SCHOOL OF EXERCISE AND NUTRITION SCIENCES

H315
BACHELOR OF FOOD AND NUTRITION SCIENCES

2017 STUDENT INFORMATION GUIDE
Introduction

Welcome to the School of Exercise and Nutrition Sciences (SENS) and congratulations on your success in achieving a place in the H315 Bachelor of Food and Nutrition Sciences.

The H315 Bachelor of Food and Nutrition Sciences comprises of 24 credit points: 16 core units and 8 electives.

It is important to retain this guide for your information throughout your time at Deakin.

In addition to utilising the guides, we encourage students to contact us with any queries in relation to the course or enrolment.

Health Student and Academic Services

The Faculty of Health Student Centre provides:

- Initial contact point for student and course related enquiries
- Distribution of forms (credit for prior learning, course transfer, enrolment variation)
- Assessment cover sheets, extension forms and submission/collection point
- Peer mentoring information
- Special consideration help and advice

The Health Student and Academic Services is located at:

- **Burwood:** Building Y, Room 101
- **Geelong Waurn Ponds:** Building dd, Room 2.125
- **Warrnambool:** Building F, Room 213
- **Telephone:** 9251 7777 , Email: health-enquire@deakin.edu.au

School Contacts

**Course Director**
Dr Alison Booth

**Deputy Course Directors**
Dr Shirani Gamlath
Dr Sara Cicerale

**Student Advisers**
Kerry Becchetti, Cara Walker, Jessica Lingham and Emma Smith

Please forward any queries regarding this course to student advisers as per the contact details below:

Tel: 03 9244 5436
Email: ens-enquire@deakin.edu.au
Course and Enrolment Information

Course Overview

The aim of the course is to produce graduates who can apply knowledge in relation to food, nutrition and health.

During this course you will learn about human nutrition and the complexity of current issues relating food to human health; the nutritional implications of food product composition and processing for consumers; why consumers are driven to consume high levels of fats, salts and sugars and the complexity of food behaviours; food processing to ensure the delivery of a safe and wholesome food supply; the control of food spoilage, taking into account health and commercial considerations; the development, manufacture and marketing of individual food products.

Graduates will be equipped to work within the 20 billion dollar Australian food industry including in diverse areas such as nutritionists, product developers, consumer and sensory scientists, quality assurance etc. In addition you may be eligible to apply for higher degrees such as the Honours program or the Master of Dietetics. The Food and Nutrition course at Deakin University equips you with the life-long learning skills necessary to be successful in your careers.

Course Rules

The course comprises 24 credit points, including 16 core units. The remaining 8 credit points are elective units, which may be selected from any Faculty. No more than 10 credit points may be taken at level 1; at least 4 credit points must be taken at level 3. Please refer to course grid at the back of this booklet for more details.

Lab Safety Units

All students completing SLE133 Chemistry in Our World (and any other SLE unit) must enrol in the zero credit point unit, SLE010 Laboratory and Fieldwork Safety Induction Program, a compulsory 50 minute safety training session.

All students completing HSN or HSE units must enrol in the zero credit point unit, HSN010 Food and Nutrition Laboratory Safety or HSE010 Exercise and Sport Science Laboratory Safety. Units requiring the laboratory safety unit are listed in the online 2016 Handbook. The aim of these co-requisite units is to ensure you are safe to practice within the School laboratories. The unit consists of a short online safety quiz that must be completed prior to your first laboratory class. You must bring your printed certificate of completion to your first laboratory class. The unit is only required to be completed once during your degree.

Major Sequences

The course consists of 8 credit points of elective units. It is not mandatory to undertake a major sequence but it is highly encouraged. It is recommended that students take the Food Science major sequence which comprises of the following units:

- HSN104 The Science of Food
- HSN204 Microbiology and HACCP
- HSN206 Food Analysis and Quality Assurance
- HSN212 Functional Foods and Biotechnology
- HSN315 Food Manufacturing and Process Innovation
- HSN320 Trends in Product Development

Alternative major sequences are listed below:

- Exercise Science
- Health Promotion
- Physical Activity and Health
- Psychology

Please refer to the School’s website for further information about majors and course grid templates.

IMPORTANT NOTE: It is important to select your chosen major sequence (if applicable) at the time of enrolment via StudentConnect. This can be achieved through clicking the ‘select unit set sequence’ option under the ‘Enrolment’ link on the StudentConnect webpage.
Electives

One of the most commonly asked questions by Food and Nutrition Sciences students is ‘what can I do with my elective units?’

Option 1 - Undertake additional units from the areas being majored in

In addition to the units listed in the majors, the Faculty of Health offers a number of other level 1, 2 and 3 units related to nutrition, food studies and exercise fields. Students undertaking majors in these areas may like to take some of these additional units as electives to strengthen their knowledge and skills (subject to campus availability and having met any pre-requisite requirements if applicable).

These additional units can be found in Deakin’s handbook at http://www.deakin.edu.au/students/university-handbook. Using the ‘Search for a unit’ link in the handbook, students can find the units by typing one of the following options into the ‘Enter a unit code’ field: (NOTE: If the screen appears blank after ‘go’ has been selected, scroll down to find a list of units)

- HSH: Units related to health promotion
- HSE: Units related to exercise
- HSN: Units related to nutrition and food studies
- HPS: Units related to psychology

Option 2 - Undertake units of interest as electives

Alternatively, students may take any level 1, 2 or 3 Deakin unit that they would like to study as an elective (subject to campus availability and having met any pre-requisite unit or cohort requirements if applicable). It must be noted that some units within the University are only available to students in select courses.

Students must keep in mind that they may only study a maximum of 10 credit points at level 1 and that only a maximum of 8 credit points of electives can be studied from outside of the Faculty of Health.

Students can search for a complete listing of units offered throughout Deakin via the online handbook. Using the ‘Search for a unit’ link in the handbook type one of the following options into the ‘Enter a unit code’ field: (NOTE: If the screen appears blank after ‘go’ has been selected, scroll down to find a list of units)

- A: All Arts units offered by the Faculty of Arts and Education
- E: All Education units offered by the Faculty of Arts and Education
- H: All units offered by the Faculty of Health
- M: All units offered by the Faculty of Business and Law
- S: All units offered by the Faculty of Science, Engineering and Built Technology

Recommended level 1 electives from the Faculty of Health you may wish to consider undertaking in the first year of your study:

- HPS111 Introduction to Psychology A
- HPS121 Introduction to Psychology B
- HBS110 Health Behaviour
- HSE102 Functional Human Anatomy
- HSE105 Principles of Sports Coaching
- SLE155 Chemistry for the Professional Sciences

Recommended level 2 and 3 electives in Food and Nutrition include:

- HSN213 Current Controversies in Food and Nutrition
- HSN227 Volunteering in Food and Nutrition
- HSN307 Sports Nutrition: Theory and Practice
- HSN308 Food, Nutrition and Society
- HSN311 Food Science and Nutrition Practicum
- HSN360 International Perspectives in Food and Nutrition (Study Tour)

For a full list of electives or information about unit information and availability, please refer to the online handbook: http://www.deakin.edu.au/students/university-handbook/
H718 Master of Dietetics Requirements

Students wishing to meet the entry requirements for the Master of Dietetics must ensure they complete the following units.

<table>
<thead>
<tr>
<th>Category</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nutrition units</td>
<td>HSN101 Foundations of Food, Nutrition and Health</td>
</tr>
<tr>
<td></td>
<td>HSN202 Lifespan Nutrition</td>
</tr>
<tr>
<td></td>
<td>HSN301 Diet and Disease</td>
</tr>
<tr>
<td>Food Science unit</td>
<td>HSN104 The Science of Food</td>
</tr>
<tr>
<td>Chemistry units</td>
<td>SLE133 Chemistry in Our World</td>
</tr>
<tr>
<td></td>
<td>SLE155 Chemistry for the Professional Sciences</td>
</tr>
<tr>
<td>Biochemistry units</td>
<td>SLE212 Biochemistry</td>
</tr>
<tr>
<td></td>
<td>SLE222 Biochemical Metabolism</td>
</tr>
<tr>
<td>Two level 1 Biology/physiology units</td>
<td>HBS109 Human Structure and Function</td>
</tr>
<tr>
<td></td>
<td>HSN107 Physiology for Human Growth and Development</td>
</tr>
<tr>
<td>Two level 2 Physiology units</td>
<td>HSN211 Nutritional Physiology, <strong>plus one of the following:</strong></td>
</tr>
<tr>
<td></td>
<td>HSE208 Integrated Human Physiology</td>
</tr>
<tr>
<td></td>
<td>SLE211 Principles of Physiology</td>
</tr>
<tr>
<td></td>
<td>SLE221 Systems Physiology</td>
</tr>
</tbody>
</table>

Please note that this information is correct as of 30 August 2016 and completing Master of Dietetics pre-requisites 'unit set' does not guarantee a place in the Master of Dietetics course.

Please refer to H718 Master of Dietetics’ course handbook for more information on the course entry requirements. [http://www.deakin.edu.au/course/master-dietetics](http://www.deakin.edu.au/course/master-dietetics)

Course/ Enrolment Terminology

The H315 Bachelor of Food and Nutrition Sciences consists of 24 credit points. But what is a credit point? University terminology can often be confusing to new students. The common terms that a student will encounter are deciphered below:

**Course Code:** Each course has a distinct code.
H315 is the course code for the Bachelor of Food and Nutrition Sciences.

**Unit Code:** Each unit, or subject, has a distinct alphanumerical code e.g. HBS109.
All units offered by the Faculty of Health commence with the letter ‘H’.

**Unit Name:** Each unit has a distinct unit name e.g. ‘Understanding Health’.

**Unit Level:** H315 studies are undertaken at three different levels:
Level 1 represents the initial level of study (i.e. units normally taken in Year 1) with level 3 representing the most advanced level of study (i.e. units normally taken in Year 3 of study for H315).
The level of a unit can be determined by the unit code. The first number in a unit code indicates the level of the unit e.g. HBS109 is a level 1 unit; HSN211 is a level 2 unit; HSN301 is a level 3 unit.

**Credit point:** Refers to the value of a unit.
One unit is normally worth one credit point e.g. HBS109 = 1 credit point.
Some units within the University are worth more than one credit point.
Students may enrol in a maximum of four credit points a trimester.

**Prerequisite:** A prerequisite is a unit required to be studied and completed prior to enrolling in a subsequent unit. For example, HSN211 has a prerequisite of HBS109. Students must pass HBS109 before taking HSN211.

**Corequisite:** A corequisite is a unit required to be studied prior to or simultaneously with a particular unit.

**Elective unit:** An elective unit is a non-prescribed unit. It is a unit of choice (subject to course rules, campus availability and students having met any prerequisite requirements).
Campus Modes

The campus(es) of offer of each major are indicated through use of the following key:

- **B**: Available on campus at Burwood
- **G**: Available on campus at Geelong - Waurn Ponds
- **S**: Available on campus at Geelong - Waterfront
- **W**: Available on campus at Warrnambool
- **Cloud (X)**: Available online/off-campus
- **CBD**: refers to Institute of Koorie Education – Community Based Delivery

**Cloud (X)** indicates that all of the units in the major are available in off-campus mode. A unit delivered in off-campus mode may require students to attend workshop/lab activities at a campus for a limited time during the trimester. Students should check the delivery details of units offered in this mode in Deakin’s online handbook.

Unit Set

A Unit Set is the grouping of subjects which together make up an approved major sequence or specialisation. A successfully completed major sequence and specialisation will be listed on your academic transcript. Students are required to enter their unit set/s via StudentConnect, so administrative staff can check your major/s eligibility when assessing your graduation paperwork.

Please note that the **Master of Dietetics pre-requisites ‘unit set’** is not a major nor a specialisation; this ‘unit set’ will not be printed on your transcript nor your testamur. Enrolling into this unit set will assist the School to identify students who are undertaking the Master of Dietetics pre-requisite units and provide prompt advice to students should we receive future updates regarding Dietitians Association of Australia (DAA) requirements. Please note also that completing this unit set does not guarantee you a place in the Master of Dietetics course.

To add a ‘unit set’, also known as a major sequence or specialisation or to withdraw from a 'unit set', go to StudentConnect and click 'Enrol in Unit/Course'.

Further Study

After completing the H315 Bachelor of Food and Nutrition Sciences, students may elect to further their qualifications and expertise through study in a specific area of interest. Eligible students may undertake an Honours degree then apply for entry into the Higher Degree by research program. Alternatively, eligible students may wish to consider applying for a Graduate Certificate, Graduate Diploma or a Masters degree by coursework. For example: Master of Dietetics, Master of Human Nutrition or Master of Nutrition and Population Health.

Your Future

It is never too early to start thinking about your career. The following web sites are useful resources:

- [School of Exercise and Nutrition Sciences career website](http://www.sen.science.deakin.edu.au/career/)
- [Careers Education, Deakin University](http://www.careers.deakin.edu.au/)
- [Graduate Careers Australia](http://www.gradcareers.com.au/)

Food and Nutrition Sciences Guide 2017 - Deakin University reserves the right to alter, amend or delete details

Updated November 2016
Other Important Information

Academic Calendar / Important Dates

The Deakin academic year is currently divided into three trimesters:

- Trimester 1
- Trimester 2
- Trimester 3

Trimester 3 is an optional summer trimester offering a limited number of units. The units that will be available in the next upcoming trimester 3 are advertised via the Deakin website in the online handbook.

All students must refer to important dates listed on the online handbook. These dates are subject to change each year. [http://www.deakin.edu.au/students/enrolment-fees-and-money/university-handbook/2017-handbook/2017-trimester-dates](http://www.deakin.edu.au/students/enrolment-fees-and-money/university-handbook/2017-handbook/2017-trimester-dates)

Adding or Changing Units

Students have the opportunity to reassess the units that they are enrolled in for any given trimester.

Students can add further on-campus units to their enrolment (if not enrolled in the maximum of four credit points) or change an on-campus unit for another up until the last day of the second week of the trimester. However we recommend that students finalise their enrolment before the start of the trimester.

The final deadline to add or change units can be found in the ‘Important Dates’ section of Deakin’s handbook.

Students can add or change units via the relevant links in the ‘Enrolment’ section on StudentConnect. [www.deakin.edu.au/studentconnect](http://www.deakin.edu.au/studentconnect)

Deakin Card

Students must ensure that they obtain a Deakin student card from Deakin Central. The Deakin card is the only accepted form of identification for students whilst on campus. The Deakin card can be loaded with funds and used for services on campus. It is also required for borrowing library materials and accessing online library materials.


Deakin Email

The University, Course Directors, Unit Chairs and student advisers all communicate important information to students via their Deakin email address. Students must ensure that they check their emails on a regular basis.

A student’s email address will look like: student's username@deakin.edu.au.


Students can access their Deakin email via this link [www.deakin.edu.au/owa](http://www.deakin.edu.au/owa)

Disability Resource Centre (DRC)

Staff at the Disability Resource Centre (DRC) may be able to assist a student if a physical, sensory or learning disability, or a temporary or permanent medical or mental health condition is interfering with their ability to achieve academic goals. The DRC provides a range of tailored support and services to individuals registered with them. For further details please refer to [http://www.deakin.edu.au/students/health-and-wellbeing/disability-support](http://www.deakin.edu.au/students/health-and-wellbeing/disability-support).

Faculty Student Manual

The Faculty Student Manual is designed to provide students with general information about the Faculty of Health; its staff, courses, policies and procedures.

Handbook

The Deakin online handbook provides information on every course available at Deakin (via the ‘Search for a course’ link) and on the units on offer throughout the University (via the ‘Search for a unit’ link). Important dates for the year and Deakin’s academic calendar are also located in the handbook.

The handbook can be accessed via the student portal or www.deakin.edu.au/students/university-handbook

Below is an example of the information students will be provided with when they search for a unit in the handbook.

HBS109 - Human Structure and Function

Year

Enrolment modes:
- Trimester 1: Burwood (Melbourne), CBD*, Waurn Ponds (Geelong), Warrnambool, Cloud (online)
- Trimester 2: Burwood (Melbourne)
- Trimester 3: Cloud (online)

Credit point(s): 1
EFTSL value: 0.125

Trimester 1: Craig Wright
Trimester 2: Daniel Belavy
Trimester 3: Craig Wright

Contact hours:
- 3 x 1 hour classes per week, 4 x 2 hour practicals per trimester and 4 x 1 hour seminars per trimester

Unit Fee Information

<table>
<thead>
<tr>
<th>Student Contribution</th>
<th>Student Contribution</th>
<th>Fee rate - Domestic</th>
<th>Fee rate – International students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rate*</td>
<td>Rate**</td>
<td>$ XXX</td>
<td>$ XXX</td>
</tr>
<tr>
<td>$XXX</td>
<td>$XXX</td>
<td>$XXX</td>
<td>$XXX</td>
</tr>
</tbody>
</table>

* Rate for all CSP students, except for those who commenced Education and Nursing units pre 2010
** Rate for CSP students who commenced Education and Nursing units pre 2010

Intermission (Leave of Absence)

Deakin University permits enrolled students to be granted a leave of absence (intermission) for a total of two trimesters throughout the duration of their course. Students may take two trimesters of intermission concurrently or may split these over different years. As trimester 3 is an optional trimester, students do not need to apply for intermission if they elect to not undertake any study in this trimester.

International students must seek further advice from student adviser regarding intermission and visa implications. http://www.deakin.edu.au/students/international/how-do-i

To activate a period of intermission students must apply to intermit via StudentConnect by the following deadlines:
- Trimester 1 intermission = 31 March *
- Trimester 2 intermission = 15 August *

* These dates are subject to change each year - please consult the ‘Important Dates’ section of Deakin’s handbook

Students seeking further intermission (more than two trimesters) need to apply through the Faculty of Health online further intermission form available at http://www.deakin.edu.au/health/faculty-of-health-current-students
Maximum Completion Time (Maximum Period of Candidature)

Deakin University sets timeframes in which degrees must be completed. These timeframes take into account the importance of the currency of knowledge in completing an award.

Students are allowed a maximum of seven years to complete the H315 Bachelor of Food and Nutrition Sciences. Any official periods of intermission are not included when calculating the seven years.

Part-time Study

Deakin domestic students can elect to undertake full-time or part-time study. Students are considered to be undertaking full time study if they are enrolled in 3 or 4 credit points a trimester. Part time study is equivalent to 2 or less credit points a trimester. Students do not require permission to undertake study part time.

Each credit point of study normally requires approximately ten hours of a student’s time per week (including on campus classes). Part time study is therefore recommended for students who are working more than ten to fifteen hours per week and/or who have extensive commitments.

International students must seek further advice from student adviser regarding the implications on their visas if they wish to undertake part-time study and/or online study options.

http://www.deakin.edu.au/students/international

Results

Students’ results are released at the end of each trimester. The date of result release is published in the ‘Important Dates’: http://www.deakin.edu.au/students/enrolment-fees-and-money/university-handbook/2017-handbook/2017-trimester-dates.

Students can view their results via the ‘Results’ link on StudentConnect.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Explanation</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>HD</td>
<td>High Distinction</td>
<td>80% and over</td>
</tr>
<tr>
<td>D</td>
<td>Distinction</td>
<td>70% - 79%</td>
</tr>
<tr>
<td>C</td>
<td>Credit</td>
<td>60% - 69%</td>
</tr>
<tr>
<td>P</td>
<td>Pass</td>
<td>50% - 59%</td>
</tr>
<tr>
<td>N</td>
<td>Fail</td>
<td>below 50%</td>
</tr>
<tr>
<td>XN</td>
<td>Fail, unit not assessed</td>
<td>0% - no work submitted</td>
</tr>
</tbody>
</table>

In certain circumstances, a student’s result may be pending at the time of official result release. In these instances, a RI (result pending) grade will be released until the result is finalised. Students who have submitted all unit assessments by the due dates should contact the Unit Chair immediately if a RI result is released.

Special Consideration

Students who believe that their assessment has been, or is likely to be, adversely affected on medical, compassionate or hardship/trauma grounds may apply for special consideration. Students should discuss the matter with the Unit Chair in the first instance, as in many cases an extension on the due date for an assessment will suffice.

Applications for special consideration must be lodged online via the ‘Special Consideration’ link on StudentConnect.

Applications must be made no later than three University working days after the due date of the assessment task or examination date for which special consideration is sought, unless the Unit Chair is satisfied there are exceptional circumstances.

Further information on special consideration is available at:
http://www.deakin.edu.au/students/assessments/special-consideration
Student Exchange

Deakin University offers various programs which provide students with the opportunity to study overseas for a few weeks, a trimester or a year as part of their Deakin degree.

For further information please refer to http://www.deakin.edu.au/students/studying/deakin-abroad or contact your Student Adviser on 9244 5436 or email: ens-enquire@deakin.edu.au

Unit Guide

A unit guide provides essential information about a unit. Most importantly, the unit guide details the assessment tasks for a unit and the due dates of these. The unit guide also provides information about textbooks, extensions, special consideration and how to contact teaching staff.

Unit guides for each unit a student is enrolled in are normally made available at least one week prior to the commencement of each trimester on CloudDeakin.

Withdrawing from Units

Once the trimester has commenced, students can reduce their study load and withdraw from units that they are enrolled in. To avoid incurring a HECS debt, domestic students must ensure that they withdraw from enrolled units by the following census date deadlines:

- Trimester 1 withdrawals = 31 March *
- Trimester 2 withdrawals = 15 August *
- Trimester 3 withdrawals = 15 December *

* These dates are subject to change each year - please consult the ‘Important Dates’ section of Deakin’s handbook

International students must first consult with a student adviser before withdrawing and earlier deadlines apply to avoid incurring a fee debt.

Students can still withdraw from units after the above deadlines but a HECS debt will be incurred. A withdrawn late (WL) or withdrawn fail (WN) grade will also be recorded on a student’s academic transcript. In special circumstances, students can apply to the University to have their HECS debt waived. www.deakin.edu.au/study-at-deakin/fees/refunds-and-remissions

The final deadlines to withdraw late or withdraw fail from a unit can be found in the ‘Important Dates’ section of Deakin’s handbook.

Students can withdraw from units via the relevant link in the ‘Enrolment’ section on StudentConnect. Note: Domestic students must be enrolled in at least one unit to keep their place in the course providing they have not exceeded the maximum period of candidature. To withdraw from all units, students must apply to intermit from their studies via StudentConnect.
<table>
<thead>
<tr>
<th>YEAR 1</th>
<th>TRI 1</th>
<th>Human Structure and Function HBS109</th>
<th>Foundations of Food, Nutrition and Health HSN101</th>
<th>Food: The Environment and Consumers HSN103</th>
<th>Laboratory and Fieldwork Safety Induction Program SLE010 (0 credit points)</th>
<th>Chemistry in Our World SLE133 (co-req: SLE010)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>TRI 2</td>
<td>The Science of Food HSN104 (co-req: HSN010)</td>
<td>Food Fundamentals HSN106 (co-req: HSN010)</td>
<td>Physiology for Human Growth and Development HSN107</td>
<td>Food and Nutrition Laboratory Safety HSN010 (0 credit points)</td>
<td>Elective unit</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Recommend level 1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YEAR 2</th>
<th>TRI 1</th>
<th>Food Security and Safety HSN209 (pre-req: One of HSN104 or SLE155)</th>
<th>Nutritional Physiology HSN211 (pre-req: HBS109)</th>
<th>Elective unit</th>
<th>Elective unit</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>TRI 2</td>
<td>Lifespan Nutrition HSN202 (pre-req: HSN101 and HSN211)</td>
<td>Nutrition and Food Promotion HSN210 OR Integrated Human Physiology HSE208 (co-req: HSE010) and HBS109</td>
<td>Elective unit</td>
<td>Elective unit</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Recommend level 2 or 3</td>
<td>Recommend level 2 or 3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YEAR 3</th>
<th>TRI 1</th>
<th>Diet and Disease HSN301 (pre-req: HSN211)</th>
<th>Food Policy and Regulation HSN309 (pre-req: HSN101)</th>
<th>Sensory Evaluation of Foods HSN313 (pre-req: HSN101 or HSN211)</th>
<th>Elective unit</th>
<th>Elective unit</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>TRI 2</td>
<td>Population Nutrition HSN302 (pre-req: HSN202)</td>
<td>Assessing Food Intake and Activity HSN305 (pre-req: HSN211)</td>
<td>Elective unit</td>
<td>Elective unit</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Recommend level 2 or 3</td>
<td>Recommend level 2 or 3</td>
<td></td>
</tr>
</tbody>
</table>

**Course Rules:**
1. Must complete 24 credit points.
2. No more than 10 credit points may be taken at level 1.
3. Electives can be from other Schools.
4. Students can complete HSN210 and HSE208; one of the units can be counted as an elective.

All students must complete HSN010 Food and Nutrition Laboratory Safety Unit prior to their first lab based unit. Students only need to complete this once during their course. This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook* ([http://www.deakin.edu.au/students/university-handbook](http://www.deakin.edu.au/students/university-handbook)).
Notes
This is a course structure to use if students wish to choose random electives.
Course structures with other majors can be found in the school website: http://www.deakin.edu.au/students/faculties/faculty-of-health/school-of-exercise-and-nutrition-sciences

School of Exercise and Nutrition Sciences
Student Advisers
Phone: 9244 5436
Email: ens-enquire@deakin.edu.au