporting documentation, which may include a CV, academic transcripts, STAT results or a personal statement, otherwise your application may be delayed. We recommend gathering all this documentation before you begin the application process to ensure you can complete it in one sitting.

4

Apply

Our flexible trimester system means you can start in Trimester 1 (March), 2 (July) or 3 (November).

If you're a recent secondary education applicant, applications for Trimester 1 should be made through VTAC (vtac.edu.au).

If you're a non-Year 12 applying for Trimester 1 for one Deakin course only, you may apply direct to Deakin.¹

Applications for Trimester 2 or 3 should be made directly to Deakin via the applicant portal at applicantportal.deakin.edu.au.

¹ Conditions apply. Visit deakin.edu.au/courses/how-to-apply for current information.

Special consideration

We're committed to providing equity and access for individuals and groups who might not otherwise enjoy the benefits that flow from participation in higher education. Deakin provides additional consideration to applicants who may have experienced difficult circumstances, such as family, financial, medical, a disability or other challenges.

When applying through VTAC, submit an application through VTAC's Special Entry Access Scheme (SEAS). If applying direct to Deakin, provide information and supporting documentation regarding your circumstances when prompted in our online applicant portal.

deakin.edu.au/access-equity

Offers

Information about dates and offers from VTAC can be found on the VTAC website, vtac.edu.au. For Trimester 1, Deakin makes most of its offers in the first round of offers to applicants.

For applications made direct to Deakin, offers are made via email. Timing varies depending on the course and time of year, but offers are generally made within 10 working days.

Deferring

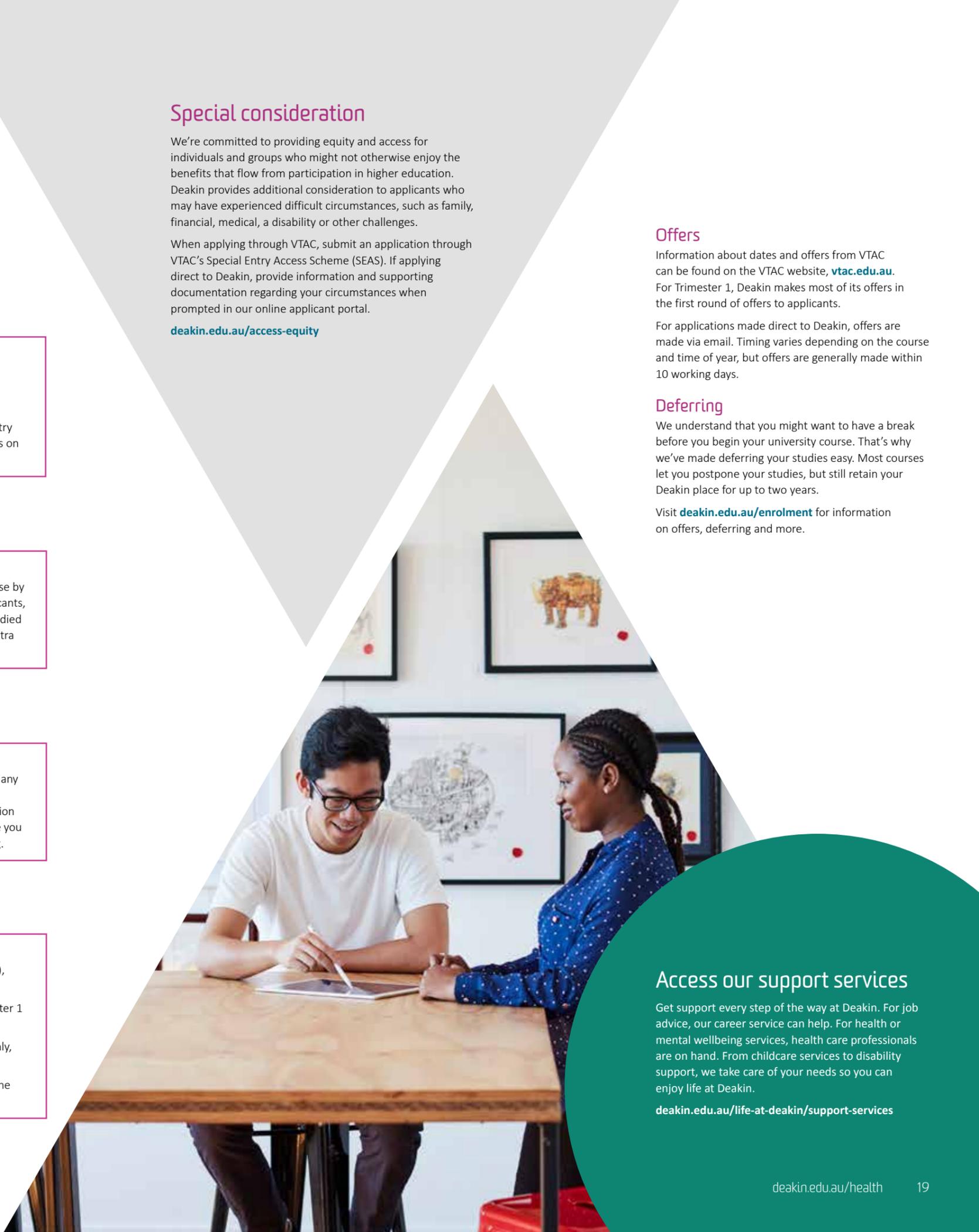
We understand that you might want to have a break before you begin your university course. That's why we've made deferring your studies easy. Most courses let you postpone your studies, but still retain your Deakin place for up to two years.

Visit deakin.edu.au/enrolment for information on offers, deferring and more.

Access our support services

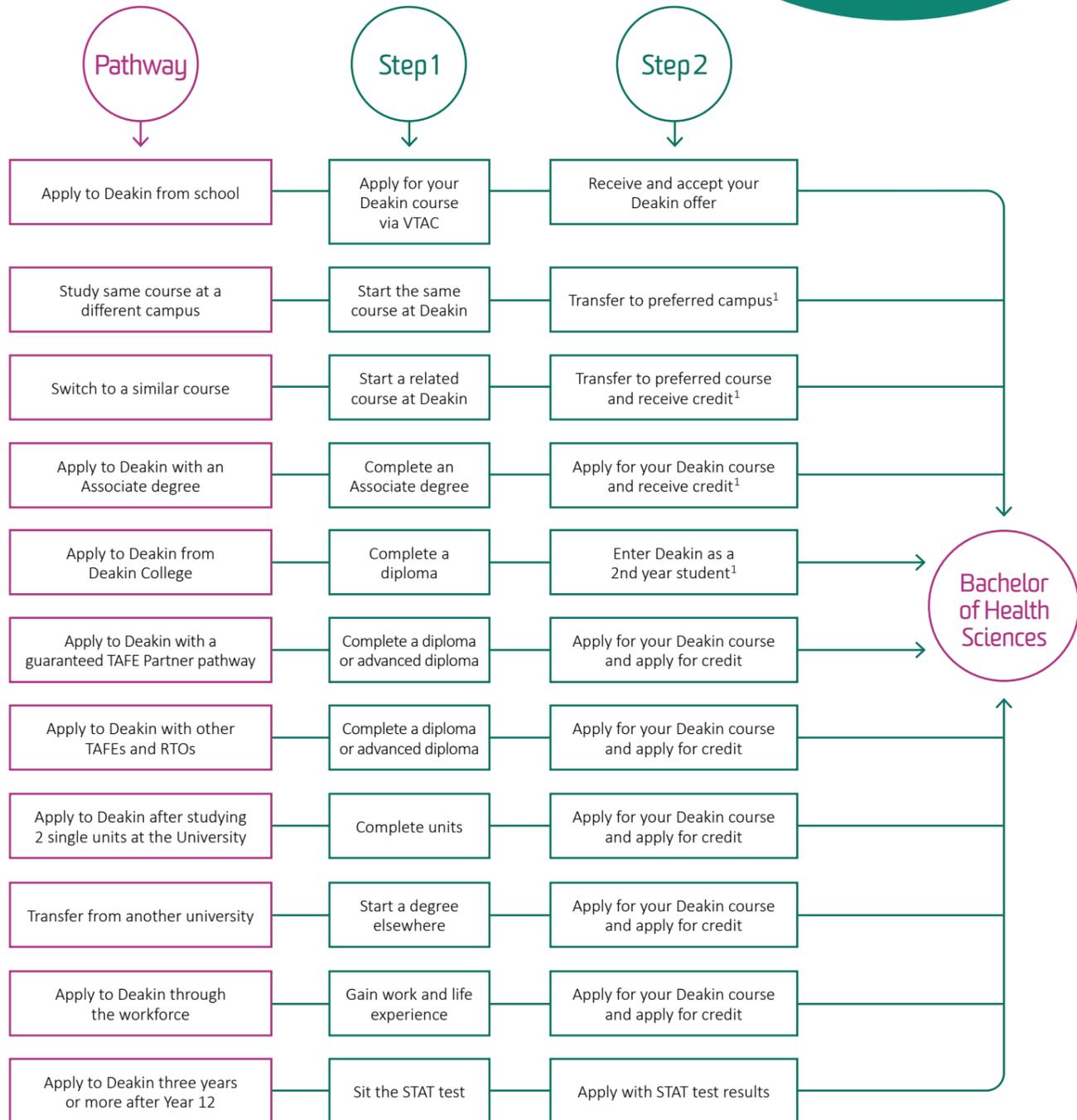
Get support every step of the way at Deakin. For job advice, our career service can help. For health or mental wellbeing services, health care professionals are on hand. From childcare services to disability support, we take care of your needs so you can enjoy life at Deakin.

deakin.edu.au/life-at-deakin/support-services



Pathways to health sciences

There are many pathways to studying at Deakin – find one that suits you!



¹ Subject to availability and meeting academic requirements.

Try our Pathways Finder tool

There are many different ways you can get into an undergraduate course at Deakin. No matter your ATAR or education history, we're here to help you find your pathway to Deakin. Try our Pathway Finder tool and explore the options that might be available to you at deakin.edu.au/pathway-finder or call us on 1800 693 888.

Contact us

We're here to help

We have staff at each of our campuses who are more than happy to answer your general queries.

Prospective student enquiries

Domestic students

1800 693 888

myfuture@deakin.edu.au

International students

+61 3 9627 4877

study@deakin.edu.au

Discover Deakin

To stay up to date with all course information sessions and events for prospective undergraduate students, visit deakin.edu.au/discover-deakin.

Social media at Deakin

- facebook.com/DeakinUniversity
- facebook.com/DeakinHealth
- twitter.com/Deakin
- twitter.com/DeakinHealth
- twitter.com/Deakin_DI
- instagram.com/DeakinUniversity
- Search Deakin University

Other useful websites

- vtac.edu.au
- studyassist.gov.au
- myfuture.edu.au
- youth.gov.au
- youthcentral.vic.gov.au

Join the Deakin Accelerate program

Deakin Accelerate is a distinctive VCE extension studies program offering high-achieving students university-level learning opportunities. In this program, you'll complete two units of a first-year university subject at the same time as your Year 12 studies. You'll study one unit per trimester, alongside first-year university students, completing your units either on campus at one of Deakin's four vibrant locations, or study anywhere, anytime, at the Cloud Campus – our innovative online learning environment.

deakin.edu.au/accelerate

Course information evenings

Visit us on campus to find out more about your chosen course.

deakin.edu.au/health/events

1800 693 888
deakin.edu.au

Published by Deakin University in March 2020. While the information published in this guide was accurate at the time of publication, Deakin University reserves the right to alter, amend or delete details of course offerings and other information published here. For the most up-to-date course information, please view our website at deakin.edu.au.

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