



2016 H343 Bachelor of Exercise and Sport Science
 Offered at Melbourne Burwood Campus and Geelong Waurm Ponds Campus

Name: _____
 Student Id: _____
 Date: _____
 Student Adviser: _____

YEAR 1	TRI 1	Human Structure and Function HBS109	Principles of Exercise and Sport Science HSE101 (co-req:HSE010)	Introduction to Exercise and Sport Science Practice HSE103 (co-req: HSE010)	Exercise and Sport Laboratory Safety HSE010 (0 credit points)	Elective unit Recommend level 1
	TRI 2	Research Methods and Statistics HSE104	Health Behaviour HBS110	Functional Human Anatomy HSE102 (co-req:HSE010)	Elective unit Recommend level 1	
YEAR 2	TRI 1	Exercise Physiology HSE201 (pre-req:HBS109) (Co-req:HSE010)	Exercise Behaviour HSE203 (pre-req:HBS110 or ESH404 or EEH101 & EEH102)	Principles of Exercise Prescription HSE301 (pre-req: One of HSE103 or HSE201 or HSN211) (Co-req:HSE010)	Elective unit Must be HXX Recommend level 1 or 2	
	TRI 2	Biomechanics HSE202 (Co-req:HSE010)	Motor Learning and Development HSE204 (Co-req:HSE010)	Elective unit Recommend level 1 or 2	Elective unit Must be HXX Recommend level 2 or 3	
YEAR 3	TRI 1	Exercise and Sport Science Practicum HSE312 (pre-req: All level 1& 2 core units in H343)	Elective unit Recommend level 2 or 3	Elective unit Recommend level 2 or 3	Elective unit Recommend level 2 or 3	
	TRI 2	Exercise Programming HSE302 (pre-req:HSE301) (Co-req:HSE010)	Must be H3xx core elective Must be level 3	Elective unit Recommend level 2 or 3	Elective unit Recommend level 2 or 3	

Last update 5/11/2015

Course Rules:

1. Must complete 24 credit points.
 2. No more than 10 credit points may be taken at level 1.
 3. Maximum of 8 electives can be from other Faculties. HXX units must be selected from the Faculty of Health units and can be taken in any trimester.
- All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once. This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the *Handbook* (<http://www.deakin.edu.au/students/university-handbook>). This course is currently under review.

Notes

School of Exercise and Nutrition Sciences

Student Advisers

Phone: 9244 5436

Email: ens-enquire@deakin.edu.au

School website: <http://www.deakin.edu.au/exercise-nutrition-sciences>