



School of Exercise and Nutrition Sciences,
Faculty of Health

Physical Activity Australia

Exercise Trainer (equivalency with Certificate IV in Fitness)

Physical Activity Australia provides a national register for exercise professionals. Registration must be renewed every two years through participation in approved professional development activities. Greater employment options, low cost insurance and support and advice from specialists in the industry are some of the associated benefits of registration with Physical Activity Australia.

First Time Registration Checklist:

- New [Registration form](#).
Available via the '[Register Today](#)' page on the [Physical Activity Australia](#) website.
- For section entitled "*I have attached copies of the following*" you must select and provide:
 - University Transcript (this must show completion of the ESSA major sequence)
 - Evidence of completion of the following core business modules via an RTO (Registered Training Organisation)
 - BSBSMB401A - Establish legal & risk management requirements of small business
 - BSBSMB403A - Market the small business
 - BSBSMB404A - Undertake small business planning
 - Current Level 2 First Aid, Senior First Aid, or Apply First Aid certificate
 - Current CPR certificate
- For section entitled "*Indicate the subcategories you meet for registration*", within the *Exercise Trainer (Cert IV in Fitness)* group, you may select:
 - Personal Trainer, and
 - Older Client's Trainer, and
 - Children's Trainer
- Registration Fee (payment can be made online or by cheque payable to Physical Activity Australia)

Registration Submission:

1. via email
to register@physicalactivityaustralia.org.au.
2. via post to:
Physical Activity Australia
50 Rouse Street
Port Melbourne VIC 3207

NB-1: No further mapping documents are required for submission provided your University Transcript shows completion of the ESSA major sequence.

NB-2: You must provide evidence of completion of the necessary small business modules BSBSMB401A, BSBSMB403A, and BSBSMB404A.