

Postgraduate Human Nutrition



Our postgraduate human nutrition suite draws content from related disciplines such as food science, biochemistry, physiology, epidemiology, psychology, sociology and policy to provide you with a comprehensive knowledge and skill base, and an expert understanding of the relationship between nutrition and health.

Through your studies in human nutrition, you'll develop an advanced understanding of the role of nutrition and diet in the health of individuals and populations. You'll develop skills to translate this evidence-based knowledge into advice, policy and research that improves health and wellbeing.

You'll learn about the biological, social and policy-related aspects of human nutrition, along with the skills you'll need to evaluate the findings of human nutrition studies and conduct nutrition research.

Course overview

Master of Human Nutrition

Location: Online

Duration: Depending on your professional experience and previous qualifications, this degree typically requires 1 or 1.5 years of full-time study (or part-time equivalent)

Intake: Trimester 1, Trimester 2, Trimester 3

Master of Nutrition and Population Health

Location: Melbourne Burwood Campus

Duration: Depending on your professional experience and previous qualifications, this degree typically requires 1.5–2 years of full-time study (or part-time equivalent)

Intake: Trimester 1, Trimester 2.

Trimester 3 is a compulsory study period for all H748 international students

Graduate Diploma of Human Nutrition

Location: Online

Duration: 1 year full-time or part-time equivalent

Intake: Trimester 1, Trimester 2, Trimester 3

Graduate Certificate of Human Nutrition

Location: Online

Duration: 1 year part time

Intake: Trimester 1, Trimester 2, Trimester 3

Get a professionally recognised qualification

There is growing public demand for reliable, evidence-based and trustworthy information. In response, the Nutrition Society of Australia (NSA) has developed a 'Register of Nutritionists' to establish a list of appropriately qualified nutrition professionals.

As a graduate of these courses, you may be eligible for registration with the NSA as an 'Associate Nutritionist'. Following three years of relevant work experience, Associate Nutritionists are able to apply for 'Registered Nutritionist' status. Registration with NSA does not authorise registrants to obtain provider numbers with Medicare or Private Health Insurers. Please refer to the [NSA website](#) for further information or queries about registration.

Graduate with the practical skills you need to succeed

If you're interested in enhancing your employment prospects by consolidating your knowledge and skills through realistic field experience, consider undertaking an industry placement. You can choose to complete **Postgraduate Nutrition Practicum** or **International Perspectives in Food and Nutrition** (study tour unit) as an elective unit in the masters or graduate diploma.

Your human nutrition career

As the prevalence of global health issues like obesity, malnutrition and mental illness grow, so too has the public's interest in the relationship between nutrition and health. As a result, there are increasing demands for health professionals who can provide reliable, evidence-based nutrition advice.

Deakin human nutrition graduates have the practical skills, knowledge and real-world experience to take advantage of this demand. You can confidently enter the role of a nutritionist, nutrition promotion officer or nutrition consultant, and explore roles across a variety of sectors including the food industry, state and federal health departments, NGOs with a focus on nutrition, news and media, education, and private business.

'I would rate the teaching staff highly due to their constant availability. Material was presented clearly, and every question was addressed in a timely matter. I loved my experience so much that I hope to return to university as a PhD student!'

Katharine McKeever
Master of Human Nutrition



Entry requirements

All applicants must meet the minimum English language requirements.

Master of Human Nutrition

1.5 years full time (3 years part time) – 12 credit points.

Admission is based on:

- Bachelor degree or higher in a related discipline, or
- bachelor degree or higher in any discipline AND two years relevant work experience, or
- evidence of academic capability judged to be equivalent.

Graduate Diploma or Graduate Certificate of Human Nutrition

- Bachelor degree or higher, or
- two years relevant work experience, or
- evidence of academic capability judged to be equivalent.

How to apply

Applications can be made directly to the University through the Applicant Portal: apply.deakin.edu.au

For information on the application process and closing dates, visit deakin.edu.au/study/how-to-apply/postgraduate-applications

Recognition of prior learning

If you have completed previous related studies or work experience, you may be eligible for credit towards your Deakin University degree. For more information, visit deakin.edu.au/rpl.

Deakin Alumni Discount

We support Deakin alumni by offering an alumni discount of 10% off postgraduate study fees on any postgraduate award course (excluding students enrolled in a Commonwealth supported place (CSP)) at Deakin University, visit deakin.edu.au/alumni-discount.

Master of Human Nutrition course structure

Please refer to the course page for more information on the course structure and units.

Course structure example with Research Based Project Option A

Year 1	Trimester 1	*Principles of Nutrition (also available in Trimester 3)	*Biochemistry and Physiology for Human Nutrition	Elective
	Trimester 2	*Lifespan Nutrition	Essentials of Food Science	Understanding Human Nutrition Research Studies
	Trimester 3	Assessment Methods for Nutrition and Physical Activity Research	Research Practice in Human Nutrition	Elective
Year 2	Trimester 1	Elective	Elective	Elective

The Graduate Certificate of Human Nutrition comprises 4 units, and the Graduate Diploma of Human Nutrition comprises 8 units. For more information on their course structures, visit the Deakin website.

1800 693 888
deakin.edu.au/help-hub