Nutrition and Food Sciences

**Associations** support professionals within an industry. Their websites can often provide career information and list accredited or recognised courses of study. Association membership benefits can include access to events & conferences, networking mentoring, and work experience opportunities, careers support and industry newsletters.

**Nutrition**
- Nutrition Society of Australia
- Nutrition Australia

**Food science**
- Australian Institute of Food Science and Technology Incorporated (AIFST)

**Dietetics**
- The Dietitians Association of Australia

**Public health**
- The Public Health Association of Australia
- Australian Health Promotion Association

**Deakin Student Clubs & Societies**
- Allied Society of Health (ASH)
- Deakin Health Promotion Society
- Food and Nutrition Science Students (FANS)
- Health and Lifestyle Society (HALS)

**Employer Types.** Below are examples of sectors and industries that may employ students from your discipline. An internet search or a business directory search of the sector will give you an idea of the employers within that sector. Research each employer to better understand the opportunities they have for graduates.

- **Food manufacturers** such as large food producers and well known food brands to smaller boutique producers.
- **Food distributors** such as supermarkets, wholesalers, pre-pared meals and convenience food suppliers.
- **Publications** such as health, fitness, wellness nutrition/food magazines, blogs, websites, books etc.
- **Lobby groups** food/nutrition focused organisations that promote awareness of health issues or campaign for change. Organisations that support a particular food industry.
- **Government** organisations including local, state and federal branches departments and government agencies.
- **Health/Food Coaching** large or small organisations that support individuals through health and food behaviour change such as gyms, private consultants, life insurers etc.
Volunteer Opportunities. In addition to the organisations below, contact your Local Council and local Volunteer Resource Centre for more opportunities to volunteer in your community. A Volunteer Resource Centre can provide support in finding volunteer work in your area of interest.

Asylum Seeker Resource Centre  
Brotherhood of St Lawrence  
Coeliac Australia  
Department of Health, Victoria  
Diabetes Victoria  
Eating Disorders Victoria  
Foodbank Victoria  
Foothills Community Care  
Free Fruit Friday  
Good Start Breakfast Club  
FOODcents  
Food REDI  

Healthy Together  
Jamie’s Ministry of Food Aus  
Kidney Health Australia Meals on Wheels  
Nutrition Australia  
Open Family Australia  
Sacred Heart Mission  
St Mary’s House of Welcome  
St Vincent de Paul Society Soup Vans  
Stephanie Alexander Kitchen Garden  
The Butterfly Foundation  
The Salvation Army Wesley Mission

Industry Specific Job Boards. These job boards focus on advertising positions relevant to your study area and industry.

JobSeeker: Australia’s community jobs online  
Health and Community Jobs (HACjobs)  
La Trobe Community Health Service  
VicHealth  
Australian Government Jobs (APS Jobs) Ballarat Community Health  

Health Jobs – Victorian Public Service Health Employment EACH social and community health  
Probono Australia Ethical Jobs Science Alert  
unihub.deakin.edu.au

Further Information

For further information on occupations, job prospects and future employment trends take a look at Job Outlook

To further explore Deakin courses and career options go to Explore Deakin