



2016 – H343 Bachelor of Exercise and Sport Science
 Offered at Melbourne Burwood Campus and Geelong Waurm Ponds Campus

Name: _____

Student Id: _____

Date: _____

Student Adviser: _____

 Sports Nutrition Major units

YEAR 1	TRI 1	Human Structure and Function HBS109	Principles of Exercise and Sport Science HSE101 (co-req:HSE010)	Introduction to Exercise and Sport Science Practice HSE103 (co-req: HSE010)	Exercise and Sport Laboratory Safety HSE010 (0 credit points)	Food: Nutrition, Culture and Innovation HSN101
	TRI 2	Research Methods and Statistics HSE104	Health Behaviour HBS110	Functional Human Anatomy HSE102 (co-req:HSE010)	Elective unit Recommend level 1	
YEAR 2	TRI 1	Exercise Physiology HSE201 (pre-req:HBS109) (co-req:HSE010)	Exercise Behaviour HSE203 (pre-req:HBS110 or ESH404 or EEH101 & EEH102)	Principles of Exercise Prescription HSE301 (pre-req: One of HSE103 or HSE201 or HSN211) (co-req:HSE010)	Nutritional Physiology HSN211 (pre-req: HBS109)	
	TRI 2	Biomechanics HSE202 (co-req:HSE010)	Motor Learning and Development HSE204 (co-req:HSE010)	Lifespan Nutrition HSN202 (HSN101 and one of HSN201 or HSN211)	Elective unit Recommend level 1 or 2	
YEAR 3	TRI 1	Exercise and Sport Science Practicum HSE312 (pre-req: All level 1 and 2 core units in H343)	Elective unit level 2 or 3	Exercise Metabolism HSE303 (pre-req: HSE201) (co-req:HSE010)	Sports Nutrition: Theory and Practice HSN307 (pre-req: HSN201 or HSN211)	
	TRI 2	Exercise Programming HSE302 (pre-req:HSE301) (co-req:HSE010)	HSE3xx core elective level 3	Assessing Food Intake and Activity HSN305 (pre-req: HSN201 or HSN211)	Elective unit Recommend level 2 or 3	

Last update 1/10/2015

Course Rules:

1. Must complete 24 credit points. .
2. No more than 10 credit points may be taken at level 1.
3. Electives can be from other Schools.

All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once. This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook*

(http://www.deakin.edu.au/students/university_handbook).

Notes

School of Exercise and Nutrition Sciences

Student Advisers

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School website: <http://www.deakin.edu.au/exercise-nutrition-sciences>