Study with Australia’s best

Join the sport science school ranked #1 in Australia and #3 in the world1 and take up any one of our diverse courses, from exercise and sport science and clinical exercise physiology, through to sport management, sport development and business. You’ll get hands-on learning in our world-class sport facilities and through industry placements so you can hit the ground running, whichever career path you choose.

1 Shanghai Ranking’s Global Ranking of Sport Science Schools and Departments 2016–2018.

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Your future in sport

Get set for a successful career

Career outcomes in the sporting industry are exciting, diverse and ever increasing. Deakin offers you the opportunity to gain a world-class qualification in a country that’s globally renowned for high achievement in sport. With the increase in obesity and chronic disease rates in Australia and around the world, the emphasis on physical activity and participation in exercise and sport continues to grow and dominate modern approaches to sustaining a healthy lifestyle.

Explore our industry connections

Gain the practical experience and skills to pursue a successful career in sports-related professions. Our staff have close links with industry and relationships with organisations that ensure our courses are up-to-date with industry trends. We have strong ties with organisations including:

• AFL
• Australian Institute of Sport
• Baker IDI Heart and Diabetes Institute
• Barwon Sports Academy
• BioLab
• Core Advantage
• Cricket Australia
• Deakin Melbourne Boomers
• Disability Sports Australia
• Eastern Football League
• Geelong Football Club
• IMIS
• Netball Australia
• Physical Activity Australia
• Rise Health Group
• Tennis Australia
• VicHealth
• VicSport
• Victorian Institute of Sport
• Werribee Football Club
• YMCA Australia.

Graduate job ready

Our Bachelor of Exercise and Sport Science and combined courses feature 220 hours of practical experience, which goes beyond the minimum requirements of Exercise and Sports Science Australia (ESSA), meaning graduates embark on their careers with an advantage.
Your future in sport

#1 university in Victoria for student satisfaction

Year on year, our students are the most satisfied students of all Victorian universities. We’ve ranked this highly for the past 10 years, with students being particularly happy with our:

- teaching
- learning resources
- student support
- skills development
- learner engagement.

1 Australian Graduate Survey 2010–2015, Graduate Outcomes Survey 2016–2019 (GOS), Quality Indicators for Learning and Teaching (QILT).

Join our Peer Mentoring Program

Sign up for one of the peer mentoring programs in your first year at Deakin to get support and guidance from more senior students in your course. You’ll learn about the support services and facilities available, while gaining useful tips about studying at Deakin.

A home for elite athletes

We’re dedicated to supporting elite athletes to achieve academic success alongside the demands of training and competition. That’s why Deakin is a member of the Elite Athlete Friendly University (EAFU) Network.

We offer student athletes:

- flexibility around assessment deadlines, and lecture and tutorial attendance
- leave of absence arrangements so they can meet their sporting commitments
- extensions on the time normally allowed to complete a course.

Plus, with access to the Geelong Waurn Ponds Campus’ Elite Regional Sports Precinct and Melbourne Burwood Campus’ Specialised Indoor Exercise and Sport Science Building, you can take advantage of our:

- MCG-sized AFL oval
- FIFA-grade soccer pitch
- eight-lane IAAF 400-metre athletics track
- climate chamber that simulates extreme conditions
- 16-piece cardio area and open group fitness area
- motion capture systems and specialised AV equipment.

As well as accessing study support, elite athletes can apply to Deakin under an adjustment scheme. deakin.edu.au/elite-athlete-program

World-class sporting facilities

The Geelong Waurn Ponds Campus Elite Regional Sports Precinct is the go-to for elite athletes, like the Geelong Cats AFL team, and student-based clubs like the Deakin Dads Soccer Club. As well as world-class training facilities, the precinct offers students placement opportunities, providing career pathways into the sport and education industries.


Industry-leading research

Our Centre for Sport Research (CSR) focuses on improving the health and performance of people and organisations participating in sports. As well as promoting sport and exercise, CSR conducts research that informs policy and touches on sport science, development and management.

Our program is built on a foundation of industry and community partnerships, as well as sport and exercise science services, which means you’ll graduate with the practical skills to gain a head start in your career.

deaakin.edu.au/CSR

Our research makes a real-world difference

Hosted by the School of Exercise and Nutrition Sciences, the Institute for Physical Activity and Nutrition (IPAN) focuses on improving the health of Australian communities, and preventing disease by promoting active lifestyles and healthy eating.

Our research in nutrition and physical activity spans basic metabolism and physiology, through to clinical and behavioural studies, and community and population-based research. Research from IPAN feeds directly into the development of our undergraduate and postgraduate courses, which means you’ll graduate with knowledge from the cutting edge of science.

deaakin.edu.au/ipan

Deakin works closely with the Deakin Melbourne Boomers in sports science, high performance management and athlete development.

Among our world-class facilities is the Geelong Waurn Ponds Campus Elite Regional Sports Precinct.
Disciplines

Sport

#1 careers service in Australia

Prepare yourself for the jobs and careers of the future. Access our career centre, DeakinTALENT, and use its programs and services to research different career options, hone your interview skills, look for casual work while you study or find a graduate job.

deaKintalent.deakin.edu.au for detailed discipline and course information, including a description of the units within each degree.

Applied sport science

Apply scientific thinking to solve problems and generate insights in sport. Study this area of sport if you aspire to work as a sport scientist in sporting settings, such as community sport, junior sport, and high performance sport.

Exercise physiology

Develop the expertise to monitor and interpret physiological responses during exercise, and gain job-ready skills with hands-on, practical experience using a range of laboratory techniques. The knowledge and skills gained in this area of study are relevant for further postgraduate study such as honours degrees, higher degrees by research, Deakin’s Master of Clinical Exercise Physiology and clinical exercise career pathways.

Exercise and sport science

Apply knowledge and skills in exercise and sport science to improve the performance, health and participation of individuals, athletes and teams through training, coaching and advice.

You’ll develop the expertise to become a professional leader in exercise and sport science, and have the opportunity to study the biology, technology, behaviour and best practices that underpin exercise and sport science.

Health and physical education

Teach health and physical education in secondary schools and gain a third teaching specialisation from a range of disciplines, including biology, chemistry, dance, drama, mathematics, English, home economics and history.

Health sciences

If you’re looking to discover your passion in the health industry, a course in health sciences lets you create a qualification that suits your unique career aspirations. Become a specialist in the health sector by hand-picking and combining study areas that you’re passionate about. Focus your studies in:

- disability and inclusion
- environmental health
- exercise science
- family, society and health
- food studies
- health and sustainability
- health promotion
- medical biotechnology
- nutrition
- physical activity and health
- psychological science
- psychology for professional development.

Physical activity and health

Understand how behaviour influences health and learn how to increase community and individual participation in physical activity. Explore the evidence of the independent roles physical activity and sedentary behaviour play in chronic disease.

Sport coaching

Develop leadership skills for sports coaching and instruction, underpinned by sport science, pedagogy, personal development, and practical real-world coaching experience.

You’ll acquire essential skills that employers value, including planning, organisation, presentation, evaluation, and problem solving. Developed with national sporting organisations, elite coaches and expert academics, this major offers the latest in innovative coaching theory and practice.

Sport development

Through this specialised course, you’ll learn to develop and design sport’s systems, programs and pathways, and form an understanding of how sport can impact individual health outcomes and nurture community development. You’ll also gain valuable insights into the management and governance of sport by analysing leading sport organisations and the skills used by professional sport managers.

This study area is only available through our Bachelor of Sport Development.

Sport management

Combine your passion for sport with relevant business skills to help you perform at a high level and excel in the sport industry. A degree in sport management can help you become a sport manager who can lead organisations across a range of activities, including the development and management of professional sport competitions, major events, and programs that encourage community participation.

This study area is only available through our Bachelor of Business (Sport Management).

Sports nutrition

Help elite athletes get the most out of their bodies and performances through food and nutrition. Sports nutrition covers the specific macronutrient needs of athletes and provides practical nutrition considerations for before, during and after sports performance.

Strength and conditioning

Understand the theoretical knowledge and technical competencies required to develop and deliver evidence-based strength and conditioning programs for a range of individuals including the general population, those with specific needs, and athletes.

Courses to careers

Visit explore.deakin.edu.au to kickstart your course and career exploration. With more than 600 paired courses and careers, it’s the perfect destination for you to discover your future career.

Courses

Bachelor of Business (Sport Management)

Make your business mark behind the scenes in the dynamic sports industry through Deakin’s Bachelor of Business (Sport Management). With the increased professionalism of sport, you’ll learn how to manage the business of sport, with specialised learning in marketing, finance, management and law. You can also build your expertise with a complementary business major.

Careers

Professionally trained people find employment in a range of sport organisations, spanning across Australian rules football, basketball, cricket, tennis and golf, plus national and state sporting institutes.

Career opportunities include:
- advertising and sponsorship consultant
- business coach
- business development manager
- commercial partnership administrator
- community engagement officer
- event operations coordinator
- facility manager
- media and marketing manager
- player agent

• professional player manager
• professional sports association official
• public relations officer
• sport analyst
• sports administrator
• sports coach
• sports development officer
• sports event coordinator
• sports governance official
• sports journalist
• sports management consultant.

Work experience

This course offers industry-based learning opportunities.

deaquin.edu.au/business-wil

Course structure

This 24-credit point course consists of 16 credit points of core units and 8 credit points of elective units.

Year 1
- Accounting for Decision Making
- Fundamentals of Finance
- Management
- Sport Organisation
- Economic Principles
- Law for Commerce
- Sport in Society
- Professional Insight

Year 2
- Business Analytics
- Marketing Fundamentals
- Managing High Performance Sport
- Sport Facility and Event Management
- Sport Marketing
- Sport Leadership and Governance
- Level 1, 2 or 3 elective unit
- Level 2 or 3 elective unit/work integrated learning/study abroad

Year 3
- Sport and the Law
- Level 2 or 3 elective unit x 3
- Sport and the Law
- Level 2 or 3 elective unit x 3
- Sport Management Practicum
- Level 2 or 3 elective unit x 2
- Level 3 elective unit

1 For international students, Cloud Campus only.
2 This course structure should be used as a guide only and advice should be sought when selecting units.
3 Academic Integrity (MAI010) is a compulsory 0-credit point unit that you must undertake as part of this course.

Get a world-class education

Deakin Business School is in the top 1% of business schools globally by holding both AACSB and EQUIS accreditations. These prestigious accreditations are awarded to business schools that meet strict standards of quality, academic and professional excellence, and demonstrate a commitment to ongoing improvement and innovation in their courses, ensuring our graduates are employable worldwide.

Practical and real-world work experience

Work experience can make all the difference when applying for jobs. Through our Work Integrated Learning program you can gain real-world experience and credit towards your degree. What’s more, the experiential learning opportunities, such as mentoring, volunteering, consulting and internships are practical and help develop skills that later benefit your career.

Molly Pledge
Bachelor of Business (Sport Management) graduate

‘Deakin’s engagement with industry professionals is well regarded and provides insight into the industry, as well as allowing industry to fully appreciate the breadth and diversity within its sports management course. It really lives up to its professional reputation.’

deaquin.edu.au/course/bachelor-business-sport-management

A degree in sport management helps students lead sport organisations in a range of activities.

1
2
3

deakin.edu.au/sport
### Bachelor of Sport Development

Learn about sport pathways and coaching, and the marketing and management of sport, and turn your passion for sport into a rewarding career. With Deakin's Bachelor of Sport Development, you’ll examine the science of coaching as well as the practical elements of encouraging participation and performance in sport.

#### Careers

This course will prepare you for roles in coaching, the leisure industry, sport science and in the field of community sports development.

Career opportunities include:
- community sports development officer
- facility and recreation manager
- high performance manager
- player agent
- professional sports association official
- recreation officer
- sport development officer
- sports coach
- sports governance official
- sports policy officer

#### Work experience

This course offers industry-based learning opportunities.

deakin.edu.au/business-wil

### Course Structure

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<th>Trimester 1</th>
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<tr>
<td>Year 1</td>
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<td>Intrapersonal Skills</td>
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<td>Essentials of Exercise Delivery</td>
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<td>Physical Activity and Exercise for Health</td>
<td>Pathways in the Physical Activity, Exercise and Health Industry</td>
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<td>Year 2</td>
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<td>Year 3</td>
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<td>Sport Leadership and Governance</td>
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<td></td>
<td>Issues in Sport Coaching</td>
<td>Planning for Sport Policy and Development (Capstone)</td>
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<td></td>
<td>Sport Management Practicum</td>
<td>Sport Marketing</td>
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<td></td>
<td>Children’s Physical Activity and Sport</td>
<td>Global Perspectives in Physical Activity and Exercise for Health (Capstone)</td>
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</tbody>
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#### Our partnership with the Deakin Cats Community Centre (DCCC)

Deakin has a long association with the Geelong Football Club (GFC) and an ongoing partnership with the DCCC. The Centre’s hub for several GFC and Deakin community initiatives including BioCATS, Cats Community Education programs, Cyber Cats and Just Think – delivering health and wellbeing sessions on site.

deakin.edu.au/collaboration/community-engagement/geelong/local-partnerships/cats-centre

### Your future sporting facilities

Our new world-class Specialised Indoor Exercise and Sport Science Building at the Melbourne Burwood Campus features four levels of state-of-the-art sport science learning facilities. The building accommodates our growing suite of courses, increases your clinical exposure and employability outcomes, and enhances your opportunities for research projects and community engagement.

Reflecting the latest requirements for equipment and services in the exercise science industry, the building design offers a range of learning experiences.

#### Specialised features

- A climate chamber that can simulate extreme conditions and alter temperature, humidity, altitude and oxygen levels.
- Five 40m running lanes and a walking track with overhead harness gantry.
- A 36-piece cardio area and an open group fitness area with over 40 stations.
- 3D motion capture systems and specialised AV equipment.
- Specialised 10m high ceilings, with retractable catch netting to accommodate teaching and learning environments.
- The Deakin Clinical Exercise Centre (DCEC), an exercise physiology clinic, serviced by students under supervision, where students meet real clients, conduct assessments and create exercise and lifestyle programs.

deakin.edu.au/sport
Bachelor of Exercise and Sport Science helps you apply knowledge and skills in exercise and sport science to improve the performance, health and participation of individuals, athletes and teams through training, coaching and advice.

You’ll learn in world-class facilities at our Elite Regional Sports Precinct in Geelong and brand new Specialised Indoor Exercise and Sport Science Building in Burwood. You’ll also graduate job-ready with 220 hours of practical experience via the Exercise Programming, and Exercise and Sports Science Practicum units.

This level of industry experience goes beyond the minimum requirements of Exercise and Sport Science Australia (ESSA).

Professional recognition

All graduates are eligible for accreditation with Exercise and Sport Science Australia (ESSA) as an Accredited Exercise Scientist (AES).

Regional and Remote Entry Scheme

At Deakin, we are committed to producing world-class exercise and sport science graduates across regional, rural and remote areas of Australia. The Regional and Remote Entry Scheme has a separate VTAC code offering an alternative entry pathway into this course at the Geelong Waurn Ponds Campus.

deaquin.edu.au/health/regional-and-remote-entry-scheme

CAREERS

As well as typical roles in the sport, exercise, coaching and fitness industry, you may pursue employment in community health and wellness. Upon graduating, you may find employment opportunities in:

- community sport organisations
- elite, professional sporting clubs
- large organisations in corporate health
- local and community sporting clubs
- local and state government agencies
- private health and recreation centres
- professional sporting bodies.

Further study pathways

This course provides a pathway to postgraduate study in areas such as applied sport science, clinical exercise physiology, physiotherapy, sport management, sport psychology and research. You may also consider applying for further study to advance your career in the sport science industry. We offer:

- Bachelor of Exercise and Sport Science (Honours)
- Graduate Certificate of Performance Analysis
- Graduate Certificate of Strength and Conditioning
- Graduate Diploma of Applied Sport Science
- Master of Applied Sport Science
- Master of Clinical Exercise Physiology.

Work experience

With hands-on experience throughout this course, graduates hit the ground running. You will benefit from work experience placements in a variety of environments, such as AFL/Football Victoria, Cricket Victoria, Cycling Victoria, Football Federation Victoria, Tennis Australia, private strength and conditioning and high performance centres (including institutes of sport), recreational gyms, rehabilitation clinics, and many more. The practical experience you’ll complete is a core feature of this course, and it sets you apart from other graduates.

MAJORS

- Applied sport science
- Disability and inclusion
- Exercise physiology
- Family, society and health
- Health promotion
- Nutrition
- Physical activity and health
- Psychology
- Sport coaching
- Sports nutrition
- Strength and conditioning

Exercise and sport science bonuses

We offer the Elite Athlete Adjustment as an acknowledgement of the challenges that elite-level athletes face when studying at university while simultaneously participating at an elite level within their sport.

Available to eligible elite Year 12 student athletes, the Elite Athlete Adjustment gives you five bonus aggregate points towards your entry score for admission to our exercise and sport science courses. We also offer the Regional and Remote Entry Scheme at our Geelong Waurn Ponds Campus with separate VTAC codes as an alternate entry for both the Bachelor of Exercise and Sport Science and the Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management). Eligible applicants can receive up to 10 bonus aggregate points towards their entry score for admission.

deaquin.edu.au/regional-remote-sporting-bonuses

Course structure

This 24-credit-point course consists of 16 core units and eight elective units.

Trimester 1

<table>
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<tr>
<th>Year 1</th>
<th>Trimester 2</th>
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<td>Physical Activity and Exercise for Health</td>
<td>Functional Human Anatomy</td>
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<tr>
<td>Introduction to Anatomy and Physiology</td>
<td>Essentials of Exercise Delivery</td>
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<tr>
<td>Human Growth, Development and Ageing for Exercise Scientists</td>
<td>Research Methods and Statistics in Exercise and Sport</td>
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<tr>
<td>Elective</td>
<td>Elective</td>
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<tr>
<td>Exercise Physiology</td>
<td>Biomechanics</td>
</tr>
<tr>
<td>Physical Activity Promotion and Evaluation</td>
<td>Motor Learning and Development</td>
</tr>
<tr>
<td>Exercise Programming</td>
<td>Integrated Human Physiology</td>
</tr>
<tr>
<td>Elective</td>
<td>Elective</td>
</tr>
<tr>
<td>Exercise and Sports Science Practicum</td>
<td>Nutrition for Exercise Scientists</td>
</tr>
<tr>
<td>Clinical and Sport Biomechanics</td>
<td>Cognitive and Behavioural Aspects of Sport and Exercise</td>
</tr>
<tr>
<td>Elective x 2</td>
<td>Elective x 2</td>
</tr>
</tbody>
</table>

Useful websites

Australian Institute of Sport
sportaus.gov.au

Australian Strength and Conditioning Association
strengthandconditioning.org

Exercise and Sports Science Australia (ESSA)
essa.org.au

Sport and Recreation Victoria
sport.vic.gov.au

Sports Medicine Australia
sma.org.au

VicHealth
vichetlth.vic.gov.au

VicHealth
vis.org.au

Victorian Institute of Sport
viis.org.au

School of Exercise and Nutritional Sciences
deaquin.edu.au/exercise-nutrition-sciences

1 ShanghaiRankings’ Global Ranking of Sport Science Schools and Departments 2016–2018.
2 Some units are available at Cloud Campus.
3 Individual units may not be available on every campus.
4 This course structure should be used as a guide only and advice should be sought when selecting units.
5 Academic Integrity (V49100) and Exercise and Sport Laboratory Safety (V90002) are compulsory 6 credit point units that you must undertake as part of this course.

Stephanie Della Penna
Bachelor of Exercise and Sport Science graduate

My course has equipped me with the people skills that I need to work efficiently within the sports science industry. The practical experiences pushed me to communicate with people in a way that I could never before.

Stephanie Della Penna
Bachelor of Exercise and Sport Science graduate
Bachelor of Health and Physical Education

Develop the skills, knowledge and understanding to become a secondary school health and physical education teacher who makes a difference to every student. You’ll learn how to create safe, inclusive and engaging learning environments to provide learning experiences that support lifelong health and physical activity. You can choose a third teaching specialisation to gain a competitive advantage for employment, including:

- biology
- chemistry
- dance
- drama
- English
- history
- home economics
- mathematics

Professional recognition

Our education courses are accredited by the Victorian Institute of Teaching (VIT), meaning you’ll graduate as a qualified educator. Students are eligible to apply for registration with VIT upon successful completion of this degree.

Careers

Graduate ready to take your career into teaching within the private, independent or public education sectors or in advisory roles. You can even work closely with sporting organisations.

deaakin.edu.au/course/bachelor-health-and-physical-education

As well as working as an educator, you may find yourself working in fields including:

- community programs
- government agencies
- human resource management
- private academies/agencies
- professional coaching
- sport management.

Professional experience

In all four years of this course, you’ll undertake professional work placements – firstly in primary, then secondary school settings. This gives you the chance to apply your learning in a real-life teaching role in a supported manner. This course includes 80 days of supervised professional experience placements and students must successfully complete the Deakin Teaching Performance: A Current Working. A Child Check is required before beginning school experience.

1. This course structure should be used as a guide only and advice should be sought when selecting units.  
2. Academic Integrity (AAI018) and Exercise and Sport Laboratory Safety (HAE010) are compulsory 2 credit-point units that you must undertake as part of this course.  
3. Students are also required to complete two 2 credit-point units, ELN010 and EN101, as part of the Literacy and Numeracy Test for Initial Teacher Education (LANTITE), in order to graduate from this course.  
4. Students must also complete an Emergency First Aid Certificate (Level 1) and AUTISM qualifications prior to graduation.

Bachelor of Health Sciences

A rewarding career in a health-related field gives you the chance to reduce health disparity and help people – whether in Australia or overseas – to lead fuller, healthier and happier lives. As a Bachelor of Health Sciences graduate, you can be confident that you’ll get a solid grounding in multiple fields of health sciences, and be prepared for a successful career in the fastest growing employment sector in Australia.

Careers

This flexible degree allows you to combine study areas that you’re passionate about, and benefit from workplace learning to become a specialist in a booming health sector. Depending on your major, your health sciences degree can prepare you for work in the following roles and fields:

- community engagement officer
- disability support planner
- environmental and sustainability officer
- exercise specialist
- family/community/indigenous project officer
- food and nutrition policy developer
- food scientist
- health educator or counsellor
- health policy developer
- health promotion officer
- health and sports marketer or officer
- international aid worker
- lifestyle and wellness professional
- nutrition and health promotion coordinator
- policy advisor
- regional health service planner
- youth worker.

The health and human services sector is one of the largest and fastest growing industries in Australia and the world. With ageing populations and public health issues such as obesity and chronic illness on the rise, and with governments around the world increasing emphasis on disease prevention and treatment, employability in the sector is strong and continually increasing.

In Australia, the health and human services sector is projected to make the largest contribution to employment growth, increasing by 14.9% over the five years to May 2023.1 You may choose to begin your studies with a Bachelor of Health Sciences to get a solid grounding in health sciences and explore your preferred field. Then follow a pathway into psychology, nutrition, public health, sport, nursing and more. This will allow you to pursue further career opportunities in specialist fields.

Work experience

Enhance your employment prospects and consolidate your knowledge and skills through an industry placement unit. Depending on the major sequences and elective units you choose to study, this option may be available in the final year of your course.

Course structure

This 24-credit-point course consists of six core units and at least two major sequences from an approved list. Students must complete at least 18 credit points offered by the Faculty of Health, at least 14 credit points at level 2 or 3 and at least 6 credit points at level 3.

Courses

This 32-credit-point course consists of 26 core units, 4 credit points of discipline study units and 2 credit points of curriculum study units in the third teaching method.

Year 1

**Trimester 1**

- Teacher – Learner Identity: Health and Physical Education Studies Foundations of Sport and Exercise Pedagogy and Practice Discipline study in a 3rd teaching method area

**Trimester 2**

- Learning Teaching Communities: The Art and Science of Movement Functional Human Anatomy Discipline study in a 3rd teaching method area

Year 2

**Trimester 1**

- Professional Experience in Health and Physical Education: Curriculum Study A Exercise Physiology
- Youth Health and Student Wellbeing Discipline study in a 3rd teaching method area

**Trimester 2**

- Understanding Learning, Learners and Classrooms Relationships Biomechanics
- Motor Learning and Development Discipline study in a 3rd teaching method area

Year 3

**Trimester 1**

- Exercise Behaviour
- Applied Sports Science 1
- Nutrition, Growth and Development for Health Educators
- Curriculum Study for 3rd Teaching Method 1

**Trimester 2**

- Teaching Sexuality and Relationships Education
- Health and Physical Education: Curriculum Study 8
- Senior Physical Education: Curriculum Study Curriculum Study for 3rd Teaching Method 2

Year 4

**Trimester 1**

- Professional Identity and Curriculum Work
- Professional Issues in Health and Physical Education
- Inclusivity and Diversity in HPE Movement Contexts
- Senior Health and Human Development: Curriculum Study

**Trimester 2**

- Curriculum Assessment and Policy in Contemporary Schooling
- Approaches to Teaching Health and Physical Education
- Health: a Family and Community Focus Exercise Prescription for Fitness and Health

Professional experience

In all four years of this course, you’ll undertake professional work placements – firstly in primary, then secondary school settings. This gives you the chance to apply your learning in a real-life teaching role in a supported manner. This course includes 80 days of supervised professional experience placements and students must successfully complete the Deakin Teaching Performance: A Current Working. A Child Check is required before beginning school experience.

1. This course structure should be used as a guide only and advice should be sought when selecting units.  
2. Academic Integrity (AAI018) and Exercise and Sport Laboratory Safety (HAE010) are compulsory 2 credit-point units that you must undertake as part of this course.  
3. Students are also required to complete two 2 credit-point units, ELN010 and EN101, as part of the Literacy and Numeracy Test for Initial Teacher Education (LANTITE), in order to graduate from this course.  
4. Students must also complete an Emergency First Aid Certificate (Level 1) and AUTISM qualifications prior to graduation.

Work experience

Enhance your employment prospects and consolidate your knowledge and skills through an industry placement unit. Depending on the major sequences and elective units you choose to study, this option may be available in the final year of your course.

Course structure

This 24-credit-point course consists of six core units and at least two major sequences from an approved list. Students must complete at least 18 credit points offered by the Faculty of Health, at least 14 credit points at level 2 or 3 and at least 6 credit points at level 3.

Year 1

**Trimester 1**

- Understanding Health Major sequence 1  
- Elective/major sequence 3

**Trimester 2**

- Health Information and Data Major sequence 1  
- Major sequence 2  
- Elective/major sequence 3

Year 2

**Trimester 1**

- Australian Health Care System Major sequence 1  
- Major sequence 2  
- Elective/major sequence 3

**Trimester 2**

- Program Planning, Management and Evaluation Major sequence 2  
- Major sequence 3  
- Elective/major sequence 3

Skills to get you a job

Gain a competitive edge in the workplace with real-world expertise and practical skills. Deakin is ranked the #1 university for both generic skills and good teaching in Victoria.2

2. 3 Trimester 3 is available at Melbourne Burwood Campus and Geelong Waterfront Campus only. For international students, Melbourne Burwood Campus only.  
4. Cloud Campus students will be required to attend some campus-based activities.  
5. Some units are available at Cloud Campus. Individual units may not be available on every campus.  
6. This course structure should be used as a guide only and advice should be sought when selecting units.  
7. Ten Academic Integrity (HAE010) is a compulsory 2 credit-point unit that you must undertake as part of this course.
Courses

Combined courses

A combined course (or double degree) in sport lets you pursue complementary areas and explore disciplines that are of particular interest to you. Combined courses let you complete two courses in as little as four years, which is quicker than completing one degree followed by the other.

Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management)

Experience the synergy of sport science and the business of sporting organisations with Deakin's Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management). Gain the skills to improve the sporting performance and health of athletes and teams, as well as the expertise to become a professional leader in exercise and sport science in areas from strength and conditioning, to exercise physiology.

Professional recognition
Graduates are eligible to apply for accreditation with Exercise and Sports Science Australia (ESSA) as an Accredited Exercise Scientist (AES).¹

Regional and Remote Entry Scheme
At Deakin, we are committed to producing world-class exercise and sport science graduates across regional, rural and remote areas of Australia. The Regional and Remote Entry Scheme has a separate VTAC code offering an alternative entry pathway for this course at the Geelong Waurn Ponds Campus.

deakin.edu.au/business-will

Course structure

This course consists of 32 credit points – 16 core units in the Bachelor of Exercise and Sport Science, 15 core units and one elective unit in the Bachelor of Business (Sport Management).

Work experience
You will complete three compulsory placements comprising a minimum of 320 hours; two placements from the Bachelor of Exercise and Sport Science (minimum 220 hours) and one placement from the Bachelor of Business (Sport Management) (minimum 100 hours).

As part of the business (sport management) component of this degree, work integrated learning opportunities include business internships, community-based volunteering, industry-based learning and international study opportunities.

deakin.edu.au/business-will

Bachelor of Health Sciences/Bachelor of Arts

Build a degree tailored to your specific interests with a Bachelor of Health Sciences/Bachelor of Arts. This flexible degree allows you to major in fields from both health sciences and arts, tapping into unique course combinations and career opportunities. You can build your course structure to hone in on whichever niche reflects your individual passions.

Course structure

This course consists of 32 credit points – 16 credit points from the Bachelor of Health Sciences and 16 credit points from the Bachelor of Arts.

Bachelor of Exercise and Sport Science/Bachelor of Nutrition Science

This combined course gives you the opportunity to study two complementary fields and understand how the whole athlete works, as well as the fuel required to enable them to perform at their best. Discover wide-ranging career opportunities when you combine a drive for exercise and sport with a passion for food and nutrition. You’ll also have the opportunity to experience the field of nutrition science from an international perspective by choosing to undertake an elective study tour unit ‘International Perspectives in Food and Nutrition’.

Professional recognition
Current students are eligible to apply for student membership with the Nutrition Society of Australia (NSA), and apply as an ‘ordinary member’ upon graduating.

Graduates are eligible to apply to become a Registered Associate Nutritionist with the:
- Nutrition Society of Australia
- Hong Kong Nutrition Association
- UK Association for Nutrition.

Graduates are eligible to apply for accreditation with Exercise and Sports Science Australia (ESSA) as an Accredited Exercise Scientist (AES).¹

Careers
As well as typical roles in the sport, exercise, coaching and fitness industries, you may pursue employment in:
- community health and wellness
- facility management
- rehabilitation
- sport science
- sports administration.

You may work in settings such as:
- community sport organisations
- elite, professional sporting clubs
- large organisations in corporate health
- local and community sporting clubs
- local and state government agencies
- private health and recreation centres
- professional sporting bodies.

You’ll also be well prepared for a nutrition-focused career and can work in areas in the nutrition and food industry such as:
- community nutrition
- consumer education and awareness campaigns
- food analysis
- food laboratories and research institutes
- food manufacturing
- food policy and regulation
- food quality and safety
- food wholesale and retail
- health promotion
- individual and population health
- nutrition and agribusiness
- nutrition research and education
- product development
- public health nutrition
- sensory analysis.

Work experience
As a feature of this course you will complete 220 hours of practical experience in exercise and sport science.

Course structure

32 credit points – 16 exercise core units and 16 core units in nutrition (one HSN coded elective unit).

deakin.edu.au/course/bachelor-exercise-and-sport-science-bachelor-nutrition-science

Further study opportunities

This course can also act as a pathway into the Master of Dietetics (prerequisite subjects apply), if entry requirements are met.

¹ This course is currently not accredited with ESSA. However, graduates may still apply to ESSA to become an Accredited Exercise Scientist through the non-ESSA Accredited Course application pathway. Please refer to essa.org.au for more information.

² Cloud Campus is not available to international students.
Course and entry requirements

<table>
<thead>
<tr>
<th>Course Information</th>
<th>Campus and A/FA</th>
<th>Course duration</th>
<th>Trimester intakes</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Bachelor of Business (Sport Management)</td>
<td>M391</td>
<td>10°</td>
<td>18.25</td>
<td>3, T1, T2, T3</td>
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<tr>
<td>Bachelor of Sport Development</td>
<td>M320</td>
<td>10°</td>
<td>25.25</td>
<td>3</td>
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<tr>
<td>Bachelor of Exercise and Sport Science</td>
<td>H343</td>
<td>10°</td>
<td>25.25</td>
<td>3</td>
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<tr>
<td>Bachelor of Health and Physical Education</td>
<td>E377</td>
<td>10°</td>
<td>65.65 and RC</td>
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<tr>
<td>Bachelor of Health Sciences</td>
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<tr>
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<td>D333</td>
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<td>70.00</td>
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</tr>
</tbody>
</table>

1. VCE units 3 and 4 – a study score of at least 20 in English other than EAL or 25 in English (EAL).
2. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/M391.
3. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/M320.
4. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/H343.
5. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/E377.
6. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/H300.
7. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D394.
8. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D391.
9. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D333.

10. VCE units 3 and 4 – a study score of at least 20 in English other than EAL or 25 in English (EAL).
11. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/M320.
12. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/H343.
13. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/E377.
14. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/H300.
15. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D394.
16. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/H300.
17. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D391.
18. As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D333.

Advice for life, learning and career
Visit this.deakin.edu.au to help you reach your potential in Year 12 and beyond. Hear from academics, experts, industry professionals and inspirational students.

Contact us
We're here to help
We have staff at each of our campuses who are more than happy to answer your general queries.

Prospective student enquiries
Domestic students
1800 693 888
myfuture@deakin.edu.au

International students
+61 3 9627 4877
study@deakin.edu.au

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myfuture.edu.au
youth.gov.au
youthcentral.vic.gov.au

Course information evenings
Visit us on campus to find out more about your chosen course. deakin.edu.au/health/events

Deakin understands that evidencing and articulating your capabilities is vital to gaining opportunities. Deakin Hallmarks are prestigious university awards that recognize student's achievements and capabilities that are key to employment success. After graduating, they often offer students the opportunity to differentiate themselves to employers. To find out more visit deakin.edu.au/hallmarks, including how Hallmarks are awarded.

1. The 2020 indicative Commonwealth Supported Place (CSP) fee is based on a typical enrolment for an Australian domestic student enrolling in two trimesters of full-time study, or 8 credit points, unless otherwise indicated. This fee should be used as a guide only and is subject to change.
2. Recent secondary education applicants include current Year 12 students in 2020, as well as Year 12 graduates from 2017 and 2018.
3. There are four categories under which non-Year 12 applicants may apply to Deakin:
   - applicants with a higher education study
   - applicants with Vocational Education and Training (VET) study
   - applicants with work and life experience
   - applicants who completed Year 11 in 2017 or earlier.
4. For international students, Trimester 3 is only available at Cloud Campus.
5. International student entry requirements can be found at deakin.edu.au/ international-students.
6. Students are required to apply for a Working With Children Check before commencing school experience.
7. Students are also required to complete two 2 credit-point units, ELC100 and ELC201, as part of the Literacy and Numeracy Test for Initial Teacher Education (LANTITE), in order to graduate from their course.
8. Students in all initial teacher education courses are required to sit the CADG test, a non-academic assessment. Please be advised the cost of the CADG test is $90, which is reimbursable by individual applicants. Deakin University will not be able to reimburse any test costs. Find out more at deakin.edu.au/teaching.
9. Cloud Campus is not available to international students.
10. Warrnambool Campus is not available to international students for this course.
11. Melbourne Burwood Campus, Geelong Waurn Ponds Campus and Cloud Campus only. For international students, Melbourne Burwood Campus only.
12. NP means not published—less than five offers made to recent secondary education applicants. RC means admission is based on a range of criteria.

16 Sport
VIRTUAL OPEN DAY
A DAY THAT’S ALL ABOUT TOMORROW

SUN 16 AUG
9am–4pm

1800 693 888
deeakin.edu.au/openday