

FREE SEMINAR

Nutrition and Physical Activity Trends in the U.S.: Implications for Policy, Research and Practice

Date: Wednesday 19 October 2016

Time: 3.00 – 5.00pm

Venue: Deakin University Melbourne City Centre, Level 3, 550 Bourke St, Melbourne
(Deloitte Building)

To access level 3 – From the foyer of the building, proceed to the second bank of lifts (marked A, B, C and D). Press the 3 button on the key pad. The screen will advise which lift to take.

PROGRAM

Light refreshments available 3.00 - 3.20pm

Welcome	3.20 – 3.30pm
<i>Nutrition and Physical Activity Trends in the U.S.: Implications for Policy, Research and Practice – Dr Charlotte Pratt</i>	3.30 – 4.15pm
Discussion session	4.15 – 4.45pm
Summary and close	4.45 – 4.50pm

Places are limited so registration is essential. **RSVP by Wednesday 12 October 2016**

Online registration www.eventbrite.com/e/nutrition-and-physical-activity-trends-in-the-us-tickets-27915002524

Getting to the venue: The Deakin University Melbourne City Centre is located at 550 Bourke Street (level 3), a short walk from Southern Cross Station, and serviced by trams 86 and 96.

Parking: On street parking and public car parks are close to the venue.



About the speaker

Charlotte A. Pratt, PhD, RD



Charlotte Pratt is a Program Director, and a Health Scientist Administrator in the Division of Cardiovascular Sciences, National Heart, Lung, and Blood Institute (NHLBI), National Institutes of Health (NIH). Dr. Pratt joined NHLBI in 2000, after appointments at Virginia Tech, and Michigan State and Eastern Michigan Universities, and after serving as a Fulbright Scholar at the University of Malawi, and as Director of the Resource Center for Cardiovascular Health, Michigan Public Health Institute. At NHLBI, she has served as acting branch chief for the Clinical Applications and Prevention Branch. She manages more than 50 research grants in cardiovascular risk reduction, obesity, nutrition, physical activity, community trials of cardiovascular health, and health disparities research. She is the program director for the NHLBI Nutrition Academic Award program to medical schools across the U.S. and has hosted and/or chaired many NIH sponsored workshops related to nutrition, nutrition in medicine and obesity. She has published many peer-reviewed papers on topics such as nutrition, obesity and physical activity that have appeared in high impact journals such as the *American Journal of Clinical Nutrition*, *Circulation*, and *American Journal of Preventive Medicine*.

About IPAN

The Institute for Physical Activity and Nutrition (IPAN) is a world-leading research institute committed to improving health and quality of life. We focus on reducing the rates of chronic disease through nutrition and physical activity research excellence while fostering the next generation of research stars.

Over the past decade our research has made a real difference in improving the health of the Australian population.

Our combination of nutrition and physical activity research puts us in a unique position to do innovative, quality research to significantly improve health in Australia and reduce the rates of chronic disease.

Importantly, our research is solutions-focused and is used to inform the development of nutrition and physical activity related policy as well as new programs and practices.

Our vision

To improve the health of all Australians through nutrition and physical activity research excellence.

Our mission

To conduct high quality, multidisciplinary nutrition and physical activity research to actively inform policy and practice to improve health, and build capacity in nutrition and physical activity research in Australia.