

Graduate Certificates in Sport



DEAKIN
UNIVERSITY



Graduate Certificate of Strength and Conditioning

Offered at: Cloud Campus (online) with some on-campus intensives

Duration: 1 year part-time

Intake: Trimester 1, Trimester 2, Trimester 3

Improve the strength, power and endurance of athletes as a strength and conditioning coach.

Develop customised programs, grounded in science

The Graduate Certificate of Strength and Conditioning is designed for busy professionals looking to progress their career in the sport science industry. Learn to design programs that help athletes achieve their goals and build your skills in key areas of sport science, including:

- strength and hypertrophy
- plyometrics, speed, and muscular power
- aerobic and anaerobic power
- periodisation and tapering methods
- high-intensity interval training
- recovery methods
- integrity, ethics and legal considerations
- communication with athletes and coaches.

Your career in strength and conditioning

The course prepares you for career growth in the industry. Graduate with a sought-after combination of strength and conditioning and managerial skills that sets you up for success in roles such as:

- strength and conditioning coach (sports clubs, performance training centres, sports and private schools)
- high performance manager.

For more information visit,
deakin.edu.au/course/H513

Graduate Certificate of Sport Performance Analysis

Offered at: Cloud Campus (online) with some on-campus intensives

Duration: 1 year part-time

Intake: Trimester 1, Trimester 2, Trimester 3

Use data to improve performance and produce better sporting results.

Unlock improvements in technique and tactical performance

Take the next step in your sport science career with the Graduate Certificate of Sport Performance Analysis.

Knowing how to wield data makes you incredibly valuable in the elite sport environment. This course allows you to build your skills in video technology, performance analysis software, data visualisation and statistical analysis methods – all key tools of the modern sport scientist. You'll also learn how to interpret data and use it to make evidence-based decisions.

Build your management capabilities through studies in leadership, culture development and continuous improvement – skills that give you a recipe for team success. You'll graduate with the ability to critically evaluate and apply research to make confident, evidence-based decisions in your role.

Your career in sport performance analysis

The course prepares you for career growth in the industry. Graduate with a sought-after combination of performance analysis and managerial skills that set you up for success in roles such as:

- sport performance analyst
- high performance manager.

For more information visit,
deakin.edu.au/course/H514

Learn from industry-leading academics

Our curriculum is underpinned by research, some of which is produced by expert Deakin academics – just one of the reasons why Deakin’s School of Exercise and Sport Science has been ranked the number one sport science school in Australia for three years running.¹

Throughout your course, you’ll have direct access to academics with expertise in a broad range of sport science fields. This includes specialist researchers within Deakin’s multidisciplinary Centre for Sport Research (CSR) and Institute for Physical Activity and Nutrition (IPAN). Draw on their professional experiences in your everyday work and leverage their industry connections to start forming your own.

Fit your studies around your life

You can study while you work and complete your degree online in 1 year part-time. Our premium online learning platform allows you to study on your own schedule.

Take the first steps towards a masters degree

Each graduate certificate is made up of four of the 10 units from Deakin’s Master of Applied Sport Science. After completing a graduate certificate, you may wish to enhance your credentials further by articulating into the Master of Applied Sport Science.

Victoria’s most satisfied students

For ten consecutive years, Deakin University has achieved the highest level of overall student satisfaction amongst Victorian universities (*Australian Graduate Survey 2010–2015*, *Graduate Outcomes Survey 2016–2019 (GOS)*, *Quality Indicators for Learning and Teaching (QILT)*).

Entry requirements

Bachelor degree or higher; or two years relevant work experience; or evidence of academic capability judged to be equivalent.

How to apply

Applications can be made directly to the University through the Applicant Portal: deakin.edu.au/apply.

For information on the application process and closing dates, visit deakin.edu.au/courses/how-to-apply/postgraduate-by-coursework. Please note that closing dates may vary for individual courses.

Graduate Certificate of Strength and Conditioning

The Graduate Certificate of Strength and Conditioning comprises 4 credit points to be completed across three trimesters. Students can enter the course in Trimester 1, 2, or 3. The sample course structure below is based on Trimester 1 entry and can be completed in 1 year part-time.

Year 1	Trimester 1	Strength and Conditioning Methods for Athletes ²	
	Trimester 2	Athlete and Program Development in High Performance Sport	
	Trimester 3	High Performance Management in Sport ²	Factors Influencing Training Design for Sport ²

Graduate Certificate of Sport Performance Analysis

The Graduate Certificate of Sport Performance Analysis comprises 4 credit points to be completed across three trimesters. Students can enter the course in Trimester 1, 2, or 3. The sample course structure below is based on Trimester 1 entry and can be completed in 1 year part-time.

Year 1	Trimester 1	Athlete and Program Development in High Performance Sport	Sport Performance Analysis ²
	Trimester 2	Advanced Sport Performance Analysis	
	Trimester 3	High Performance Management in Sport ²	

¹ Shanghai Ranking’s Global Ranking of Sport Science Schools and Departments 2018.

² Units have an on-campus intensive requirement (1 week per trimester in T1 and T3).

These course structures are correct as at July 2020 and should be used as a guide only. There may be additional 0-credit-point units required. Check the relevant course page on Deakin’s website for unit details, including trimester and campus availability. Course advice should always be sought from the relevant enrolment officer.

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While the information provided here was correct at the time of publication, Deakin University reserves the right to alter, amend or delete details of the course and unit offerings. Published July 2020. Deakin University CRICOS Provider Code: 00113B