

# Honours in the School of Exercise and Nutrition Sciences

Follow your research passion to your career

Burwood and Waurn Ponds



## What are we looking for?

We are looking for students that have done well in their undergraduate degree. Students must achieve a Weighted Average Mark (WAM) of >65 to be eligible, however, preference is often given to those with higher marks.

Your project will be supervised by a member of staff who will ask to meet with you before deciding to take you on as an Honours student. Staff are looking for students that show initiative and have the capacity to work hard and lead a research project.

## Our facilities are outstanding

We are the largest and most successful School of our kind in Australia, and one of the best in the world. In Shanghai Ranking's global ranking of Sport Science Schools and Departments we are ranked number 3 in the world. Deakin University is in the top 2 % in major international rankings (ARWU)

Deakin University is also rated as Well Above World Standard for:

- Nutrition and Dietetics
- Human Movement and Sport Science



## Bachelor of Exercise and Sport Science (Honours)

[deakin.edu.au/course/bachelor-exercise-and-sport-science-honours](https://deakin.edu.au/course/bachelor-exercise-and-sport-science-honours)

## Bachelor of Nutrition Science (Honours)

[deakin.edu.au/course/bachelor-nutrition-science-honours](https://deakin.edu.au/course/bachelor-nutrition-science-honours)

Watch this video to discover more about Honours in SENS:

[video.deakin.edu.au/media/t/0\\_i76vw1n3](https://video.deakin.edu.au/media/t/0_i76vw1n3)

## An Honours year builds on the foundation of study in content and research methods provided by your undergraduate degree.

For employers, an Honours graduate has an edge on your CV by demonstrating high levels of achievement, ability to undertake independent investigation, ability to meet deadlines, collaborate and take on feedback and the ability write a major report. Graduates can use this qualification as a stepping-stone to a career in research and/or industry.

## What is Honours?

An Honours degree involves one additional year of study following the successful completion of an undergraduate degree. It consists of coursework to help you develop research skills and a research project that you undertake and write up as a thesis. An Honours year provides an opportunity to research a topic in-depth and is a pathway into jobs in industry, research and/or a Higher Degree by Research (Masters or PhD). In an Honours year, you will learn to:

- Critically evaluate existing research
- Identify questions/hypotheses worth researching
- Understand and apply correct research methods
- Interpret study findings
- Understand strengths and limitations of research
- Be resilient

Regardless of your research topic, Honours increases your employability by demonstrating your ability to undertake an independent investigation, meet deadlines, collaborate and take on feedback, and write a major report.

## Research topics in SENS

- Exercise and Sport Science
- Nutrition and dietetics
- Physical activity
- Food science
- Biomedicine
- Public health and health promotion

[deakin.edu.au/exercise-nutrition-sciences/research](https://deakin.edu.au/exercise-nutrition-sciences/research)

If you are considering Honours and want further information, please contact:

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