

# Postgraduate studies in Human Nutrition



Our postgraduate human nutrition suite draws content from related disciplines such as food science, biochemistry, physiology, epidemiology, psychology, sociology and politics and policy to provide you with a fully comprehensive knowledge and skill base and an expert understanding of the relationship between nutrition and health.

Through your studies in human nutrition, you'll develop an advanced understanding of the role of nutrition and diet in the health of individuals and populations. And beyond this, you'll develop skills to translate this evidence-based knowledge into advice, policy and research that improves health and wellbeing.

You'll learn about the biological, social and policy-related aspects of human nutrition, along with the skills you'll need to evaluate the findings of human nutrition studies and conduct nutrition research.

Our masters and graduate diploma courses also provide you with the flexibility to choose from a diverse range of elective study options, allowing you to align your study with your passions and career goals.

## Course overview

### Master of Human Nutrition H714

**Location:** Cloud Campus (online)

**Duration:** Depending on your professional experience and previous qualifications, the Master of Human Nutrition typically requires 1 or 1.5 years of full-time study (or part-time equivalent)

**Intake:** Trimester 1, Trimester 2, Trimester 3.

### Graduate Diploma of Human Nutrition H616

**Location:** Cloud Campus (online)

**Duration:** 1 year full-time or part-time equivalent.

**Intake:** Trimester 1, Trimester 2, Trimester 3.

### Graduate Certificate of Human Nutrition H511

**Location:** Cloud Campus (online)

**Duration:** 1 year full-time or part-time equivalent.

**Intake:** Trimester 1, Trimester 2, Trimester 3.

## Get a professionally recognised qualification

There is growing public interest in the relationship between diet and health, and as a result there are increasing demands from the public for reliable, evidence-based and trustworthy information. In response, the Nutrition Society of Australia (NSA) has developed a 'Register of Nutritionists' to establish a list of appropriately qualified nutrition professionals.

As a graduate of these courses, you may be eligible for registration as an 'Associate Nutritionist'. Following three years of relevant work experience, Associate Nutritionists are able to apply for 'Registered Nutritionist' status. Registration with NSA does not authorise registrants to obtain provider numbers with Medicare or Private Health Insurers. Please refer to the [NSA website](#) for further information or queries about registration.

## Graduate with the practical skills you need to succeed

If you are interested in the possibility of enhancing your employment prospects by consolidating your knowledge and skills through realistic field experience, you are encouraged to consider undertaking an industry placement. You can do this by choosing to complete HSN741 Postgraduate Nutrition Practicum or HSN760 International Perspectives in Food and Nutrition (offered alternate odd year) as an elective unit in the master's or graduate diploma.

## Your human nutrition career

As the prevalence of global health issues like obesity, malnutrition and mental illness grow, so too has the public's interest in the relationship between nutrition and health. As a result, there are increasing demands for health professionals who can provide reliable, evidence-based nutrition advice. So much so that jobs in nutrition are expected to grow 17.6% by 2023\*.

Deakin human nutrition graduates have the practical skills, knowledge and real-world experience to take advantage of this demand. You can confidently enter the role of a nutritionist, nutrition promotion officer or nutrition consultant, and explore roles across a variety of sectors including the food industry, state and federal health departments, NGOs with a focus on nutrition, news and media, education, and private business.

[deakin.edu.au/course/H714](https://deakin.edu.au/course/H714)

'I would rate the teaching staff highly due to their constant availability. Material was presented in a clear manner, and every question was addressed in a timely matter. I loved my experience so much that I hope to return to university as a PhD student!'

Katharine McKeever  
Master of Human Nutrition



## Entry requirements

### Master of Human Nutrition

**1 year full time (2 years part time) – 8 credit points Admission is based on:**

Completion of a bachelor honours degree in a related discipline; or a bachelor degree in a related discipline, plus two years relevant work experience; or a graduate certificate or graduate diploma in a related discipline; or evidence of academic capability judged to be equivalent.

**1.5 years full time (3 years part time) – 12 credit points Admission is based on:**

Completion of a bachelor degree in a related discipline; or a bachelor degree in any discipline, plus two years relevant work experience; or evidence of academic capability judged to be equivalent.

### Graduate Diploma or Graduate Certificate of Human Nutrition

- Bachelor Degree or higher OR
- two years relevant work experience OR
- evidence of academic capability judged to be equivalent.

All applicants must meet the minimum English language requirements.

## Ready to take the next step in your human nutrition career?

Applications can be made directly to the University through the Applicant Portal: [deakin.edu.au/apply](https://deakin.edu.au/apply).

For information on the application process and closing dates, visit [deakin.edu.au/courses/how-to-apply/postgraduate-by-coursework](https://deakin.edu.au/courses/how-to-apply/postgraduate-by-coursework).

## Course structure

To complete the Master of Human Nutrition students must attain 12 credit points comprising: 6 core units, plus choose one of the following options:

### • Research Based Project Option A

Research Practice in Human Nutrition and 5 elective units<sup>1</sup> (electives can be taken in T1, T2 or T3)

### • Research Based Project Option B (Research focus)

Nutrition Research Project Part A (2 credit points) and HSN751 Nutrition Research Project Part B (2 credit points) and 2 elective units<sup>1</sup> (electives can be taken in T1, T2 or T3).

You may choose to undertake 2 electives from postgraduate units offered by any faculty of the University (subject to unit rules and approval by the Course Director).

The **Graduate Certificate of Human Nutrition** requires the study of the 3 highlighted units as core units, along with one elective. The **Graduate Diploma of Human Nutrition** requires the study of the 3 highlighted units plus Essentials of Food Science HSN735, along with 4 electives, and can be completed in 3 trimesters.

<sup>1</sup> A full list of core and elective units can be found at: [deakin.edu.au/course/master-human-nutrition](https://deakin.edu.au/course/master-human-nutrition).

## Course structure example with Research Based Project Option A

Year 1	Trimester 1	Principles of Nutrition (also available in Trimester 3)	Biochemistry and Physiology for Human Nutrition	Elective
	Trimester 2	Lifespan Nutrition	Essentials of Food Science	Understanding Human Nutrition Research Studies
	Trimester 3	Assessment Methods for Nutrition and Physical Activity Research	Research Practice in Human Nutrition	Elective
Year 2	Trimester 1	Elective	Elective	Elective

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[deakin.edu.au/course/H714](https://deakin.edu.au/course/H714)