## 2017 H343 Bachelor of Exercise and Sport Science
Offered at Melbourne Burwood Campus and Geelong Waurn Ponds Campus

### ESSA Sequence

<table>
<thead>
<tr>
<th>Year</th>
<th>TRI 1</th>
<th>TRI 2</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1</strong></td>
<td>Human Structure and Function HBS109</td>
<td>Research Methods and Statistics in Exercise and Sport HSE104</td>
</tr>
<tr>
<td><strong>2</strong></td>
<td>Exercise Physiology HSE201 (pre-req:HBS109) (co-req:HSE010)</td>
<td>Biomechanics HSE202 (co-req:HSE010)</td>
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<tr>
<td><strong>3</strong></td>
<td>Exercise and Sport Science Practicum HSE312 (pre-req: All level 1 &amp; 2 core units in H343)</td>
<td>Exercise Programming HSE302 (pre-req:HSE301) (co-req:HSE010)</td>
</tr>
</tbody>
</table>

### Course Rules:
1. Must complete 24 credit points.
2. No more than 10 credit points may be taken at level 1.
3. The three elective units of the ESSA sequence can be taken from any Faculty within the University.

**Deakin College and students who have course transferred from another course at Deakin, please contact student adviser for your course structure.**

All students must complete HSE010 Exercise and Sport Science Laboratory Safety Unit when completing their first unit with a lab based component. HSE010 only needs to be completed once.

This course grid is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the [Handbook](http://www.deakin.edu.au/students/university-handbook).

Last update 3/10/2016

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**Name:**

**Student Id:**

**Date:**

**Student Adviser:**
NOTES:

(a) If you are undertaking the ESSA sequence, please enrol in the ‘ESSA Sequence’ AND the ‘Exercise Physiology’ unit sets via studentconnect.

(b) Students who undertake the Exercise Science – ESSA Sequence will be eligible for Level 1 Exercise Scientist (ES) membership through Exercise and Sports Science Australia (ESSA). The ESSA Sequence is a direct pathway into postgraduate study to be a Level 2 Accredited Exercise Physiologist (AEP) including Deakin University’s Master of Clinical Exercise Physiology. Please see the ESSA website for further details www.essa.org.au

(c) Exercise and Sport Science students completing the ESSA sequence of units who have been awarded 3 credit points or more of Credit for Prior Learning for non-university studies (such as credit for prior learning obtained via TAFE study or Deakin College) please note that they may not be eligible for immediate registration with ESSA. This does not mean that ESSA registration is not available to you. What it means is that registration is not automatically granted as a Deakin graduate from the H343 Bachelor of Exercise and Sport Science course. You can still apply to ESSA for membership but you will need to apply on your own directly to ESSA when you have completed your course. Application details can be found on the ESSA website, and you will be required to complete the non-NUCAP form (https://www.essa.org.au/membership/ways-to-join-essa/). In the application you would need to demonstrate that you have met the exercise science knowledge and skills requirements.

School of Exercise and Nutrition Sciences
Student Advisers
Phone: 9244 5436
Email: ens-enquire@deakin.edu.au