

Bachelor of Health and Physical Education

Burwood (Melbourne)
Waurm Ponds (Geelong)



Make a difference in the lives of young people through health and physical education. Gain hands-on teaching experience and specialist expertise with Deakin's Bachelor of Health and Physical Education.

Course essentials

Deakin code: E377

Location: Burwood (Melbourne), Waurm Ponds (Geelong)

Intakes: T1 (March)

Duration: 4 years full-time or part-time equivalent

Course overview

If you're passionate about the benefits of sport and keen to inspire young adults, Deakin's Bachelor of Health and Physical Education equips you with the skills to get the next generation moving.

In this course, you'll develop the skills, knowledge and understanding to become a secondary school health and physical education teacher; and discover how to create safe, inclusive and engaging learning environments that help students engage with their bodies and their physical wellbeing.

Explore areas including applied sports science, biomechanics, motor learning and development, exercise physiology, health and human development, nutrition and education. You will also discover the science and art of movement education, familiarise yourself with performance skills in mediums like dance and gymnastics and gain an understanding of basic anatomical and physiological language and terminology.

In addition, you can choose a third teaching specialisation to gain a competitive advantage for employment, including:

- biology
- chemistry
- dance (Burwood Campus only)
- drama (Burwood Campus only)
- English
- history
- home economics (Burwood Campus only)
- mathematics.

deakin.edu.au/teaching

Deakin University CRICOS Provider Code: 00113B

Professional experience

At Deakin, we have a strong focus on professional experience to develop your professional readiness. That's why we ensure you undertake professional work placements every year you study. Working with more than 1,400 schools across Australia, we'll arrange a total of 80 days of placements where you'll learn from experienced teachers; and facilitate ongoing conversation between yourself and Deakin staff, to ensure you have the best opportunity to develop as a teacher. Your hands-on learning will continue on campus as you develop your skills in specialised teaching spaces that simulate your future work environment.

Professional recognition

Deakin's Bachelor of Health and Physical Education is accredited by the Victorian Institute of Teaching (VIT), meaning you'll graduate as a qualified educator. Students are eligible to apply for registration with VIT upon successful completion. Check the requirements relating to this process at vit.vic.edu.au.

The Deakin difference

Deakin is ranked among the top 5 universities in Australia for its education courses, based on the 2021 QS World University Rankings by Subject, which are informed by academic and employer reputation, as well as research impact.

We maintain close links with the education sector to ensure our courses are developed and reviewed with industry and professional input. You'll be taught by teaching staff with industry experience, recognised as leaders and innovators in their fields – so you can be confident that what you learn at Deakin will be relevant to your teaching career.



Students utilising Deakin's Waurm Ponds Sports Precinct.

'I feel extremely confident in my ability to be work-ready. The vast range of professional experience and practical lessons has allowed me to transfer all my theoretical learning into a real-world teaching context, making me prepared and eager to enter the work force.'

Meg Collins

Health and Physical Education graduate



Discover more student stories on the Arts and Education Content Hub.

Career opportunities

The education and training industry is one of the largest growing industries in Australia, and is projected to grow by 13.4% by November 2026 – that's 149,600 new jobs¹.

Teaching courses at Deakin can lead to careers that make a profound and lasting impact on the future by positively educating and influencing the lives of the next generation. Teaching is a rewarding career that offers creativity, flexibility and opportunities beyond working in a classroom.

As a Deakin graduate, you'll be ready to take your career into teaching within the private, independent or public education sectors. As well as working as an educator, you can choose to move into areas such as sports management, recreation and fitness, community and government agencies, professional coaching positions, in private academies and agencies.

Course structure²

To be awarded a Bachelor of Health and Physical Education a student must successfully complete 32 credit points (cp) comprising:



Entry requirements

Entry for applicants with recent secondary education (previous three years)

- Minimum ATAR of 70 in 2019
- VCE Units 1 and 2 of General Mathematics or Maths: Mathematical Methods or Maths: Specialist Mathematics, or Units 3 and 4 of Mathematics (any)
- a study score of at least 35 in English EAL (English as an additional language) or 25 in English other than EAL

Refer to the VTAC Guide for all pre-requisite information: vtac.edu.au

Entry for applicants with previous Tertiary, VET, life or work experience

- evidence of academic capability equivalent to an ATAR of 70 OR
- successful completion of STAT

All applicants must meet the minimum English language requirements. Visit the course page for detailed entry requirements.

Casper test

Applicants must complete an additional selection tool for non-academic attributes. Casper is an online, video-based situational judgment test designed to measure personal and professional characteristics. Find out more at deakin.edu.au/casper.

Applying to Deakin

Apply through VTAC

Current year 12 students can apply through VTAC: vtac.edu.au

Apply direct to Deakin

All other applications can be submitted directly to the university: deakin.edu.au/apply

APPLY NOW

We're here to help

Deakin is here to support you. From your application through to graduation, we offer many support services to ensure you feel confident throughout your studies:

- **Study support**
- **Career services**
- **Fees and scholarships**
- **Health and wellbeing**

Pathways into Deakin

Use the pathways finder tool to discover how to get into your dream course when you don't quite meet the entry requirements:

deakin.edu.au/pathways

- 1 National Skills Commission, 2021 Employment projections for the five years to 2026.
- 2 Students are also required to complete unit HSE010 Exercise and Sport Laboratory Safety before classes commence; ELN010 and ELN011 as part of the Literacy and Numeracy Test for Initial Teacher Education (LANTITE); and unit AAI018 Academic Integrity and an Emergency First Aid Certificate (Level 2); and AUSTSWIM qualifications prior to graduation in order to graduate from their course. These units do not contribute towards course credit. Refer to deakin.edu.au/teaching for a complete course structure breakdown.

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deakin.edu.au/teaching

While the information provided here was correct at the time of publication in April 2023, Deakin University reserves the right to alter, amend or delete details of the course and unit offerings.